

Rotary
Club of Pasig



29 MAY 2025
Rotary Year 2024-2025

TINIG

The Official Newsletter of the Rotary Club of Pasig



MR. MACKY BLANCO
GUEST SPEAKER



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AurumDev Ventures Corporation (AurumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

Valle Verde Country Club

May 29, 2025 12:00 Noon

Pangkat 3 Leader: Dir. IPP Adolf Aran

Call to Order	Pres. Bernard Dy
Invocation	Rtn Mads Bengua
National Anthem	Rtn Mads Bengua
FOUR-WAY TEST	Rtn Richie Defensor
Introduction of Visiting Rotarians & Guests	IPP Adolf Aran
Community Singing	Pangkat 3
Wise or Otherwise	
Fining Moments	HOF/PP Peter Javier
President's Time	Pres. Bernard Dy
Introduction of Guest Speaker	Dir Roy Mendoza

Mr. Macky Blanco

Topic: On the 2025 elections:

Contending narratives, emerging perspectives

Guest Speaker

Open Forum	
Adjournment	Pres. Bernard Dy

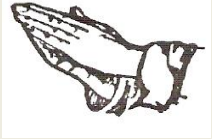
IPP Adolf Aran

Emcee

**** Youth Service Month ****



Invocation



Lord, may everything we do begin with Your Holy Inspiration. Make us continue our work for today with grace and soon end our day today with a prayer of praise and thanksgiving to You so that what we do today bear the fruits that we can share with the people we care. This we ask through Christ our Lord. **Amen.**

From: Rtn. Fr. Kel Ortega



THE FOUR-WAY TEST

of the things we think, say or do:

4. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Song of the Day



ANAK

By: Freddie Aguilar

No'ng isilang ka sa mundong ito,
laking tuwa ng magulang mo
At ang kamay nila ang 'yong ilaw
At ang nanay at tatay mo'y 'di malaman ang gagawin
Minamasdan pati pagtulog mo

At sa gabi'y napupuyat ang iyong nanay
sa pagtimpla ng gatas mo
At sa umaga nama'y kalong ka ng iyong
amang tuwang-tuwa sa iyo

Ngayon nga ay malaki ka na ang nais
mo'y maging malaya
'Di man sila payag, walang magagawa
Ikaw nga ay biglang nagbago, naging matigas
ang iyong ulo
At ang payo nila'y sinuway mo

'Di mo man lang inisip na ang kanilang
ginagawa'y para sa iyo
'Pagkat ang nais mo'y masunod ang layaw mo,
'di mo sila pinapansin

Nagdaan pa ang mga araw at ang landas mo'y naligaw
Ikaw ay nalulong sa masamang bisyo



Song of the Day

Continuation 1.



At ang una mong nilapitan ang iyong inang lumuluha
At ang tanong, "Anak, ba't ka nagkaganiyan?"

At ang iyong mga mata'y biglang lumuha
nang 'di mo napapansin
Pagsisisi ang sa isip mo't nalaman mong ika'y nagkamali
Pagsisisi ang sa isip mo't nalaman mong ika'y nagkamali
Pagsisisi ang sa isip mo't nalaman mong ika'y nagkamali



From the President

Pres. Bernard Dy



Fellow Pasig Rotarians,

As we gather for our final club meeting of May, I find myself scribbling some quiet reminders notes to self on how I should close out this Rotary year.

June marks the final lap of our journey through The Magic of Rotary. But May is when we choose how strong that finish will be. We're not winding down we're gearing up to close with meaning, with momentum, and with heart.

Here are a few notes I've made to myself and maybe, they'll resonate with you too:

- Don't slow down just because it's the end. Let's keep showing up with purpose. Let's finish what we started or better yet, let's finish even better than we planned.
- Celebrate the people, not just the projects. Our programs have impact, yes but the hands and hearts behind them is where the true magic lives.
- Thank the quiet workers. Not everyone stands at the podium. But everyone stands behind something. Let's find them and thank them.
- Tie up loose ends. Whether it's a final report, a pending commitment, or a simple promise made in passing let's wrap it up right.



From the President

Pres. Bernard Dy

Continuation 1.

- Say yes to one more small idea. You never know what impact a final act of service can have. Sometimes our most lasting legacies come from what we almost didn't do.

Be grateful out loud. Say it. Write it. Share it. In Rotary, every "thank you" multiplies.

This coming June, let's not just end the Rotary year let's close the chapter with the same spirit that started it all: service, fellowship, and magic. There's still room for one more spark.

Let's finish strong together.

Yours in Rotary,

Bernardo Dy



Rotary Notes

PP Benny P. De Guzman



Tinig honors three outstanding Pasig Rotarians for their achievements or their group's worthy performances.

We first honor CM/PP Peping on his 69th wedded bliss. He and spouse Bella achieved many worthy deeds in that length of time. Presidentiable Dir Noel was teasing them for a big celebration on their Diamond Anniversary. Daya Mo is more like it. By then centenarians na ang couple.

Next is for the NU guys in our midst with president of the illustrious university PP RJ and PPs Adolf and Nick and two RINOs who are also with the team. They produced the champions in volleyball for both the men and ladies teams. Ano akala niyo, sa cheerleading lang very good? Incidentally, their school is the biggest in student population, close to 10,000. To RJ and your team, carry on. There are many fields to conquer as yet and bigger year-end bonuses for the leaders.

Tinig honors IPP Adolf for a very talented spouse. After hearing spouse Alu, I know who is the better charmer. For photos, si IPP Adolf galing sa posing, sa scholastics and career achievements, runaway si Alu. Can Alu please review if there are Rotarians with ADHD problems?

Referring to last week's Tidbits article on forgotten words worth reviving, I can't even spell or pronounce those words but you have to appreciate the many references that PP Peter must be reviewing to come out with such articles by the week. We have opposite directions in our columns. His on the brighther side and mine? Trashy trying to have a weekly trash. So the more



Rotary Notes

PP Benny P. De Guzman

Continuation 1.

thrashy you behave, the more chances you will end up being talked about. And for the good of the club, after years of using my old typewriter without a ribbon, carbon paper lang, this column is coming to a good end. Last 4 issues and a worthwhile retirement for yours truly

Last week, SAG/PP John had a very nice fining session where he saw the many flickering achievements of a very good club with some dedicated members. He did not touch the Pangkat heads though for the measly attendance we are having every week.

When I heard the news about the tule patient dying in Tondo, I can't help but notice that our annual tule project may be at some risk. Rtn Doc Henry is advised to use caution especially for the Rotarians who are going to have theirs. In secret of course. But the expertise of Doc Henry is on the upper part of the body and the lower parts are given to his society's members or those applying for membership.

Yesterday was PP Doc Ferd's birthday and today, Rtn Pal. If there are lechons to be served, eat with caution as lechon and the hot weather are not good partners.

Will the odd even traffic scheme for Edsa affect our attendance? And the repair of the major Edsa bridge? Worried about the heat? Don't worry, by next week, floods naman ang worries natin. Life without worries? You are thinking of getting out of the country?.Sarap yata dito. Kayo din!



Walking the Avenues

PP Jun C. Zafra



Providing public toilets: Early Rotary service

One of Rotary's earliest service projects helped to bring public toilets to Chicago, the quickly growing industrial city in the Midwest of the United States where Rotary began in 1905. Club members didn't construct the restrooms themselves, as they sometimes do today. But just as they do today, they worked with other local groups to raise awareness of the need for sanitation in this urban area and advocated to get the project funded.

These public toilets, then known as "comfort stations," were typically underground structures at busy sites such as parks and public squares. Civic leaders and reformers in several American cities were noting a need for them, and Rotary members in Chicago were part of the movement.

Rotary founder Paul Harris and his fellow member Donald Carter worked with other club members and other organizations to make a plan to build public toilet facilities in the city and gather support for the initiative.

In October 1907, the Chicago Daily Tribune (now the Chicago Tribune) reported that the Rotary Club of Chicago had had plans drawn for public toilets in the downtown district known as the Loop. The club held a forum on the topic later that month, noting, "the topic is many-sided and can be treated to best advantage if we start with recognition of this fact and with due



Walking the Avenues

Continuation 1.

appreciation of its significance.” Representatives from the club, the city, and other local organizations spoke at the meeting. The discussion cited the need for Chicago to keep up with the latest practices in municipal improvements and considered who would pay for the project and what impact it might have on sanitary conditions and public health in the city.

Their efforts were noticed beyond Chicago. In December, Charities and the Commons, a weekly journal about social issues that was published in New York, reported on a study that found a lack of public comfort stations in Chicago.

The project faced opposition from the Chicago Association of Brewers and the Association of Department Stores on State Street, which represented businesses that had public toilets. In the social conventions of the time, men could use toilets in bars or their own places of business. Women’s access to sanitation facilities was more limited. Often the only toilets it was acceptable for them to use were in department stores, where they were expected to make purchases.

Chicago was building a new city hall at the time, and it was suggested that public toilets be constructed there. By March 1908, at least one location had been approved, and others were being considered. The City of Chicago and Cook County each allocated about US\$20,000 for the project.

As the city hall building neared completion in January 1911, the Chicago Daily Tribune reported, “In the basement are public comfort stations for men and women, entered at the Washington and LaSalle street corner of the building.”



Walking the Avenues

Continuation 2.

Paul Harris later recalled that additional public toilets were proposed but a lack of funding prevented the effort from expanding. Underground roads were also expected to be built in the future, and people thought that might require a different approach.

Today, the outline of one of the entrances can still be seen on the outside wall of city hall, along LaSalle Street. And Rotary members continue work to get clean water and sanitation to people in communities around the world.



Our Guest Speaker



Macky Blanco
General Manager
Summa Strategy, Inc.

Macky Blanco is a public policy and research professional with over a decade of experience in public administration, legislative processes, and strategic policy development. He is a graduate of the Ateneo de Manila University with a degree in History and a minor in European Studies.

He is currently the General Manager of Summa Strategy Inc., a startup market research firm specializing in quantitative research.

Before transitioning to the private sector, he served as Senior Adviser for Policy and Research to Atty. Ma. Leonora Robredo at the Office of the Vice President. His role focused on crafting a national policy agenda focused on transparency, civic engagement, and democratic governance in the Philippines.

Previously, Macky was a researcher / analyst with the Presidential Communications Office under Undersecretary Manuel L. Quezon III during the term of President Benigno S. Aquino III. In that capacity, he oversaw the curation of historical documents and articles for the Official Gazette Online. Macky has worked closely with government institutions, civil society, and international



Tinig Tidbits

By: HOF/PP Peter Javier



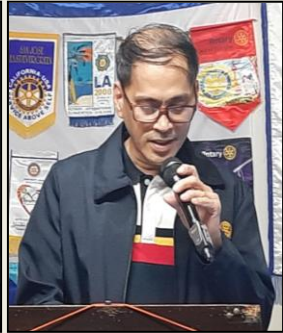
INTRIGUING FACTS ABOUT THE WORLD AROUND US

- Your body loses up to 8 percent of water on a flight.
- Some common hand gestures are offensive in other countries.
- There used to be male engagement rings.
- Lions are identifiable through their whisker patterns.
- The first documentary was staged.
- You can survive up to 15 seconds in space without a suit.
- Stuntwomen get injured more often than stuntmen.
- Goats have emotional intelligence.
- Disneyland has an underground tunnel system.
- There's a secret vault that holds nearly every type of crop seed
- Go is the oldest game in the world.
- The words algebra, alcohol and magazine all come from Arabic language.

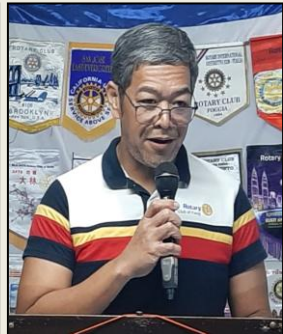
Queen Elizabeth kept track of when she wore each outfit.

Willow bark works as well as aspirin for pain relief.

Glimpse Our Last Meeting



Pres Dodie starts club's 40th meeting which Rtn Bebert emcees; Rtn Joseph leads invocation and...



singing of Pambansang Awit; Rtn Bernard recites The Four-Way Test & Rtn Bebert introduces guests.



Reinforced Pangkat 2 sings "Man in the Mirror".

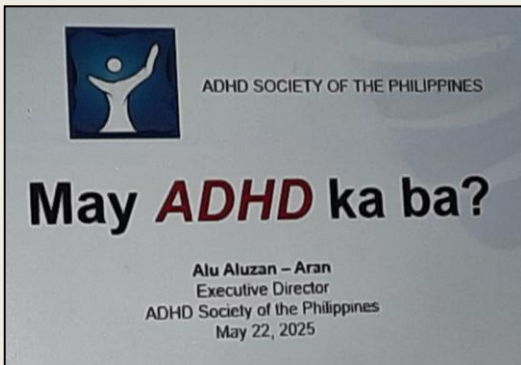
Glimpse Our Last Meeting



PE Roy on D3800 membership seminar; Pres Dodie on invitation from RC Hong Kong Sunrise & fining by SAG/PP John.



It's president's time; IPP Adolf introduces spouse Ana Marie "Alu" Aran, Executive Director of ADHD Society of the Philippines.



Alu talks on Attention Deficit Hyperactive Disorder (ADHD):

Glimpse Our Last Meeting

Quick ADHD Self – Check

Scale: 1- Never, 2-Rarely, 3-Sometimes, 4-Often, 5-Very Often

1. I find it difficult to finish a task or project.
2. I find it difficult to organize myself or a task.
3. I find it difficult to remember appointments.
4. I would describe myself as being "on the go" and feel compelled to do things, as if driven by a motor.
5. I make decisions quickly and fail to think through the consequences.

ADHD = Attention Deficit Hyperactive Disorder

FACTS

1. Is a neurodevelopmental disorder . BRAIN
2. ADHD is characterized by three (3) symptoms : Inattention or Distractibility; Impulsivity and Hyperactivity .
3. It is found equally in both males and female
4. It is often passed from parent to child.
5. Lifelong condition


ADHD explained: Dr. Howard W. Gold

what it is, its symptoms, how to detect it,

How to manage ADHD

- Work closely with DevPed for children. Psychiatrist for Adults
- Good Nutrition
- Right amount of sleep
- Exercise
- Right medication and dosage

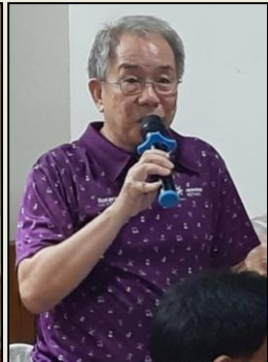
ADHD SOCIETY OF THE PHILIPPINES



- Founded in 2020
- Parent & Volunteer based organization
- Non - Stock, Non – Profit
- 3 key programs

1. SUPPORT GROUP for Parents & Adults
2. PARENT'S & TEACHER'S TRAINING
3. SEMINARS & CONVENTIONS

how to manage it and the Society as a support & training group.



Questions by Rtn Bebert on autism & ADHD, Dir Jake on "pinapalo" way, Dir Noel on life span with ADHD,

Glimpse Our Last Meeting



PP Henry on similarity with bipolar & Rtn Fr Kell on ADHD in poor families are replied to.



Flowers & a kiss from IPP Adolf & club's token from Pres Dodie.



Hyperactive smiles before meeting is adjourned.

Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Integrity, Not Shallow Generosity

For I desired mercy, and not sacrifice; and the knowledge of God more than burnt offerings (Hosea 6:6).

During the Old Testament times long ago before Our Lord Jesus Christ was born, the Jews offered sacrifices to the Lord in the Temple as a way of thanksgiving, atonement, and even supplication. They even offer sacrifices to purify themselves of sin. But the Lord revealed through the Prophet Hosea that He desired mercy and not sacrifice. I believe this biblical passage is fitting for what happened the past weeks of election campaign. Rotarian Hon. Mayor Vico Sotto promoted to Pasigueños the former, mercy borne out of integrity, while his opponent, Sarah Discaya, did the latter, i.e. wooing for votes by giving momentary ayudas, baseless infrastructure promises, and campaign sorties which were mostly staged entertainments rather than delivering campaign speeches with conviction. And we already knew the rest.

So what can we learn from this past election, at least as Pasigueños? Truly, mercy borne out of integrity (especially through Good Governance) can more easily earn the people's trust and respect more than momentary relief through ayudas and mere campaign promises. It's the same way with us. If we want to earn the respect of others, then we must constantly live our integrity, not duplicity, plasticity, hypocrisy and deception. More than that, if we are men and women of integrity, it will be easy for us live the virtues like mercy, compassion, kindness and generosity. Let integrity be the backbone of our City, our Country, and our Club.

Officers and Directors

ROTARY CLUB OF PASIG (RY 2024-2025)

President	Bernardo “Dody” C. Dy
Vice President/PE	Rtn. Roy Marvin “Roy” E. Quejada
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Emmanuel “Noel” Y. Go
Auditor/TRF	PP Marcelo “Jun” C. Zafra, Jr.
Sgt-at-Arms	Rtn Joaquin “Jake” S. Oh

DIRECTOR:

Club Administration	Rtn. Roy dela Paz Mendoza
Membership	Rtn. Rolando “Roland” P. Vazquez
Ways & Means	PP Josefino “Bong” M. Paloma
Service Community	Rtn. Saturnino “Tet” G. Mallare III
New Generation	Rtn. Victor Gabriel “Gary” M. Ona
Public Relations	IPP Adolfo “Adolf” de Jesus Aran Jr

Pangkat Members RY 2024 - 2025

PANGKAT NO. 1

1. **Pres Bernard Dy** - Leader
2. **Dir. Gary Ona** -Co-Leader
3. PP Vic Aquino
4. PP Conrad Cuesta
5. Rtn. Flor De Pano
6. Rtn. Carlo Doce
7. Rtn. Roehl Fontanilla
8. Rtn Chony Gimenez
9. Rtn. Edison Go
10. PP Rel Gomez
11. Rtn Dodot Jaworski
12. PP Peping Mabanta.
13. Rtn. Aris Marfil
14. Rtn. Gene Menor
15. Rtn. Bien Sibug
16. Rtn. Philip Yoon

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2. **Sec. John Javier**- Co Leader
3. Rtn. Chito Bernardo
4. Rtn. Bernard Bobadilla
5. PP Topax Colayco
6. Rtn. Joseph Gualberto
7. PRID Raffy Garcia III
8. PP Tito Henson
9. Rtn Bebert Lacuna
10. Rtn Rod Moreno
11. Rtn Nilo Ocampo
12. Rtn Jojo Opinio
13. Rtn. Vico Sotto
14. Rtn Nicky Ty
15. Rtn. Stephen Valera
16. Rtn. Jon Cansana

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2. **Dir Roy Mendoza** – Co Leader.
3. Rtn. Oyie Averilla
4. PP Totoy Bartolome
5. Rtn Mads Bengua
6. Rtn Paolo Diaz
7. Rtn. Richie Defensor
8. Rtn. Arnel Estaniel
9. Rtn Jimmy Gualberto
10. Rtn Marlo Guillano
11. PP Peter Javier
12. PP Ogie Lim
13. PP. Vic Lim
14. Rtn. Richard Pua
15. Rtn. Roman Romulo
16. Rtn. Carlo Chuaunsu



Pangkat Members RY 2024 - 2025

Continuation 1.

PANGKAT NO. 4

- 1. Dir Roy Quejada** – Leader.
- 2. Dir. Noel Go** -Co-Leader
3. PP Garrick Ang
4. Rtn Ato Basco
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. Rtn Raj Cordova
9. PP Nick Guzman
10. Rtn. Cesar Lacuna
11. PP Ner Laino
12. Rtn. Kell Ortega
13. PP Arjan Ramnani
14. Rtn. Charles Reyes
15. Rtn. Simon Tantoco

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- 2. Dir. Jake Oh**– Co-Leader
3. PP Jess Acantilado
4. Rtn. Roman Arugay
5. Rtn Richard Berganos
6. Rtn Nesty Carolina
7. Rtn. Henry Claravall
8. Rtn Mike Dolar
9. PP RJ Ermita
10. Rtn Manfred Guangko
11. Rtn. Alex Lacson
12. PP Hermie Orbe
13. Rtn Rudy Sanguyo
14. Rtn Ping Tan
15. PP Henry Uy

PANGKAT NO. 6

- | | |
|--|---------------------|
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| 2. Dir. Roland Vasquez -Co-Leader | 14. Rtn. Anson Tan |
| 3. PP Bert Albano | 15. PP Celso Ylagan |
| 4. Rtn Dennis Albano | 16. Rtn JS Zamora |
| 5. Rtn Ben Baniel | |
| 6. PP Rene Bocaya | |
| 7. PP Benny De Guzman | |
| 8. Rtn Jojo Estolano | |
| 9. PP Ramy Garcia | |
| 10. Rtn. Dante Lardizabal | |
| 11. Rtn. Albert Mendiola | |
| 12. Rtn. Ike Ona | |



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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____