

Rotary
Club of Pasig



CHANGE LIVES
in the WORLD

7 MARCH 2024
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



MS. KAREN TANCHANCO-CABALLERO
GUEST SPEAKER

Today's Programme

Valle Verde Country Club
March 7, 2024 12:00 Noon
Pangkat 3 Leader: Dir. Tet Mallare

Call to Order	Pres. Adolf Aran
Invocation	Rtn/Dir. Tet Mallare
National Anthem	Rtn/Dir. Tet Mallare
FOUR-WAY TEST	Rtn. Bernard Bobadilla
Introduction of Visiting Rotarians & Guests	Rtn/Dir. Jake Oh
Community Singing	Pangkat 3
Wise or Otherwise	
Fining Moments	HOF/PP Peter Javier
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Pres. Adolf Aran

MS. KAREN TANCHANCO-CABALLERO
Topic: Women in Sports: How Far Have They Gone?
GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

PP Rene Bocaya
Emcee

*** MARCH IS LITERACY MONTH ***



Invocation



God loving Father, you are the source of life and love. On this season of Lent, we come before you with fasting and abstinence. We call upon you today to send us the Holy Spirit to bless and touch each one of us with your healing embrace. May our fellowship continue to be a venue for genuine brotherhood dedicated to the service for the least brothers and sisters in the community. Make us agents for change and instruments of your goodness and forgiveness through Christ our Lord. Amen.

From: Rtn. Fr. Jojo Opinio

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



NEVER ON MY ROTARY DAY

Oh, you can meet me on a Monday,
A Monday, a Monday is very very good.
Oh, you can meet me on a Tuesday,
A Tuesday, a Tuesday in fact I wish you would.
Or you can meet me on a Wednesday, a Friday,
A Saturday and Sunday is the best
But never, never on a Thursday, a Thursday
A Thursday 'cause that's my Rotary day

Refrain:

Most any day, you can be my guest,
Any day you say but my Rotary day.
Just name the day that you like the best,
Only stay away on my Rotary day.

Oh, you can meet me on a cool day,
A hot day, a wet day, whichever one you choose.
Or try to meet me on a gray day,
A May day, a pay day, and see if I'll refuse.
And if you make it on a bleak day,
A freak day, a week day, then you can be my guest.
But never, never on a Thursday, a Thursday,
A Thursday 'cause that's my Rotary day.

(Repeat Refrain)

(Lyrics adaptation by PP Peter)

From the President

Pres. Adolf Aran



Internationally, we celebrate March as the Women's Month! That's why, RC Pasig being an all male club, we always welcome female speakers, starting with today's club meeting, Deputy Secretary General of Philippine Olympic Committee Karen Tanchanco-Caballero.

March is also Rotary's Water, Sanitation & Hygiene Month. To date, with the leadership of our Service Director Tet Mallare, we have installed 7 Wash and drinking stations in public schools in Pasig City. Our entrepreneur par excellence and Rotarian Bien Sibug, with his corporate social responsibility to help our public school students, will be partnering with RC Pasig, by providing hand washing soap. Thank you, Tet and Bien.

We thank our charter members, PP Peping Mabanta and PP Arjan Ramnani, who are strong, healthy and who continue to inspire us with their weekly attendance. Salamat po.

Finally, let's take this moment to pray for the sick. We prayed for the successful angioplasty operation of Rotarian Sammy Lazo and our prayers are answered. There are Rotarians in our club who are undergoing severe medical conditions. Let's continue to pray for each other.

Let's continue to create more hope in the world, RC Pasig!



Rotary Notes

PP Benny P. De Guzman



We were given a very rich land and generous and friendly people but we were never able to maximize the opportunities. If we trace back our problems, it is rooted in too much politics. The El Nino ill effects will cost our country too much on losses but there was no plan to limit the ill effects, if ever. Even our irrigation system for an agricultural nation was not expanded.

A breather in politics was seeing in person last week our very own Rtn Chony Gimenez, the major sponsor of our Pagpupugay sa Kabaniyihan ng Pulis Pasig. No less than the Pasig police chief, PCol Celerino Sacro, Jr. was our guest of honor and speaker. Did I hear right that the biggest barangay in the entire Philippines is our Pinagbuhatan? Bigger than the City of San Juan within Metro Manila? Chony is still very lucid despite some physical discomforts. His SOGO business is doing great. Many Rotarians did not ask for a discount card as NPAs do not ask for them.

Rtn Aris had a special make up meeting in a Bicol Rotary Club where there were many ladies.. Members or spouses of members? Last week, several members of the Rotary Club of Alabang – Madrigal Business Center joined our meeting, The members were younger than many of our children and there was a lady officer with them. New clubs are required to have both sexes as members. We can change our by-laws to have associate members, ladies but associates lang. Paging our lawyers kung puede. Rtns Nicky, Rod, PPs John, Celso, Ner and baby Rotarian Mike.

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Despite conviction of plunder with husband FM, our dear Imelda is still well loved by many. Now in the hospital with pneumonia at age 94. Still Imeldific, she can still be better loved if she returns even a portion of what the law ordered her. This sad event about the huge plunder was brought to international attention once again when our own BBM was interviewed in his 2nd visit within a week to Australia. The issue cannot be hidden for long as it will surface every now and then. Our Noel Go mentioned that in his Viber account.

Speaking again of our Pinagbuhatan, wasn't there somewhere our huge water lily project with income generation to the community? Can we recall all our projects and review?

Perhaps a committee within the Board can also review some major undertakings of our members that can have others to patronize or endorse? The multilevel business of Rtn Bien is a case in point. Spouse Laching of the late ex-Mayor Mario Raymundo is a good example of food serving many. It is a simple lumpiang ubod to help her sustain her dialysis sessions. For a while, only a few of us were patronizing it. Now with a sign in our door, she doing brisk business of fresh lumpiang ubod. There are some of us in other undertakings that many are not aware. Baka we can mutually be of help. Why not?

Walking the Avenues

PP Jun C. Zafra



PRESIDENTIAL MESSAGE



R. Gordon R. McNally
President 2023-24
March 2024

There are many pathways to peace, and in Rotary, we are fortunate to have Rotary Peace Fellows who demonstrate this truth time and again.

Each year, Rotary awards up to 130 fellowships for leaders around the world to study peace and development, and what these peace fellows learn prepares them to work in conflict prevention and resolution and promote Positive Peace. Here are a few examples of the creative ways peace fellows advance peace:

Promoting sustainability

Alejandra Rueda-Zarate combined her Rotary Peace Fellowship in peace and conflict resolution with her master's degree in energy and resources to support her dream of protecting the Colombian countryside.

She founded the organization NES Naturaleza in 2011 to help farmers in Colombia and across rural Latin America gain access to knowledge and training to uphold sustainable farming standards. That support has improved the lives of nearly 4,500 farmers, inspiring many of them to become entrepreneurs. And it's helped promote both natural and social sustainability throughout Latin America.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

Ending racism

Peace fellows Geoffrey Diesel and Kathy Doherty have applied their fellowships in peace and development studies toward co-founding the Racial Equity Project, a subcommittee of Rotary Positive Peace Activators in North America committed to studying ways to create a more peaceful society through anti-racism efforts.

The Racial Equity Project takes a deep look into how the eight Pillars of Positive Peace could support efforts to address racism, and it works to spread this message to communities across North America. The organization initially grew from Rotary's strategic partnership with the Institute for Economics and Peace, a global think tank dedicated to promoting Positive Peace.

Managing disasters using data

Through a Rotary Peace Fellowship, Jamie LeSueur earned a master's degree in social science within peace and conflict research. He now leads emergency operations for the International Federation of Red Cross and Red Crescent Societies, setting a management and operational framework for agency collaboration in emergency response situations.

Jamie has found that research data is a powerful tool to bring calm to the complex world of disaster response. No matter what an organization's protocols might entail, letting research be the foundation for decision making helps clarify even the most complicated emergencies.

These stories — and hundreds like them — show how Rotary is

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

creating a generation of leaders ready and able to build peace worldwide. Nearly 1,800 peace fellows have graduated from Rotary Peace Centers, and they are applying their craft in more than 140 countries.

May the continuing work of peace fellows and the Rotary members who support them inspire you to continue to Create Hope in the World through service, fundraising, and creative thinking.

Our Guest Speaker



MS. KAREN TANCHANCO-CABALLERO

Former National Athlete/Archer — Athlete-Centric leadership as her main thrust is cognizant of the needs of athletes. Former Posts:

- Chairperson of Women and Sports Committee of The Southeast Asian Games Federation 2017-2019
- Sports Director of the Philippines SEA Games Organizing Committee (PHISGOC) The organizing body of SOUTHEAST ASIAN GAMES 2019 in the Philippines.
- Chef de Mission of Team Philippines for the 2016 Asian Beach Games in Da Nang, Vietnam

Current Posts:

- Deputy Chef de Mission of team Philippines for the 2023 Asian Games in Hangzhou, China
- Executive Director, RestoPH
- Chair, Gender Equity Committee
- Deputy Secretary General of the Philippine Olympic Committee (POC)
- Chairwoman and President of Pilipinas Sepaktakraw Association Inc. (PSTAI)
- First Woman Vice President of The Asian Sepaktakraw

Our Guest Speaker

Continuation 1.

Federation (ASTAF) and the International Sepaktakraw Federation (ISTAF)

- Chair of Women in Sports Committee of ISTAF and ASTAF
- Board Member of the Air Force Special Services Group, Multi-Sector Advisory Board focusing on Gender and Development and Sports and Athlete's Management and Programs She was a former Corporate Marketing work horse — once holding the position as Marketing Director of Ducati Philippines and General Manager of International Food Corporation, Mother Spice Food Corporation. Currently, she is the Executive Director of RestoPH, the sole Restaurant Owners Association in the Philippines. She is Married and mother to 2 college boys and few hundreds of National Athletes in the Philippines. Aside From sports, she is a businesswoman and assists in family-owned residential and commercial property management. She has been invited as resource speaker to several local and international forums and conferences (Myanmar, Thailand, Russia) targeting on Sports Management and GAD advocacy. A firm believer that sports play a crucial role in Nation Building, she is committed to continue her volunteer work for the Filipino athletes and her advocacy to Women in Sports, gender equity locally and abroad.

Tinig Tidbits

By: HOF/PP Peter Javier



THESE OPTICAL FACTS WILL MAKE YOUR EYES POP OUT

1. The eye is composed of more than 2 million working parts.
2. All babies are born color blind.
3. 1 in every 12 males is color blind.
4. Your eyes start to develop 2 weeks after you are conceived.
5. On average, we blink 17 times per minute. This means 14,280 times a day and 5.2 million times a year.
6. If your eyes are blue, you share a common ancestor with every other blue-eyed person in the world.
7. Your eyeballs do not grow from birth to death, but your nose and ears do.
8. There are about 39 million blind people around the world.
9. Only 1/6 of the human eyeball is exposed.
10. A fingerprint has 40 unique characteristics, but an iris has 256. In fact, retina scans are becoming increasingly useful for security purposes.
11. Each of your eyelashes have a lifespan of about 5 months.
12. 80% of our memories are determined by what we see.

Tinig Tidbits

By: HOF/PP Peter Javier

Continuation 1.

13. Blind people who weren't born blind can still see their dreams.
14. “Red eye” occurs in photos because light from the flash bounces off the back of the eyes, where many blood vessels are found causing the red color to appear.
15. The human eye only sees 3 colors: red, blue and green. All other colors are combinations of these.
16. Your eyes use about 65% of your brain power which is more than any other part of the body.
17. The eye is the second most complex body organ after the brain.

(from BabaMail)

Glimpses of Our Last Meeting



HCP Adolf starts meeting with PE Dodie as emcee. Rtn Rod recites invocation.



PP Henry leads singing of Pambansang Awit. Rtn Gary recites Apat Na Urian Ng Rotaryo and PP Jun introduces visiting Rotarians & guests.



Pangkat 2 singing It's The 4-Way Test.

Glimpses of Our Last Meeting



Signing of MOA for Pagpupugay sa Kabanahiyang ng Pulis Pasig by HCP Adolf, Rtn Chony Gimenez & PCol. Celerino Sacro, Jr.

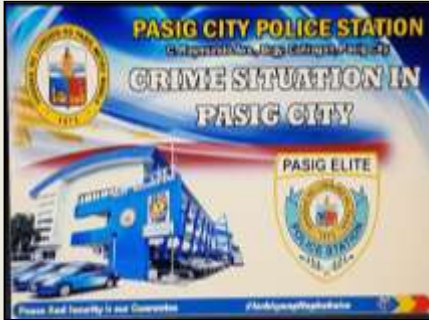


PP John on Discon Talent Night participation by club. Fining by PP Benny. It's president's time.



PP John introduces PCol Celerino Sacro, Jr.

Glimpses of Our Last Meeting



He talks of the crime situation in Pasig, index crimes cases per barangay, theft incidents, wanted persons arrested,



anti-illegal drug accomplishments and coordination with barangays & other stakeholders.



Replying to various questions such as on complex crimes, police patrols on bike, shoplifting incidents, police blotters, joblessness vis-a-vis crime commission from HOF/PP Peter, Dir Jake,



Glimpses of Our Last Meeting



Rtn Flor, PP Henry,



PP Bert, PE Dodie,



PP Jun, Rtn Dante

Glimpses of Our Last Meeting



and Jerry Quibilan.



HCP Adolf hands over club's token then adjourns meeting.



A pose with visiting Rotarians from RC Alabang - Madrigal Business Center with HCP Adolf, PP Henry, Rtns Gary & Chito.

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President	Adolfo “Adolf” D.J Aran, Jr.
Vice President/PE	Bernard “Bernard” C. Dy
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Damito “Demy” Magpantay
Auditor	Rtn. Joaquin “Jake” Oh
Sgt-at-Arms	Rtn. Peter Pancho

DIRECTOR:

Club Administration	Rtn. Anson Tan
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Peter Pancho
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roy Marvin Quejada
Ex-Officio	IPP Josefino “Bong” M. Paloma

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

- 1. IPP Bong Paloma - Leader**
2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. HOF/PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. Rtn. Gene Menor
12. Rtn Albert Mendiola
13. Rtn. Richie Pua
14. Rtn. Bien Sibug
15. Rtn. Aris Marfil
16. Rtn Simon Tantoco
17. Rtn. Roy Mendoza

PANGKAT NO. 2

- 1. PE. Bernard Dy - Leader**
2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn. Jimmy Gualberto
8. HOF/PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
11. PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

- 1. Dir. Tet Mallare – Leader**
2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn. Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. HOF/PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. CM/PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora
17. Rtn Jojo Estolano

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. PP Jun Zafra – Leader**
2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. CM/PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Rtn Joseph Gualberto

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader**
2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. HOF/PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

- 1. Dir. Anson Tan – Leader**
2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn. Chito Bernardo
7. PP Nick Guzman
8. Rtn. Alex Lacson
9. PP Vic Lim
10. Rtn. Ike Ona
11. PP Ferd Rivera

12. Rtn. Ping Tan
13. Rtn. Stephen Valera
14. PP Celso Ylagan
15. Rtn Mike Dolar
16. Rtn Paolo Diaz

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present40
 % of Attendance (02/29/24).....41.2%

Birthday Celebrants for the Month of March 2024

Wedding Anniversaries for the Month of March 2024

Guest and Visiting Rotarians

2. Jerry Quibilan, Host: PP Peter Javier
3. PP Aaron Miravalles. RC Pasig South
4. Emmanuel Soliman, RC Alabang Madrigal Business Park
5. Jerry Bautista, RC Alabang madrigal Business Park
6. Erica Masing, RC Alabang Madrigal Business Park
7. Marlon Pedrera, RC Alabang Madrigal Business Park
8. Archie Manzano, RC Alabang Madrigal Business Park
9. Danny Carandang, RC Alabang Madrigal Business Park
10. PCPL Christian Almeniana, Police Officer PNP
11. PCPT Resel E. Guevarra, Police Officer PNP
12. John Catindig, IBG

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS	
PETER JAVIER Editor in Chief ROEHL FONTANILLA	ADOLF ARAN From the President	JOHN JAVIER Secretary's Desk
ANSON TAN Club Bulletin Admin.	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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