

Rotary  
Club of Pasig



MAY 22, 2025  
Rotary Year 2024-2025

# TINIG

The Official Newsletter of the Rotary Club of Pasig



**SPS. ANA MARIE "ALU" ARAN**  
**GUEST SPEAKER**



## LUXID ROTARY

Microfinance & Credit Cooperative

### ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AurumDev Ventures Corporation (AurumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT  
**NIDA LORENZO**



**0935-8213984**



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## **Today's Programme**

**Valle Verde Country Club  
May 22, 2025 12:00 Noon  
Pangkat 2 Leader: Dir. Tet Mallare**

<b>Call to Order</b>	<b>Pres. Bernard Dy</b>
<b>Invocation</b>	<b>Rtn Joseph Gualberto</b>
<b>National Anthem</b>	<b>Rtn Joseph Gualberto</b>
<b>FOUR-WAY TEST</b>	<b>Rtn Bernard Bobadilla</b>
<b>Introduction of Visiting Rotarians &amp; Guests</b>	<b>Rtn Stephen Valera</b>
<b>Community Singing</b>	<b>Pangkat 2</b>
<b>Wise or Otherwise</b>	
<b>Fining Moments</b>	<b>SAG/PP John Javier</b>
<b>President's Time</b>	<b>Pres. Bernard Dy</b>
<b>Introduction of Guest Speaker</b>	<b>PP Adolf Aran</b>

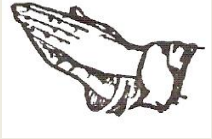
**SPS. ANA MARIE “Alu” ARAN**  
**Executive Director**  
**ADHD Society of the Philippines**  
***Guest Speaker***

<b>Open Forum</b>	
<b>Adjournment</b>	<b>Pres. Bernard Dy</b>

**Rtn Bebert Lacuna**  
**Emcee**  
**\* Youth Service Month \***  
**1.**



# Invocation



Lord Jesus, you said that “wherever two or three are gathered in your name, you are there in their midst”. As we come in fellowship this afternoon, be with us. Send us the spirit of truth and love to guide our thoughts and plans as we continue to journey as an organization in the name of communal service. Grant that in all our undertakings we may glorify your Holy Name as our Lord and Saviour through the Risen Christ. **Amen.**

*From: Rtn. Fr. Jojo Opinio*



# THE FOUR-WAY TEST

**of the things we think, say or do:**

4. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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## Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



# Song of the Day



## MAN IN THE MIRROR

I'm gonna make a change  
For once in my life  
It's gonna feel real good  
Gonna make a difference  
Gonna make it right

As I, turn up the collar on  
My favorite winter coat  
This wind is blowin' my mind  
I see the kids in the street  
With not enough to eat  
Who am I, to be blind pretending not to see their needs?

A summer's disregard  
A broken bottle top  
And a one man's soul  
They follow each other on the wind ya know  
'Cause they got nowhere to go  
That's why I want you to know

I'm starting with the man in the mirror  
I'm asking him to change his ways  
And no message could've been any clearer  
If they wanna make the world a better place  
Take a look at yourself and then make a change

I've been a victim of a selfish kind of love  
It's time that I realize  
That there are some with no home  
Not a nickel to loan

# Song of the Day

## *Continuation 1.*



Could it be really me pretending that they're not alone?

A willow deeply scarred  
Somebody's broken heart  
And a washed out dream (washed out dream)  
They follow the pattern of the wind, ya see  
'Cause they got no place to be  
That's why I'm starting with me

I'm starting with the man in the mirror (oh)  
I'm asking him to change his ways (oh)  
And no message could've been any clearer  
If you wanna make the world a better place  
Take a look at yourself and then make a change

I'm starting with the man in the mirror (oh)  
I'm asking him to change his ways (oh)  
And no message could've been any clearer  
If you wanna make the world a better place  
Take a look at yourself and then make that Change

I'm starting with the man in the mirror (oh yeah)  
I'm asking him to change his ways (better change)  
No message could've been any clearer  
(If you wanna make the world a better place)  
(Take a look at yourself and then make the change)

you can't (Then you close your) close your, your mind  
With the man in the mirror, oh yeah  
I'm asking him to change his ways (better change)  
No message could've been any clearer  
If you wanna make the world a better place





## **Song of the Day**

### **Continuation 2.**



Take a look at yourself and then make a change  
gonna feel real good now

I'm gonna make a change  
It's gonna feel real good  
Come on (change)  
Just lift yourself  
You know

You've got to stop it  
Yourself (yeah)

I've got to make that change today  
(Man in the mirror) you got to  
You got to not let yourself brother  
(Yeah) you know  
(Make that change) I've got to get that man, that man  
You've got to

You've got to move  
Come on, Come on, You got to

Stand up, stand up (yeah, make that change)  
Stand up, Stand up and lift  
Yourself, now  
(Man in the mirror)

Gonna make that change come on  
(Man in the mirror)

You know it, You know it, You know it, You know  
Change  
Make that change





## From the President

**Pres. Bernard Dy**



Fellow Rotarians,

*“May ADHD ka ba?”* this is the intriguing title of our talk today and the playful question posed by Alu, the spouse of our Immediate Past President Adolf Aran. I laughed at first... then I paused to think. And the more I reflected, the more I realized it wasn’t just a joke. It was a challenge.

If ADHD stood for Always Doing, Helping, and Dreaming, then yes I hope we all have ADHD.

Because Rotary service demands energy. Passion. Movement. Especially this month, as we focus on the Youth, we’re reminded that our future depends on how fully we commit today to lead, to guide, to serve, and to give hope.

We saw that spirit in action last May 17, during our Annual Medical Mission at Ilugin Elementary School. Congratulations to Director Tet Mallare, Rtn. Dr. Henry Claravall, and the tireless members of our Service Team for a truly meaningful event. Seventy two boys were given free circumcision a rite of passage for many Filipino youth and seven patients received care for cysts and other growths. It wasn’t just about numbers; it was about giving dignity, health, and heart.

When we serve with our hands, our hearts follow. When we lead with compassion, the youth learn to dream bigger.

So let’s keep that momentum alive. Let’s keep doing, helping, and dreaming may we all have the kind of ADHD that keeps us



# From the President

Pres. Bernard Dy

*Continuation 1.*

moving forward in Rotary and in life. As we move forward in our Rotaruy journey, let us remember the wise words of Mahatma Gandhi - *“The best way to find yourself is to lose yourself in the service of others.”*

Yours in Rotary Service,

Bernardo Dy  
President, RY 2024–2025

## Rotary Notes

**PP Benny P. De Guzman**



Comparing notes to some PPs of other clubs in an informal meeting, I stood proud to claim we have a very good weekly bulletin of very high class presentation and club meetings always with timely speakers. Last week's ALPABASA resource head, Pat Gonzales-Cruz is a very good example.

Tinig congratulates CM/PP Peping and spouse Bella Mabanta on a milestone, their 69th wedding anniversary. Many of our members have yet to reach even that age. Bella was one of the famous Zita sisters, all very good looking and all married well. No invitations yet but Peping assured me he will give a very big treat on their 75th anniversary. He will not be in a wheelchair but in a stretcher na.

We congratulate and give profuse thanks to the doctors led by Rtn John Henry Claravall for the Operation Tule and Bukol last Saturday. Henry's doctors are the beautician doctors who are more dedicated in making ladies more attractive but last Saturday, they were not in the upper parts but in the lower ones. There were others who joined us as the PNP Pasig sent some members and the Ilugin Community Center sent 8 to assist. There were 72 circumcized that day and some with bukol were operated on. To Pres Dodie, Dir Tet, IP Roy, IPP Adolf and PP/SAG/DDS John, thank you for leading the pack of a group of truly dedicated members of our club.

Paging again our Pangkat Leaders, not only in charge of the meeting for the day but all. Our attendance weekly negates my pride of having a truly vibrant club with attendance level of



## **Rotary Notes**

**PP Benny P. De Guzman**

### *Continuation 1.*

about 30 percent and no sign of significant make uppers with less than 10 zoomers. Truly pathetic. Can we convince our RINOs to show themselves once a month na lang? If you will meet outside our club and some will tell their guests we have some Rotarians in their midst, will it not be truly funny if both of you are members of our club and you hardly know each other? If you elect to like Rtn Chony, may major project ba kayo to show? Even a smaller project with community impact?

A PDG of our district proposed 3 sure senatorial winners on the 2028 national elections. Third term Mayor Joy of QC, Mayor Benjie Magalong of Baguio City and our Rtn Mayor Vico. And speaking of elections, my PDG brother from another district texted me to ask who is the Atty. Gil Garcia as printed in his T-shirt, who lambasted the Comelec and will sue them and bring the matter to the Supreme Court about the disqualification of a proclaimed senator. He claimed the guy is not a natural born Filipino citizen as specified by law and worse, he is an American citizen. Upon inquiries, I learned that the lawyer was a retired BGen of the AFP who used to be the judge advocate. Not a Rotary topic but very interesting as proclaimed senator the guy who was in the top 5 pa. Abangan. May hope pa No. 13 and for Imee to improve to 11th place.



## **Walking the Avenues**

**PP Jun C. Zafra**



### **Rotarian brings home mental health support**

They want to know, for example, how to open a conversation with a person who is suffering. “That shows you that the people are crying out to say, we need help, we need support,” Kasule says. He travels from his adopted home of Australia to his Ugandan homeland about twice a year to share his training on mental well-being and suicide prevention, skills that are part of his job with a counseling firm in Canberra.

He started the campaign Hope for Life in 2023 to increase mental health awareness in Uganda, one of about two dozen countries where suicide is a crime. Kasule, a member of the Rotary E-Club of Brindabella, Australia, says cultural taboos prevent people from seeking mental health care.

Kasule, 30, who grew up in the capital of Kampala, says pressures weighed on his mental well-being when he moved to Australia nearly a decade ago to study. He felt lonely in a new country trying to complete coursework, cover tuition, and support family in Uganda, leading to thoughts of suicide. A teacher who worked with international students provided support, reminding him that he would want to see his brother in Uganda again. “It was a turning point in my life,” he says.

He urges Ugandan leaders to make systemic changes and is heartened that Parliament is backing the African Summit on Suicide Prevention. Kasule works with Rotary members in



# **Walking the Avenues**

## ***Continuation 1.***

Uganda and Australia to try to expand training for police, health teams, and Rotary members. He asks himself, “What can I do here in Australia to support my people in Uganda?”

This story originally appeared in the June 2025 issue of Rotary magazine.

## **Our Guest Speaker**



### **SPS. ANA MARIE “Alu” ARAN**

**Executive Director**

**ADHD Society of the Philippines**

Ana Marie Aran is the Executive Director of the ADHD Society of the Philippines. This is a non-stock, non-profit and parent-based organization that aims to advocate and empower persons with ADHD and their family. Alu is also a Communication & Event Strategist. Ms. Aran honed her communication skills by becoming a writer-at-large for local various publications including Manila Bulletin, Working Mom magazine, FOOD magazine and Smart Parenting magazine; Editor-in-chief for abs-cbn's early website called Cook It Now.com. She is at present the Editor-in-Chief of [www.dineph.com](http://www.dineph.com) - a food and tourism website.

Her early career included being in corporate worlds of Magnolia Inc, Nestle Philippines and Jollibee Corporation. She spent total of 16 years working here and abroad as Asst. Vice President for Corporate Marketing in Nestle Philippines. She was expatriated in Nestle Malaysia for 2 years and earned certificate courses in Rive-Reine SA, Switzerland. She has done market visits for Nestle in China, Egypt, France, Italy, Singapore, Thailand, Indonesia and Spain.





## **Our Guest Speaker**

### ***Continuation 1.***

After her corporate career, Ms. Aran co-founded the company, Courage Asia in 2002. Collectively, the company has produced more than 100 events ranging from big corporate conferences, trainings, seminar and workshops - all over the country. Most notable of their conferences include The Top Menu Masters series, Dine Philippines Caravan, Driven and GRiT seminar, Code of Champion and The Write Mind, among others.

Ms. Aran is also the creator of The Write Mind writing workshop hosting seminars for PR practitioners, feature and lifestyle writers. With her strong relationship with media, she handled the PR of several restaurants, personalities and companies.

She is a graduate of Ateneo de Manila University with a Communications degree and minor in Philosophy.



# **Tinig Tidbits**

**By: HOF/PP Peter Javier**



## **FORGOTTEN WORDS WORTH REVIVING?**

- **GRUFELING** - To lie wrapped up in a comfortable manner.
- **UHTCEARE.** - Lying awake and worrying about the day ahead.
- **ABLIGURITION** - Spending lavish amounts of money on food.
- **FUDGEL** - The act of giving the impression of working, but actually doing nothing.
- **DYSANIA** - The extreme difficulty one experiences when getting out of bed in the morning.
- **SNOLLYGOSTER** - A person who has intelligence, but no principles, especially a politician.
- **PERENDINATE** - To put off until the day after tomorrow.
- **FROBLY-MOBLY** - Neither good, nor well.
- **SLUGABED** - A person who stays in bed after the usual or proper time to get up.
- **GRUMBLETONIANS** - People who are angry or unhappy with the government.
- **TWATTING** - Gossiping idly about unimportant things.



# **Tinig Tidbits**

**By: HOF/PP Peter Javier**

***Continuation 1.***

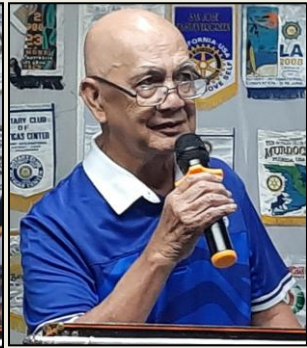
- **SHIVVINESS** -.The uncomfortable feeling of wearing new underwear.
- **PHILOGROBILIZED** - Having a hangover but without admitting to actually drinking.
- **ULTRACREPIDARIAN** - Somebody who gives opinions about topics they know nothing about.
- **CACOETHES** - The irresistible urge to do something inadvisable.
- **LANSPRESADO** - Someone who always conveniently shows up with no money.
- **GROKE** - Someone who stares at you when you eat hoping you will share.

***(From BabaMail)***

## Glimpse Our Last Meeting



Pres Dodie starts meeting which Dir Gary emcees and leads the invocation.



Rtn Aris leads singing of Pambansang Awit; Dir Roy recites The Four-Way Test and PP Vic introduces guests.



Dir Gary presents graduating PLP scholars.

## Glimpse Our Last Meeting



Scholars & Pres Dodie, Dir Gary & Rtn Aris singing A Million Dreams.



SAG/PP John on Operation Tule & Bukol on May 17; PP Rene with a joke and PP Benny is finemaster.



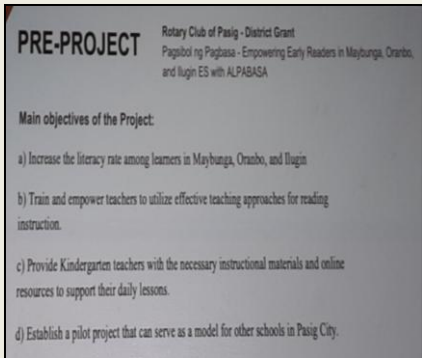
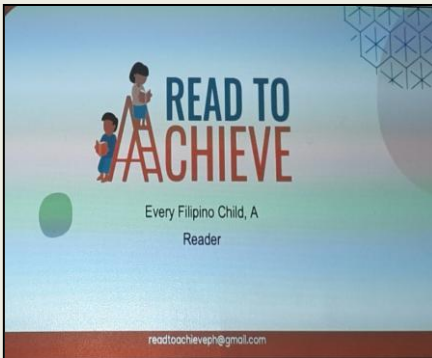
Message by Pres Dodie then hands out Rotary bags to scholars.



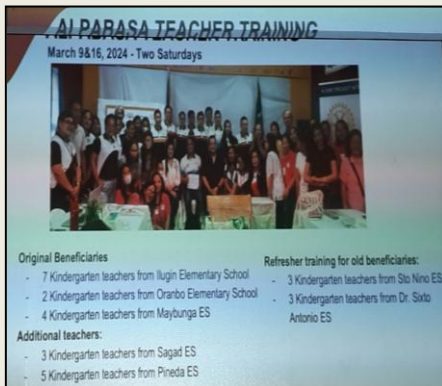
## Glimpse Our Last Meeting



SAG/PP John introduces Ms Patricia Gonzalez-Cruz, Executive Director of The Read to Achieve Foundation Philippines Inc.



She reports on the ongoing project with the club,



The ALPABASA Learn-To- Read Program to increase the literacy rate

# Glimpse Our Last Meeting

**Overall Demographic of the Schools**

SCHOOLS	Teachers	Students
Maybunga ES	4	180
Sagad ES	3	143
Ilugin ES	7	413
Oranbo ES	2	82
Pineda ES	5	189
Sto. Niño Elementary School	3	Approx 120
Dr. Sixto Antonio ES	4	125
<b>TOTAL</b>	<b>28</b>	<b>1252</b>
Manggahan ES (Controlled Group)	8	305

**WHAT THE TEACHER SAYS**

The simple visual tracker showing progress in recognizing letters sounds. The implementation of this activities helped a lot to our learners to easily recognize a certain letter and corresponding sounds congratulations.

- Teacher Felicia Bayless

Thank you so much Marim Tatal With Alpabasa. It helps us teachers to teach our learners to read with enthusiasm and excitement. Alpabasa is a very effective game-based reading program that incorporates music, movement, games and activities in learning. The materials given to us were very useful. And we can't thank you enough with all of these instructional materials.

Using Alpabasa, it motivates our learners to engage in language and encourage us teachers to innovate our teaching methods and strategies.

Thank you so much for the opportunities you've given us to use different instructional materials in alpabasa and participate in this very effective reading program!

- Teacher Maric Maniling Lansen

Alpabasa worked well for me and my pupils, especially in building their basic reading skills in Filipino. The provided materials really helped us teachers, and the songs, visuals, activities made learning letters and sounds fun and easy for them. Overall, Alpabasa was a great support in making reading more enjoyable and effective for my class.

- Teacher Angela Kaycee

in select kindergarten schools in Pasig starting in Ilugin,

**Standard Implementation**

**Olongapo City as an ALPABASA Model City**

The ALPABASA Project in Olongapo City will serve as a pilot program, establishing a replicable model for successful reading instruction across the Philippines. By prioritizing teacher training, and the development of strong foundational skills in students, the project paves the way for long-term success.

Recently, a successful benchmarking was held in Olongapo City for the Malolos City to replicate and implement the ALPABASA Program to their Division particularly on their Kindergarten classrooms. The success of the Project in Olongapo will be replicated in Malolos City for the SY 2025.

**Breakdown**

Quantity	Unit	Description	Amount
Total Donations			₱872,000.00
23	sets	Alpabasa Teaching sets	402,500.00
1	batch	ALPABASA Teacher Training *	50,000.00
1	year	Monitoring for a year	50,000.00
720	books	Workbook for the students	287,680.00
Total Expenses			790,180.00
Remaining Budget			₱81,820.00

\* There are 2 Teaching sets (Extra from the original 23 teachers)

Oranbo & Maybunga and funded by a district grant.



Replying to questions from Rtn Fr Kell and Rtn Flor.



## Glimpse Our Last Meeting



Answering queries from Dir Jake and PP Rene.



Pres Dodie hands over club's token then adjourns meeting.



Photo with PLP scholars and RCP members.

## Medical Mission Operation Tuli & Bukol



All ready for Operation Tule & Bukol at Ilugin Elementary School.



Rtn Doc Henry and team from Philippine Academy of Aesthetic Surgery



Waiting it out.



## Medical Mission Operation Tuli & Bukol



Briefing by Rtn Doc Henry.



Pres Dodie with first kid for Operation Tule and Dir Tet with aesthetic surgeons.



Dir Roy comforting kid.

## Medical Mission Operation Tuli & Bukol



While Doc Henry's at it, Dir Tet keenly watches.



A bukol removal being done is observed by Rtn Rudy.



We're done!



## Medical Mission Operation Tuli & Bukol



Pres Dodie thanks Doc Henry and his team.



Enjoying Popeye for lunch.



Pasig Rotarians & Doc Henry's team of aesthetic surgeons & nurses.

# Officers and Directors

## ROTARY CLUB OF PASIG (RY 2024-2025)

<b>President</b>	Bernardo “Dody” C. Dy
<b>Vice President/PE</b>	Rtn. Roy Marvin “Roy” E. Quejada
<b>Club Secretary</b>	PP Peter John “John” U. Javier
<b>Treasurer</b>	Rtn. Emmanuel “Noel” Y. Go
<b>Auditor/TRF</b>	PP Marcelo “Jun” C. Zafra, Jr.
<b>Sgt-at-Arms</b>	Rtn Joaquin “Jake” S. Oh

### **DIRECTOR:**

<b>Club Administration</b>	Rtn. Roy dela Paz Mendoza
<b>Membership</b>	Rtn. Rolando “Roland” P. Vazquez
<b>Ways &amp; Means</b>	PP Josefino “Bong” M. Paloma
<b>Service Community</b>	Rtn. Saturnino “Tet” G. Mallare III
<b>New Generation</b>	Rtn. Victor Gabriel “Gary” M. Ona
<b>Public Relations</b>	IPP Adolfo “Adolf” de Jesus Aran Jr

## **Pangkat Members RY 2024 - 2025**

### ***PANGKAT NO. 1***

1. **Pres Bernard Dy** - Leader
2. **Dir. Gary Ona** -Co-Leader
3. PP Vic Aquino
4. PP Conrad Cuesta
5. Rtn. Flor De Pano
6. Rtn. Carlo Doce
7. Rtn. Roehl Fontanilla
8. Rtn Chony Gimenez
9. Rtn. Edison Go
10. PP Rel Gomez
11. Rtn Dodot Jaworski
12. PP Peping Mabanta.
13. Rtn. Aris Marfil
14. Rtn. Gene Menor
15. Rtn. Bien Sibug
16. Rtn. Philip Yoon

### ***PANGKAT NO. 2***

1. **Dir. Tet Mallare** - Leader
2. **Sec. John Javier**- Co Leader
3. Rtn. Chito Bernardo
4. Rtn. Bernard Bobadilla
5. PP Topax Colayco
6. Rtn. Joseph Gualberto
7. PRID Raffy Garcia III
8. PP Tito Henson
9. Rtn Bebert Lacuna
10. Rtn Rod Moreno
11. Rtn Nilo Ocampo
12. Rtn Jojo Opinio
13. Rtn. Vico Sotto
14. Rtn Nicky Ty
15. Rtn. Stephen Valera
16. Rtn. Jon Cansana

### ***PANGKAT NO. 3***

1. **IPP Adolf Aran**- Leader
2. **Dir Roy Mendoza** – Co Leader.
3. Rtn. Oyie Averilla
4. PP Totoy Bartolome
5. Rtn Mads Bengua
6. Rtn Paolo Diaz
7. Rtn. Richie Defensor
8. Rtn. Arnel Estaniel
9. Rtn Jimmy Gualberto
10. Rtn Marlo Guillano
11. PP Peter Javier
12. PP Ogie Lim
13. PP. Vic Lim
14. Rtn. Richard Pua
15. Rtn. Roman Romulo
16. Rtn. Carlo Chuaunsu





## **Pangkat Members RY 2024 - 2025**

### ***Continuation 1.***

#### ***PANGKAT NO. 4***

- 1. Dir Roy Quejada** – Leader.
- 2. Dir. Noel Go** -Co-Leader
3. PP Garrick Ang
4. Rtn Ato Basco
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. Rtn Raj Cordova
9. PP Nick Guzman
10. Rtn. Cesar Lacuna
11. PP Ner Laino
12. Rtn. Kell Ortega
13. PP Arjan Ramnani
14. Rtn. Charles Reyes
15. Rtn. Simon Tantoco

#### ***PANGKAT NO. 5***

- 1. PP Jun Zafra** - Leader
- 2. Dir. Jake Oh**– Co-Leader
3. PP Jess Acantilado
4. Rtn. Roman Arugay
5. Rtn Richard Berganos
6. Rtn Nesty Carolina
7. Rtn. Henry Claravall
8. Rtn Mike Dolar
9. PP RJ Ermita
10. Rtn Manfred Guangko
11. Rtn. Alex Lacson
12. PP Hermie Orbe
13. Rtn Rudy Sanguyo
14. Rtn Ping Tan
15. PP Henry Uy

#### ***PANGKAT NO. 6***

- |  |                     |
|--|---------------------|
| <b>1. PP Bong Paloma</b> – Leader        | 13. PP Ferd Rivera  |
| <b>2. Dir. Roland Vasquez</b> -Co-Leader | 14. Rtn. Anson Tan  |
| 3. PP Bert Albano                        | 15. PP Celso Ylagan |
| 4. Rtn Dennis Albano                     | 16. Rtn JS Zamora   |
| 5. Rtn Ben Baniel                        |                     |
| 6. PP Rene Bocaya                        |                     |
| 7. PP Benny De Guzman                    |                     |
| 8. Rtn Jojo Estolano                     |                     |
| 9. PP Ramy Garcia                        |                     |
| 10. Rtn. Dante Lardizabal                |                     |
| 11. Rtn. Albert Mendiola                 |                     |
| 12. Rtn. Ike Ona                         |                     |



***DECLARATION OF ROTARIANS  
IN  
BUSINESS AND PROFESSIONS***

***As a Rotarian engaged in a business or profession, I am expected to:***

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.



## **From the Secretary's Desk**

*Sec. PP John Javier*

### ***Continuation 1.***

2. Shendel De Vera, PLP Scholar
3. Mary Ann Cutidioc, PLP Scholar
4. Calros Fernan Ferrer, PLP Scholar
5. Maria May Lavarios, PLP Scholar
6. Rafael Cervantes, PLP Scholar
7. Ma. Camille Pascual, PLP Scholar
8. Jayson Carbajal, PLP Scholar

### **Medical Mission at Ilugin Elementary School**

1. Pres. Bernard Dy
2. PP/ Sec. John Javier
3. PP Adolf Aran
4. PE Roy Quejada
5. Dir. Tet Mallare
6. Dir. Roy Mendoza
7. Rtn. Mads Bengua
8. Rtn. Rudy Sanguyo
9. Rtn. Biel Sibug
10. Rtn. Jojo Estolano
11. Rtn. Aris Mafril



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<b>ROY MENDOZA</b> Club Bulletin Admin.	<b>BENJAMIN P. DE GUZMAN</b> Rotary Notes	<b>JUN C. ZAFRA, JR.</b> Walking the Avenues
	<b>PETER M. JAVIER</b> Tinig Tidbits	<b>RTN. FR. KELL ORTEGA</b> <b>RTN. FR. JOJO OPINIO</b> <b>Invocation</b>

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**Edgar Manalang:** **0927-9414528; rcpasig@hotmail.com**

## MAKE-UP SLIP

**This serves as proof of your attendance**

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**Name of Visiting Rotarian**

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**Name of Rotary Club**

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**RC – Pasig Club Secretary:** \_\_\_\_\_ **Date:** \_\_\_\_\_