

Rotary
Club of Pasig



CREATE HOPE
in the WORLD

11 JANUARY 2024
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



DR. CIELO MAGNO
GUEST SPEAKER

Today's Programme

**Valle Verde Country Club
January 11, 2024, 12:00Noon
Pangkat 1 Leader Dir. IPP Bong Paloma**

Call to Order	Pres. Adolf Aran
Invocation	Rtn. Noel Go
National Anthem	Rtn. Noel Go
FOUR-WAY TEST	Rtn. Richie Pua
Introduction of Visiting Rotarians & Guests	Rtn. Richie Defensor
Community Singing	Pangkat 1
Wise or Otherwise	
Fining Moments	PP Conrad Cuesta
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Rtn. Dante Lardizabal

DR. CIELO MAGNO

Topic: 3 Important Measures to Fix the Philippine Economy

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

IPP Bong Paloma

Emcee

*** JANUARY AWARENESS MONTH ***



Invocation



Heavenly Father,

As we welcome the New Year, may we ask you to bless us, our loved ones, and the people we serve. We do not ask for peace, but grant us the strength and resolve to work for peace among our brethren. We do not ask for prosperity, grant us the gift of wisdom that we may learn how to be prosperous and share our blessings with others. And we do not ask to be loved, but help us to love others above ourselves. All these we ask through Christ Our Lord. Amen.

From: Rtn. Fr. Kell Ortega

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



HERE COMES THE SUN

by: The Beatles

Here comes the sun, doo-doo-doo-doo

Here comes the sun, and I say

It's alright

Little darlin', it's been a long, cold, lonely winter

Little darlin', it feels like years since it's been here

Here comes the sun, doo-doo-doo-doo

Here comes the sun, and I say

It's alright

Little darlin', the smile's returning to their faces

Little darlin', it seems like years since it's been here

Here comes the sun

Here comes the sun, and I say

It's alright

Sun, sun, sun, here it comes

Sun, sun, sun, here it comes

Sun, sun, sun, here it comes

Sun, sun, sun, here it comes

Sun, sun, sun, here it comes

Little darlin', I feel that ice is slowly melting

Song of the Day

Continuation 1.



Little darlin', it seems like years since it's been clear
Here comes the sun, doo-doo-doo-doo
Here comes the sun, and I say
It's alright

Here comes the sun, doo-doo-doo-doo
Here comes the sun
It's alright
It's alright

From the President

Pres. Adolf Aran



Happy new year, RC Pasig!

After almost a month of no club meetings, and after the series of Pasko ng Pag-Asa service projects for the communities that we serve (Ilugin Community Center, Rizal High School, Pamantasan ng Lungsod ng Pasig, GK Village and Rizal Medical Center), we face 2024 with a renewed spirit, a recharged body, and a hopeful disposition.

Six months have passed, filled with both triumphs and challenges, service with fellowship, peppered with insightful and distinguished speakers during our weekly club meetings. We even had our Joint club meeting with Zone 6 Hope Creating Presidents, with our very own Pasig City Mayor Vico Sotto.

My favorites were the tribute we gave to Doc Totoy Bartolome to celebrate his 97th birthday and our out of town trip to Pililla, Rizal to celebrate the Charter Member and Past President Peping Mabanta's 95th birthday. What was your favorite in 2023?

Sadly, a few days before Christmas, coincidentally Charter Member and Past President Esto Lichauco's birthday, he joined Our Creator and we lost a dear Rotarian and a great leader.

As we celebrate our 53rd anniversary next week, and we look forward to an exciting six months of this Rotary Year, we are reminded of our club goals and our personal commitment (the

From the President

Pres. Adolf Aran

Continuation 1.

one we took when we uttered the words during our induction oath) to the club. Let's compliment our good intentions with prompt and genuine action. Service above self. I know that, with this renewed commitment, the best is yet to come.

Have a hope-filled 2024, RC Pasig!

Rotary Notes

PP Benny P. De Guzman



Luckily, Pres Adolf gave us a longer Christmas break with an extension of sorts when he did not start the year last week. With a longer vacation, it sounds like a good idea to give up this column since for decades I have been at it. With so many our activities for the closing of a very fruitful year, looking at our irreverent club, we must see to it that our irreverence will not get out of hand.

With a 100 membership, paying our last respects to a past president and charter member at that, was truly appalling and wanting. In the necrological slot, well texted to our members, only 10% of the members came. When the daughter told me, Tito when dad was your president, konti pa lang kayo, mas konti ngayon? One of the better presidents, our fifth, Esto died a week before his birthday. He was kind even in death as he wanted his family and others the needed time to celebrate if he died on his birthday. Esto was born 25th December. I call him and spouse Maur the Holy Couple. Repetitively, Maur's birthday is 8th September.

P.E. Dodie is now I.P. And it is about time we call him Dodie as the other Bernard in the club must remain Bernard.

Next week we are to celebrate our 53rd charter anniversary. Not in alphabetical order but to my recollection, the charter members were 1. Gus de Leon 2. Doding Carlos 3. PP Kati de los Reyes 4. PP Julito Francia 5. Johnny Alban 6. PP Teddy Yabut 7. Tony Taylor 8. Ed Soler 9. Pepe Sian 10. PP Bobbit Sanchez 11. PP Romy Manuel 12. PP Tom Portillo 13. Andoy

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Cruz 14. Charlie Ambrosio 15. PDG Mike Ampil 16. CP Totoy Angeles 17. Alfonso Que 18. Glicerio Bustamante 19. Wency Cruz 20. Joe Gatchalian 21. Henry Go 22. Emil Hernando 23. PVP Benny Hernando 24. Jun Berba 25. PP Esto Lichauco 26. PP Arjan Ramnani 27. PP Peping Mabanta. Who the 28th and 29th members were, I cannot recall. I wonder if one was Rod Reyes. Even Ayc Santos came immediately after the induction. Jun Berba sponsored PRID Raffy. I joined early 1972 long before martial law was to be enforced in our land. To my recall, only PP Kati and the former president of Unilab, Joe Gatchalian are alive of those no longer members,. Of our remaining 3 charter members, one bade goodbye last December. So we now have PPs Arjan and Peping still our members.

The Rotary Club of Pasig must strengthen our participation in club activities and in attendance especially the weekly meetings. The strength of Rotary is in its vaunted fellowship. How can you have fellowship is attendance is wanting.

On our annversay next week, may there be some good efforts to invite past presidents to attend and review why they must come back,

To others avoiding our meetings, be like PP Ner, religiously attending once every other week.

Walking the Avenues

PP Jun C. Zafra



PRESIDENTIAL MESSAGE



R. Gordon R. McNally
President 2023-24
JANUARY

In difficult times like these, it's impossible to avoid feeling heartbroken over the devastation and loss of life caused by war and destruction.

Rotary always stands against harming and displacing civilian populations and using armed aggression instead of pursuing peaceful solutions. We advocate for the observance and respect of international law. We believe in strong action to defend and promote peace, even in the darkest of times.

But we also take our position as an international, nonpolitical, nonreligious organization seriously. To respect the global perspectives and experiences of our members, and to work most effectively in our peacebuilding efforts, we do not choose sides in conflicts.

Rotary is made up of 1.4 million people in communities all over the globe who are united in our commitment to building a peaceful world. We strive to ensure that our words and actions prioritize the health and safety of our global membership and the communities where we live and serve.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

Our members seek to offer humanitarian assistance to those affected by conflict, and our global reach requires that we promote peacebuilding and conflict prevention with cross-cultural, cross-border connections and friendship through Rotary.

For decades, Rotary has harnessed these connections to carry out service projects, support peace fellowships and scholarships, and establish programs like Rotary Peace Centers to help build lasting peace. Our members also take action to promote Positive Peace, addressing the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Rotary members who wish to wage peace can use district grants and Rotary Foundation global grants to support projects with other Rotary members that help refugees and displaced people, provide medical support, and more worldwide. Members can also work with or join peace-focused Rotary Action Groups, Friendship Exchanges, Fellowships, and intercountry committees. And District Designated Funds or district cash can support our peacebuilding and conflict prevention efforts.

Members and nonmembers alike can learn more about peacebuilding through the Rotary Positive Peace Academy, a free online course available to anyone with an internet connection. You can find it at positivepeace.academy/rotary.

There is no denying that incidents of violence and atrocities

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

being perpetuated around the world seem to be escalating. Global peace is fragile, and the stakes are getting higher.

Still, we know that it is possible to bring all people together to work toward a shared goal. Rotary members do so every day in every part of the world. May our ability to unify in common purpose be a spark that helps light the path out of these dark days.

Together, let's Create Hope in the World.

Our Guest Speaker



Dr. Cielo Magno

Dr. Cielo Magno is an Associate Professor in the University of the Philippines' School of Economics. She has more than twenty five years of experience in research and policy work with the public and the private sector including local and international agencies. Her research work and interests focus on public finance, institutional economics, environmental economics, and industry regulations.

Dr. Magno has broad experience working with governments, the private sector, and the civil society. She was a member of the international board of the Extractive Industries Transparency Initiative (EITI) and an advisory committee member of the CONNEX Global Initiative. She was the national coordinator of Bantay Kita. She also sat on the board of various civil society organizations.

Dr. Magno also served as Undersecretary at the Department of Finance (DOF). She oversees the Fiscal Policy and Monitoring Group which is responsible for recommending fiscal policies, formulating tax reform proposals as well as forecasting and programming national government revenues. She was also responsible for implementing the EITI in the Philippines and

Our Guest Speaker

Continuation 1.

chaired the technical committee of the Fiscal Incentives Review Board and the Inter-Agency Investment Promotion Coordination Committee (IIPCC).

She completed her Masters degree in Economics from the University of the Philippines School of Economics and a PhD in Law and Public Policy from Northeastern University in Boston, Massachusetts as a Fulbright scholar.

Tinig Tidbits

By: PP Peter M. Javier



SOME MORE AMAZING FACTS ABOUT THE HUMAN BODY

1. Nerve impulses can travel as fast as 170 miles per hour.
2. Your brain is more active at night.
3. The average person loses between 60 and 100 strands of hair each day.
4. A human hair can support 3.5 ounces.
5. Three hundred million of your body's cells die every minute.
6. Blonde people have more hair.
7. 300 billion new cells are created each day.
8. Your body contains enough iron to make a 3-inch nail.
9. Blood type 'O' is the most common blood type in the world.
10. Tears and mucus contain an enzyme called lysozyme which breaks down the cell wall of many kinds of bacteria.
11. On average, right-handed people live up to 9 years longer than lefties.
12. It is impossible to tickle yourself.
13. You create more earwax when you are afraid.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

14. The body heat you produce in half an hour is enough to boil half a gallon of water.
15. Lips are red due to a number of capillaries hidden under the skin.
16. Pound for pound, bone is actually stronger than steel.
17. You need to use 200 muscles to take a single step.
18. The only part of the body that can't repair itself is the tooth.
19. It takes 43 muscles to frown but only 17 to smile.
20. Babies have 300 bones while adults have only 206.

(from BabaMail)

Incoming President and his Board Directors RY 2024 - 2025



PE – Bernard Dy



PN – Roy Quejada



Rtn. Noel Go



PP John Javier



Rtn. Tet Mallare



Rtn. Jake Oh



Rtn. Gary Ona



IPP Bong Paloma



Rtn. Anson Tan



Rtn. Roland Vasquez



PP Jun Zafra

Glimpses of Our Last Meeting



HCP Adolf calls his 22nd meeting to order with Dir. Jake as emcee. PP Nick leads invocation.



Pambansang Awit is sung by PP Nick. PP Vic Lim recites Apat Na Urian Ng Rotaryo. Dir Jake introduces guests.



Reinforced Pangkat 6 sings Eleksyon Na Naman.

Glimpses of Our Last Meeting



PP Roy on Christmas meet with RHS Interactors & PLP Rotaractors. PP John on gift giving schedules. PP Benny on Christmas funds for Edgar & waiters.



Today's joker is PP Bert. Fining by PP Celso. It's president's time.



PE Dodie names nominees for incoming Board. PPs Celso & John both opines on Board constitution.

Glimpses of Our Last Meeting



Nominees are PP Jun, Rtn Roland, IPP Bong, Dir Tet, PP John, PN Roy & Rtn Gary.



HCP Adolf congratulates PE Dodie & his incoming Board.



HCP Adolf adjourns meeting then with PN Roy conducts raffle of Lartizan gift certificates.

Induction of New Member



HOF/PP Conrad handles charging of Joseph Gualberto & HCP Adolf administer oath of membership.



A congratulatory handshake from HCP Adolf & pinning by sponsor brod Rtn Jimmy.



Welcome handshakes from baby Rtn Aris & CM/PP Peping.

Necrological Services for CM/PP Esto Lichauco



CM/PP Esto's photo and urn.



Pasig Rotarians at mass.



HCP Adolf hands over Tinig photo of PP Esto to grandson.

Necrological Services for CM/PP Esto Lichauco



Granddaughter Maiki del Rosario welcomes Pasig Rotarians. Eulogies by HCP Adolf, PP Benny,



PP Vic & HOF/PP Conrad. Acknowledgement from daughter, Sara L. Smith.



HCP Adolf, PP Benny, HOF/PP Conrad, PRID Raffy, PPs Vic & Jun with the Lichaucos.

Pamaskong Handog at Rizal Medical Center



RCP's Santa Claus Rtn Flor gifting 108 patients with P1,000 each.



Getting ready to distribute the Christmas gifts.



Rtn Karl and Rtn JS giving out the gift check & goodies.

Pamaskong Handog at Rizal Medical Center



Helping out distribute are PP John, PE Dodie, Rtn Roman



and Rtn. Simon Tantoco



Thanks to the 15 Pasig Rotarians led by HCP Adolf & Spouse Leonor Basco.

Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Kicking Off 2024

We received gifts and our 13th-month pay last month, especially when we celebrated Christmas together with our families. We welcomed the new year 2024 last January 1 with all kinds of noises and fireworks. And I believe that most or some of us made our 2024 Resolutions to show that we are serious in changing ourselves for the better even one baby step a day. But have we forgotten something as we enter 2024?

In the Book of Numbers, the Lord ordered Moses and Aaron to bless the people of Israel for Him. Thus, He declared, “The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace (Num. 6:24-26).” Truly, the Lord blessed us, continues to bless us, and will truly bless us in the days to come. That something we should be thankful always and always remember. We, alone, cannot do all things without God. Only by His blessings, by His grace that we can truly live and survive in this place and time still full of hardships. Indeed, 2024 will be a challenging year especially this is the first year free from Covid-19 pandemic (and I hope there won’t be any of it) thus it will be start of a long period of recovery of all sorts for us all. We can only pray with trust in God that only by His grace, His blessings will truly help us throughout this year.

Thus, let’s kick off 2024 with our constant and steadfast prayers that God will truly bless us and keep us in His loving hands all throughout this year and the years to come.

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President	Adolfo “Adolf” D.J Aran, Jr.
Vice President/PE	Bernard “Bernard” C. Dy
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Damito “Demy” Magpantay
Auditor	Rtn. Joaquin “Jake” Oh
Sgt-at-Arms	Rtn. Peter Pancho

DIRECTOR:

Club Administration	Rtn. Anson Tan
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Peter Pancho
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roy Marvin Quejada
Ex-Officio	IPP Josefino “Bong” M. Paloma

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

1. IPP Bong Paloma - Leader

2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. Rtn. Gene Menor
12. Rtn Albert Mendiola
13. Rtn. Richie Pua
14. Rtn. Bien Sibug
15. Rtn. Aris Marfil
16. Rtn Simon Tantoco

PANGKAT NO. 2

1. PE. Bernard Dy - Leader

2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn. Jimmy Gualberto
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
11. PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

1. Dir. Tet Mallare – Leader

2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn. Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora
17. Jojo Estolano

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Joseph Gualberto

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn. Chito Bernardo
7. PP Nick Guzman
8. Rtn. Alex Lacson
9. PP Vic Lim
10. Rtn. Ike Ona
11. PP Ferd Rivera

12. Rtn. Ping Tan
13. Rtn. Stephen Valera
14. PP Celso Ylagan
15. Rtn Mike Dolar

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present32
% of Attendance (12/08/23).....33.6%

Birthday Celebrants for the Month of January 2024

Wedding Anniversaries for the Month of January 2024

Guest & Visiting Rotarians

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS	
PETER JAVIER Editor in Chief ROEHL FONTANILLA	ADOLF ARAN From the President	JOHN JAVIER Secretary's Desk
ANSON TAN Club Bulletin Admin.	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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