

Rotary  
Club of Pasig



CREATE HOPE  
in the WORLD

Rotary Club of Pasig

**PAGPUPUGAY SA  
KABAYANIHAN NG  
PASIG PULIS 2024**  
★★★★★

(THE IGNACIO GIMENEZ AWARDS)

MAY 9, 2024 | 4PM

**TANGHALANG RIZAL**

RIZAL HIGH SCHOOL BRGY. CANIOGAN, PASIG CITY.





## **Today's Programme**

***PAGPUPUGAY SA KABAYANIHAN  
NG PASIG PULIS 2024  
The Ignacio Gimenez Awards:  
May 9, 2024 4:00PM***

<b>Invocation</b>	<b>Rtn. Roy D. Mendoza</b>
<b>National Anthem</b>	
<b>Welcome Remarks and Recognition of Guest</b>	<b>Pres. Adolf J. Aran</b>
<b>Inspiration Message</b>	<b>Mayor Vico N. Sotto</b>
<b>Video on Awards</b>	<b>AVP</b>
<b>Awarding 1</b>	
• <b>Exemplary Service in Administration (Junior Police Non-Commissioned Officer Category)</b>	<b>Mayor Vico N. Sotto PCol. Celerino M. Sacro Jr.</b>
• <b>Exemplary Service in Administration (Senior Police Non-Commissioned Officer Category)</b>	<b>Pres. Adolf J. Aran</b>
<b>Inspirational Message</b>	<b>Vice Mayor Robert B. Jaworski Jr.</b>
<b>Awarding 2</b>	
• <b>Exemplary Service in Operation (Junior Police Non-Commissioned Officer Category)</b>	<b>Vice Mayor Robert B. Jaworski Jr. PCol. Celerino M. Sacro Jr.</b>
• <b>Exemplary Service in Operation (Senior Police Non-Commissioned Officer Category)</b>	<b>PN Roy E. Quejada</b>



## **Today's Programme**

### *Continuation 1.*

<b>Intermission</b>	<b>KKDAT Pineda</b>
<b>Inspirational Message</b>	<b>Cong. Roman T. Romulo</b>
<b>Award 3</b>	
<b>Exemplary Service in Administration &amp; Operation PCO</b>	<b>Cong. Roman T. Romulo</b>
<b>Best Unit in Administration</b>	<b>PBGen. Wilson C. Asueta</b>
<b>Best Unit in Operation</b>	<b>PRID Raffy Garcia III</b>
<b>Introduction of Judges</b>	
<b>Awards 4</b>	
<b>• Gawad ng Marangal na Paglilingkod</b>	<b>Cong. Roman T. Romulo</b>
<b>• Most Outstanding Police Non-Commissioned Officer</b>	<b>PBGen. Wilson C. Asueta</b>
<b>• Most Outstanding Police Commissioned Officer</b>	<b>Rtn. Chony B. Gimenez</b>
<b>Message</b>	<b>Rtn. Chony B. Gimenez</b>
<b>Response From PNP</b>	<b>PBGen. Wilson C. Asueta</b>

**PP Peter John U. Javier and  
PE Bernard C. Dy  
Host**



# Invocation



Panginoon Diyos, maraming salamat sa mga biyaya na aming natanggap sa inyo lalo na ang mga alagad ng batas na nagpapanatili ng kapayapaan at kaayusan sa aming pamayanan. Nawa'y pagpalain ninyo silang lahat upang manatiling tapat, marangal, at mapagkumbaba sa kanilang paglilingkod sa aming lahat. At sa pagpaparangal namin sa mga pulis na napatunayang tapat sa kanilang paglilingkod at pagpapairal ng katarungan, nawa'y maging tunay silang halimbawa sa mga kapwa pulis. Aming taus-puso naming ipinapanalangin.

Siya nawa.

*From: Rtn. Fr. Kell Ortega*



## **From the President**

**Pres. Adolf Aran**



“Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.” That’s Rotary International’s vision statement.

Today, with the initiative of our benefactor Rotarian Ignacio Gimenez, with the participation of the PNP Pasig, and guided by Rotary Club of Pasig’s resources and service orientation, this vision statement comes to life once again. With the combined leadership of our President Elect Bernard Dy and our Past President and Board Secretary John Javier, RC Pasig presents the annual recognition of the dedication and commitment of our Pasig police force.

Our special thank you to the PNP Pasig Chief of Police Col Celerino Sacro, Jr. for the support. To all the winners, congratulations! To all the nominees, you are also winners because your work was recognized as one of the best. To the entire police force, please continue what you do best, keeping Pasig City safe, peaceful and orderly.

To all Rotarians, here inside Tanghalang Rizal and in District 3800, let’s continue to live our motto of #ServiceAboveSelf.

Let’s create hope in the world, RC Pasig!



## Rotary Notes

**PP Benny P. De Guzman**



The past two weeks' attendance is an indication of the great Republic of Pasig that we indeed are. Then a pronouncement that we are not the biggest in number of the clubs in the district. As we welcome back returning Rotarian Charlie Reyes, but seemingly as replacement for our late Rtn Demy who recently passed away. IPP Bong, coordinating the love offerings for the family of Demy was physically present last meeting. If the over subscription to the additional funds for our noble policemen, the donors will also find reason to give to Demy's widow. We can be honoring both the living and the dead. There are three generous Rotarians who have given, two at 10K each and one 9K and additional came in. The hospital expenses of Demy as he fought pancreatic cancer was so huge kasi.

I was not being critical when I said that Pres Adolf cannot unilaterally cancel the regular luncheon meeting without concurrence of the Board. Super Rotarian PP/Sec John quickly added that there was Board resolution. I am sure we will get better attendance today than the last two meetings for a good project and the fellowship following.

PP Ner called to request that all May celebrants band together for the 23<sup>rd</sup> May meeting. That will be super for me as I intend to be absent since that is my birthday itself and I will be with my siblings. But since it is the merry month of May, baka I can join half way. (I share the same birthday with the late Rtn Gus de Leon and the late brother of CM/PP Peping. Gus never



## **Rotary Notes**

**PP Benny P. De Guzman**

*Continuation 1.*

learned that we shared the same birthday and he and wife Toti were very impressed that I used to greet him on birthday.)

Our guest speaker last week is truly an accomplished police officer. His name is as rich as well. Rizalito is from our national hero, Guerrero, his middle name is that of a true warrior and family name Gapas is for a rich harvest. But his earning his Philosophy degree as a seminarian is junior only to our distinguished PP Celso who was to be ordained a priest after finishing with distinction all the requirements for the holy priesthood. They were asked to mix with others for a quarter to determine if they are ready for their vocation. In UP where he registered, love at first sight for classmate Enya gave the answers. Why many answers? There were many related questions and he passed them all. Tinanggap naman agad ni Enya. Enya gave him a friendly reminder lang. Pag pumasok ka uli sa seminaryo, don't ever see me.

PP Vic Aquino was so emphatic in his fining but without Rtn Jake in the audience, medyo tahimik.

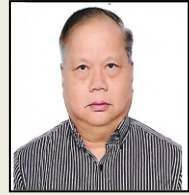
My favorite pangtulog is the T-shirt that Rtn Albert ordered for us. So lambot and nice. It is as good as his balut. But Albert is hard to find nowadays. Pati balut! Puede naman kaming umorder at magbayad, bakit ayaw mo ng magattend or magdala?

Why are they teasing PP Ramy to be the next governor? Two of our stalwarts, PP Ramy and PP/Sec John are highly governorable, why the long wait?



# Walking the Avenues

PP Jun C. Zafra



## THE PROVIDER PIPELINE

When a hospital system declared an emergency on youth mental health, Rotary members stepped up

The chief medical officer at Children’s Hospital Colorado had never seen anything like it. Suicide had become the leading cause of death for the state’s adolescents ages 10-18, and there were periods in 2021 when the number one reason children turned up at emergency departments was for an attempt to take their own life. Straining to meet the demand for care, the hospital’s CEO did something that had never happened at the 113-year-old institution: She declared a state of emergency.

Similar scenes were playing out around the country as the COVID-19 pandemic turbocharged the mental health crisis among America’s youth and revealed in stark terms the results of a shortage of providers.

One in 6 U.S. children over the age of 6 have a diagnosed mental health disorder. Yet, only around half of them receive adequate treatment.

Among those who took notice when the Colorado hospital system sounded the alarm were three members of the Rotary Club of Highlands Ranch, a Denver suburb. Within a year they began raising funds to confront the issue head- on. Debby Doig, Shrin Murthy, and Tamara Fennell spent more than a year crisscrossing the state to talk about youth mental health at Rotary clubs. After almost every presentation, Doig says, someone would approach them with a story.



## **Walking the Avenues**

PP Jun C. Zafra

*Continuation 1.*

“They didn’t raise their hand and say this out loud, but they would come up to one of us and whisper in our ear their own personal tragedy,” Doig says. “Many times, it was suicide. Their child, their sister, their brother. I had one woman at a Rotary meeting come up and say, ‘Two weeks ago, I tried to kill myself. And if it wasn’t for Rotary, I wouldn’t be here.’”

Testaments like that shored up the trio’s commitment to an audacious goal: raising half a million dollars to fund the education of pediatric mental health specialists.

That number wasn’t even on the table in early 2021, when Murthy heard about the crisis from a speaker at the Highlands Ranch club. Among the most chilling developments, hospitals were seeing younger and younger patients come into their emergency rooms after attempting suicide.

“We’re seeing rising rates in the 5- to 9-year-old population, if you can believe it,” says Dr. K. Ron-Li Liaw, Children’s Hospital Colorado’s first-ever mental health in-chief. “Elementary school-age kids are making suicide attempts.”

A few months after the hospital declared its state of emergency, three pediatric organizations declared one at the national level. Experts aren’t entirely sure what’s driving the crisis but point to a range of causes. The pandemic isolated kids and subjected many to the trauma of losing loved ones. More than 140,000 children in the United States lost a primary or secondary caregiver or both in the first 15 full months of the pandemic.

But the number of kids attempting suicide has been on the rise

## **Walking the Avenues**

**PP Jun C. Zafra**

*Continuation 2.*

for years. Between 2016 and 2022, children’s hospitals saw a 166 percent increase in emergency department visits for suicide attempts and self-injury among children ages 5-18. That’s partly because there simply aren’t enough doctors to treat troubled youths before their mental health problems become severe, says Dr. Cassie Littler, president of the Colorado chapter of the American Academy of Pediatrics. The U.S. has only 14 child and adolescent psychiatrists per 100,000 youths, and 70 percent of counties have no such professionals at all.

“It would make a big difference if we had behavioral health providers in pediatricians’ offices,” Littler says. “Changing how we fund prevention would go a long way, because then we could intervene and help children and families gain those coping mechanisms and problem-solving skills.”

When Murthy first heard about the issue through his club, it didn’t occur to him that he could help with the provider shortage. He just knew he wanted to take action in some way. “I said, we’ve got to do something in order to address this crisis,” he says.

Murthy and Doig formed a mental health committee within the Highlands Ranch club and began researching options. Murthy served on the volunteer board at Children’s Hospital Colorado, so he reached out to Martine Hyland, a philanthropy director at the hospital’s foundation, for advice about possible gifts. Hyland suggested different giving opportunities with a range of dollar amounts but was stunned by the one Murthy and Doig chose. They sought to fund a \$500,000 fellowship to train new doctors on mental health.

## **Walking the Avenues**

PP Jun C. Zafra

*Continuation 3.*

“They said, ‘We want to go big. We want to endow a fellowship,’” Hyland says. “And I’ve got to tell you, I thought they were nuts. We’ve been the grateful recipients of lots of Rotary gifts from different clubs but nothing at that magnitude. I thought, ‘How are they going to do this?’”

First, Doig and Murthy recruited Fennell, a fellow club member who’d spent years working with the National Alliance on Mental Illness. They told her about the benefits of endowing a fellowship. With a \$500,000 endowment, the investment income would be enough to fund education, a cost-of-living stipend, and research opportunities for a new fellow every one to two years. They’d be actively addressing the doctor shortage. And with a presence throughout Colorado, the hospital system would ensure a statewide reach.

A personal connection to the issue cemented Fennell’s support. “My mother lived with severe mental illness, bipolar disorder and obsessive-compulsive disorder,” Fennell says. “And I’ve done a lot of mental health advocacy work, so I was especially excited about working on this project.”

There was just the small matter of raising \$500,000. But Fennell was galvanized, not intimidated, by that number. “When Shrin came to me and said, ‘Hey, I want to do this. What do you think about it?’ I was overjoyed,” she says. “We were actually going to make a positive impact for a countless number of kids and families in perpetuity. That’s the thing that’s so special about it — it’s not a one-off. It is a lasting legacy program.”



# Tinig Tidbits

By: HOF/PP Peter Javier



## IN CASE YOU DIDN'T KNOW...

- A **prestidigitator** is another word for magician.
- A **conchologist** studies mollusks and shells.
- A **deltiologist** collects postcards.
- A fingerprint is also known as a **dactylogram**.
- A **funambulist** is a tightrope walker.
- A **horologist** measures time.
- A **klazomaniac** is someone who feels like shouting.
- A **librocubicularist** is someone who reads in bed.
- A **phrenologist** feels and interprets skull features.
- An **anthropophagite** eats people.
- Killing a king is called **regicide**.
- The word **lethologica** describes the state of not remembering the word you want to say.
- Women who wink at men are known as **nictitating women**.
- A **necropsy** is an autopsy on animals.
- A poem written to celebrate a wedding is called an **epithalamium**.
- An animal epidemic is called an **epizootic**.



# Tinig Tidbits

By: HOF/PP Peter Javier

*Continuation 1.*

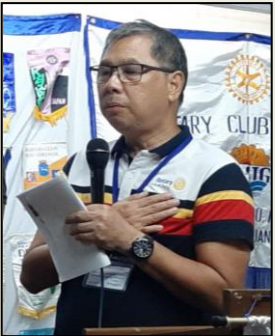
- **Degringolade** means “to fall and disintegrate.”
- **Dendrology** is the study of trees.
- **Dibble** means “to drink like a duck.”
- Lead poisoning is known a **plumbism**.
- **Scatologists** are experts who study feces.



## Glimpses of Our Last Meeting



HCP Adolf starts meeting with PP Rel as emcee. HCP Adolf starts meeting with PP Rel as emcee. Rtn Dennis leads invocation.



Singing of Pambansang Awit is led by Rtn Roy; Rtn Roland recites Four-Way Test & PP Rel introduces guests.



Pangkat 5 sings Smile.





## Glimpses of Our Last Meeting



PE Dodie on Pagpupugay sa Kabayanihan ng Pulis Pasig on May 9. Fining by PP Vic. It's HCP Adolf's time.



PP John introduces Police Brig. Gen. Rizalito Gapas, Director of Northern Police District.



His topic, Threats to Peace covered recognizing threats in the WPS situation & POGO operations; our readiness to fight & focusing programs on patriotism particularly the youth and revival of ROTC.



## Glimpses of Our Last Meeting



Replying to questions from PP Ramy on kabataan now & Rtn Dante on pagtulong sa kapulisan.



Answering Rtn Rod on arming civilians & PP John on return of ROTC.



Replying to queries of PP Henry on POGO & PP Jun on American presence.



## Glimpses of Our Last Meeting



Commenting on Rtn Roland regarding Singapore's obligatory training.



HCP Adolf hands over club's token then adjourns meeting.



Photo with Noble Men of RC Pasig.



# Induction of New Member



HCP Adolf administers oath of membership to balik-Rotarian Charlie Reyes.



Sponsor PN Roy pins Rotary pin.



Welcome back handshakes from PP Vic & Rtn Bernard.



## Officers and Directors

### ROTARY CLUB OF PASIG (RY 2023-2024)

<b>President</b>	Adolfo "Adolf" D.J Aran, Jr.
<b>Vice President/PE</b>	Bernard "Bernard" C. Dy
<b>Club Secretary</b>	PP Peter John "John" U. Javier
<b>Treasurer</b>	Rtn. Damito "Demy" Magpantay
<b>Auditor</b>	Rtn. Joaquin "Jake" Oh
<b>Sgt-at-Arms</b>	Rtn. Peter Pancho

#### **DIRECTOR:**

<b>Club Administration</b>	Rtn. Anson Tan
<b>Membership</b>	Rtn. Bernard "Bernard" C. Dy
<b>Public Relations</b>	Rtn. Peter Pancho
<b>Service Community</b>	Rtn. Saturnino "Tet" G. Mallare III
<b>The Rotary Foundation</b>	PP Marcelo "Jun" C. Zafra, Jr.
<b>Youth Service</b>	Rtn. Roy Marvin Quejada
<b>Ex-Officio</b>	IPP Josefino "Bong" M. Paloma



## Pangkat Members RY 2023 - 2024

### **PANGKAT NO. 1**

1. **IPP Bong Paloma - Leader**
2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. Rtn. Gene Menor
12. Rtn Albert Mendiola
13. Rtn. Richie Pua
14. Rtn. Bien Sibug
15. Rtn. Aris Marfil
16. Rtn Simon Tantoco

### **PANGKAT NO. 2**

1. **PE. Bernard Dy - Leader**
2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn. Jimmy Gualberto
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
11. PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

### **PANGKAT NO. 3**

1. **Dir. Tet Mallare – Leader**
2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn. Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora
17. Jojo Estolano



## **Pangkat Members RY 2022 - 2023**

### ***Continuation 1.***

#### ***PANGKAT NO. 4***

- 1. PP Jun Zafra – Leader**
2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Joseph Gualberto

#### ***PANGKAT NO. 5***

- 1. Dir. Roy Quejada -Leader**
2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

#### ***PANGKAT NO. 6***

- 1. Dir. Anson Tan – Leader**
2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn. Chito Bernardo
7. PP Nick Guzman
8. Rtn. Alex Lacson
9. PP Vic Lim
10. Rtn. Ike Ona
11. PP Ferd Rivera
12. Rtn. Ping Tan
13. Rtn. Stephen Valera
14. PP Celso Ylagan
15. Rtn Mike Dolar
16. Paolo Diaz
17. Roy Mendoza
18. Rtn. Charles Reyes



## ***ROTARY CODE OF CONDUCT***

### ***As a Rotarian, I will***

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



***DECLARATION OF ROTARIANS  
IN  
BUSINESS AND PROFESSIONS***

***As a Rotarian engaged in a business or profession, I am expected to:***

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.



# From the Secretary's Desk

*Sec. PP John Javier*



## **Attendance**

Members Present .....35  
% of Attendance (05/02/24).....36%

## **Birthday Celebrants for the Month of May 2024**

## **Wedding Anniversaries for the Month of May 2024**

## **Guest and Visiting Rotarians**

1. Charles Reyes, Host: Rtn. Roy Quejada





# Editorial Staff

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<b>ROEHL FONTANILLA</b>	<b>BENJAMIN P. DE GUZMAN</b> Rotary Notes	<b>JUN C. ZAFRA, JR.</b> Walking the Avenues
<b>ANSON TAN</b> Club Bulletin Admin.	<b>PETER M. JAVIER</b> Tinig Tidbits	<b>RTN. FR. KELL ORTEGA</b> <b>RTN. FR. JOJO OPINIO</b> <b>Invocation</b>

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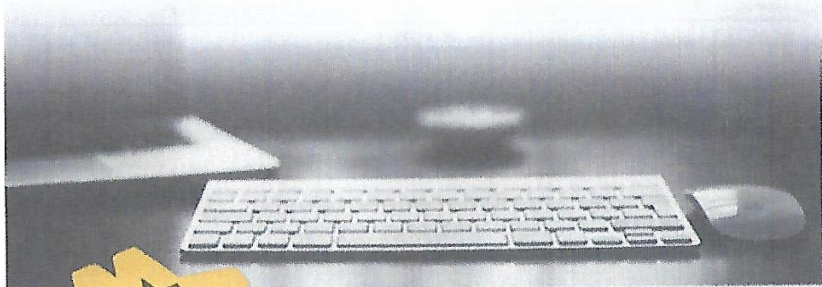
## MAKE-UP SLIP

**This serves as proof of your attendance**

**Name of Visiting Rotarian**

**Name of Rotary Club**

**RC – Pasig Club Secretary:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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