

Rotary
Club of Pasig



CREATE HOPE
in the WORLD

21 SEPTEMBER 2023
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



PP ACHILLES "TOTOY" G. BARTOLOME
Guest Speaker

Today's Programme

**Valle Verde Country Club
September 21, 2023, 12:00 Noon
Pangkat 3 Leader Dir. Jake Oh**

Call to Order	Pres. Adolf Aran
Invocation	Rtn Dante Lardizabal
National Anthem	Rtn Bernard Bobadilla
FOUR-WAY TEST	Rtn Flor de Pano
Introduction of Visiting Rotarians & Guests	Rtn Mads Bengua
Community Singing	Pangkat 3
Wise or Otherwise	
Fining Moments	PP Rene Bocaya
President's Time	Pres. Adolf Aran
Induction of New Member Charging Officer	SAG Ara Sarabia
Introduction of Guest Speaker	PP Peter Javier

PP Achilles "Totoy" G. Bartolome
GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

PP Garrick Ang
Emcee

**** SEPTEMBER IS BASIC EDUCATION
AND LITERACY MONTH ****



Invocation



Lord, fill our hearts with your love as morning fills the sky. We thank also for the gift of life for those who are celebrating their birthdays this month, especially Totoy who is celebrating his 97th birthday today. May you grant him good health, happiness, and more countless blessings to come from Your boundless generosity. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.—**Amen**

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



HAPPY BIRTHDAY PP TOTOTY

(Tune: My Bonnie Lies Over The Ocean)

Ninety-seventh birthday ni PP Tototy
Born siya nung Nineteen Twenty Six
Nung siya ay naging presidente
Senior citizen na rin siya.

Tototy, Tototy
Isa kang haligi ng RC Pasig
Tototy, Tototy
We wish you a Happy Birthday

Ninety-seventh birthday ni PP Tototy
Siya ay isang Pasigueno
Dalubhasang urologist si Tototy
Sa golf ay magaling din siya

Tototy, Tototy
Is kang haligi ng RC Pasig
Tototy, Tototy
We wish you a Happy Birthday

(Lyrics adaptation by PP Peter)

From the President

Pres. Adolf Aran



Today, we honor our Past President, Doctor Achilles “Totoy” Bartolome. In 3 years, PP Totoy will be 100 years old. Every year, every day, for him, is a milestone, a blessing.

In Rotary Club of Pasig, we have been blessed since he joined us in 1975. He continues to be a beacon of commitment and dedication to the club, aside from being a respected professional in the medical field.

Thank you to PP Benny de Guzman’s suggestion last week, and the help of PP Peter Javier in gathering information and family and friends for today’s celebration.

We pay tribute to our Past President, a remarkable doctor and a true Rotarian who served above himself.

Maraming salamat, PP Doctor Totoy Bartolome!

P.S. Our RC Pasig project, Oktoberfest Party 2023, together with the District 3800, happening on October 7, Saturday, 6pm, at the Tent of MetroWalk, will release the tickets on September 24. Please get your share of tickets (P500 per ticket), spread the word, tell your friends in and around the district, and mark your calendar so that you won’t forget: 10.07.2023.

This project supports one of the thrusts in this Rotary Year, enhancing participant engagement. We hope you can help us achieve our fundraising and fantastic fellowship.

Together, let’s create hope in the world!

Rotary Notes

PP Benny P. De Guzman



There must always be a first. A first meeting honoring an active member as of today. Yesterday was PP Totoy Bartolome's 97th birthday. Totoy, our 19th president was always outstanding in his undertakings. He was a class A golfer and a retired urologist. To honor him, PRID Raffy donated a big lechon. PP Peping will watch if next month we can have the second one with him as honoree, not 97th but a meaningful 95th.

Our baby Rotarian John Henry is reaping awards and other recognition. In the just concluded convention of cosmetic surgeons, he had two major presentations plus he was acknowledged to be Trainer for the Aptos Procedure. His first major presentation was on Non Surgical Rhinoplasty Using Aptos Thread. The second was on Surgical on Lower & Upper Face Augmentation Using Radiation.

Whatever those terms mean. They can beautify even already beautiful faces. If you can see the magic, look at his self surgery? Very handsome? Siya gumawa noon. Talagang tall, fair and handsome. Kaya no need for surgery. God made.

Aside from having gifts of getting good looking ladies, Rtn Aris can be tapped for other talents. His many man made contests in a nice farm can be good for Rotarians under 50. Over 60, he can devise ways as well. For over 80s, we can be good spectators. Or judge in any contest. Can PP Ogie host ous in his farm for an overnight fellowship?

Former COA auditor, Ms. Heidi Mendoza was a big hit in the

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

club. Her nice song was a hit and her adjusting to the club's ways was worthy of mention.

Rtn Dante's appeal for his older brother sounded too pathetic but not well responded to as the timing was a little off. And our sound system is retireable?

Tinig welcomes the news of the dual major operations of super Rotarian Chony. Chony, many prayers are due to a very good you. He timed his operation immediately after his birthday. And after he received his recognition from a grateful UP.

Heidi Mendoza was able to visit our Rtn Rod in the USA while in the hospital? I could not relate when Rod was making a correction.

My BP has been erratic lately and making my column a lot harder. But to be like PRID Raffy with an apo sa tuhod is certainly a wonderful God's gift.

Walking the Avenues

PP Jun C. Zafra



A SOLAR ENERGY DIVIDE

Rotary and Habitat bring rooftop solar to low-income homeowners

The Habitat for Humanity home that Amber Cox moved into in 2020 not only provided a new, comfortable living situation for her and her son — it also helped keep the family's energy bills low.

That's because their duplex in Virginia's Shenandoah Valley came with a perk: rooftop solar panels, installed shortly after she moved in. The technology produces enough energy to greatly reduce her electric bill and create wiggle room in her budget. "It pretty much covers what would be my electric bill about three quarters of the year," Cox says.

Even in the wintertime, when the heat is running and sunlight is less abundant, she saves about \$40 a month. This, in turn, makes it easier for her to spend on activities for her 9-year-old son, like registration fees for the swim team or a weekend trip to the zoo. Among residents of affordable housing, she's one of the fortunate few with solar power.

While the cost of solar panels has plummeted, the technology has not reached everyone equally. Low-income families, which stand to benefit the most from the savings, are among those with the least access to renewable energy. Barriers include high upfront costs, difficulty accessing loans, and disqualification for tax credits.

Walking the Avenues

PP Jun C. Zafra

Continuation I.

Environmental justice advocates in the U.S. have pointed to the disparity as an example of how people of color, who often endure more pollution in their neighborhoods, higher rates of asthma, and some of the greatest impacts of climate change, are also shut off from climate solutions. The civil rights group NAACP is among those pressing for greater access to solar power in communities with large percentages of Black or Hispanic residents.

Through their service partnership, Rotary International and Habitat for Humanity International are trying to shrink that solar equity gap, an effort that can have a lasting impact on families and communities. Habitat is a global nonprofit that improves living conditions in more than 70 countries, including by removing hurdles to affordable, adequate housing for families.

"There's such a thing as energy poverty," explains Liz Henke, of the Rotary Club of East Chapel Hill, North Carolina. "The energy bill is such a high percentage of disposable income for low-income people. If you can help decrease that power bill, you can help interrupt that cycle of poverty. It means families can afford shoes, buy better quality food, and all that goes back into the economy."

Since 2020, Henke's club has helped the local Habitat affiliate raise more than \$330,000 for solar panels. She recruited a student intern who helped solicit the donation of 100 solar panels from Strata Clean Energy in Durham, North Carolina.

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

As a member of the Environmental Sustainability Rotary Action Group's Renewable Energy Task Force, Henke also helped produce a guidebook, with support from Habitat and Rotary, to advise other clubs in the U.S. how to make solar a reality for low-income homeowners in their locations. The ESRAG guide educates readers on the basics: Rooftop solar uses photovoltaic panels to convert sun rays to electricity, cutting the expense of drawing power from a utility. And power companies pay homeowners for energy that isn't used and is fed back into the grid, which can further offset monthly electric bills. The installation of a 5.4-kilowatt solar system can save a homeowner \$50 to \$150 a month in electricity costs. The guidebook also covers practical topics including tax credits and rebates, grants, fundraising, and donations of equipment, labor, and expertise.

Because of the high upfront investment, Habitat affiliates have had to navigate a patchwork of funding sources, which tend to shift and fluctuate over time, says Beth Wade, director of land acquisition and project development for Habitat of Cape Cod, Massachusetts. The partnership with Rotary could help, she says. "This [partnership] has the potential to stabilize funding because it may provide a new group and a new pool that we can go to when there aren't state funds," Wade says. "We live right in liberal Massachusetts, progressive Massachusetts. And even here, the funding ebbs and flows."

Already, there are Rotary/Habitat solar projects being pursued in places including upstate New York, Delaware, Minnesota,

Walking the Avenues

PP Jun C. Zafra

Continuation 3.

Virginia, Massachusetts, Georgia, North Carolina, Ontario, and Côte d'Ivoire, Henke says.

"It used to be, if you're going to put solar on a house, you really needed to be a tree-hugger, you needed to be willing to actually pay a premium for energy that was zero carbon," says John E.P. Morrison, executive director of NC Clean Future, an initiative that promotes clean energy, air, and water and land preservation in North Carolina. Today, once the system is in place, maintenance costs are minimal and the electricity is almost free — as long as you can pay for the system upfront, he adds.

The full cost of residential rooftop solar, including installation, dropped 64 percent between 2010 and 2022, according to the National Renewable Energy Laboratory, part of the Department of Energy. But many tax breaks helping bring down costs favor higher earners. Homeowners with lower incomes often don't pay enough in taxes to benefit from the rebates.

But a law approved last year allows non-taxpaying entities to get the same 30 percent rebate on solar installations as taxpayers, Henke says, so organizations like Habitat can direct the savings to the homeowners. It's a way to begin to bring equity to solar energy.

"We're significantly reducing the energy burden of these families. We're contributing to the generational wealth of these families," says Jeff Heie, director of GiveSolar, a nonprofit organization that helps other nonprofits and homeowners with lower incomes gain access to solar energy. Homeowners can

Walking the Avenues

PP Jun C. Zafra

Continuation 4.

save an estimated \$25,000 over the life of a solar system, he says.

Heie and others hope that putting solar on Habitat homes could have a ripple effect on the homebuilding industry, with more developers equipping homes with the technology. The Habitat project shows that if it can be done for low-income homeowners, anyone can do it, he says.

Because of the high upfront investment, Habitat affiliates have had to navigate a patchwork of funding sources, which tend to shift and fluctuate over time, says Beth Wade, director of land acquisition and project development for Habitat of Cape Cod, Massachusetts. The partnership with Rotary could help, she says. "This [partnership] has the potential to stabilize funding because it may provide a new group and a new pool that we can go to when there aren't state funds," Wade says. "We live right in liberal Massachusetts, progressive Massachusetts. And even here, the funding ebbs and flows."

Already, there are Rotary/Habitat solar projects being pursued in places including upstate New York, Delaware, Minnesota, Virginia, Massachusetts, Georgia, North Carolina, Ontario, and Côte d'Ivoire, Henke says.



Tinig Tidbits

By: PP Peter M. Javier



FASCINATING FACTS ABOUT THE FOOD WE EAT

Continuation.

- Did you know that Eskimos use refrigerators too? However, they use them to make sure their food doesn't freeze.
- Soft drinks are notoriously bad for you. They ruin your teeth, overload your system with sugar and are even linked to loss of bone density.
- In Brazil, peas are one of the most popular pizza toppings. In India, people eat pizza with ginger, in Pakistan with curry and the Japanese love it with seafood and mayo.
- 70% of the olive oil sold in the world is actually a blend of oils and olive oil is not even the main ingredient in many of them.
- Tea bags were invented by mistake. The first teabag was created to offer samples of tea to potential buyers.
- In the past, chocolate was considered to be such a rare luxury that it was used as a form of currency by wealthy Aztecs in South America.
- If you use soy sauce for cooking, you are probably getting too much sodium in your diet. Soy sauce is often packed full of salts which can damage your liver and raise your blood pressure level.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- Everyone knows that citrus fruits are an excellent source of vitamin C, but did you know that broccoli has double the amount of it than oranges?
- In a recent statistical study conducted in the United States, it was found that the average human consumes approximately 80 tons of food in their lifetime. For comparison, that is the weight of a battle-ready tank.
- In 2014, German researchers managed to create conditions similar to those in the Earth's core, compressing peanut butter into diamonds. While the diamonds were tiny and imperfect, it is still an impressive feat.
- If you want to improve your mood, try concentrating and thinking about your favorite food for a minute. They thought will cause your brain to release dopamine, a neurotransmitter that, amongst various functions, also controls your feeling of pleasure

(from BabaMail)

Glimpses of Our Last Meeting



Meeting is started by HCP Adolf with IPP Garrick as emcee. Rtn Mads leads invocation.



The Four-Way Test is recited by Rtn Bernard. Rtn Dante introduces guests.



Pangkat 3 singing Hey Dude, a retitled Beatles song.

Glimpses of Our Last Meeting



PP John on Oktoberfest sponsorships. PP Benny on 97th birthday of PP Totoy.

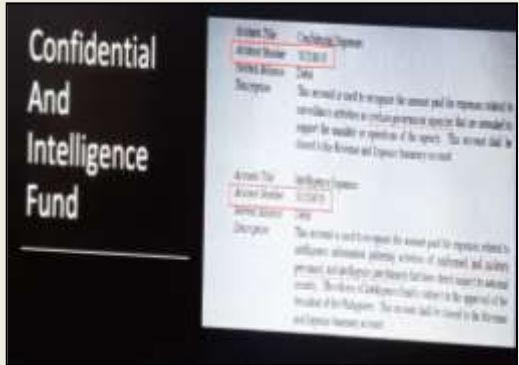


Dir Jake & PP Rene in a "tanong-sagot" jokes eliciting laughter from guest speaker.



It's fining time by HOF/PP Peter. It's HCP Adolf's time. He then introduces Ms. Heidi Mendoza, former Commission on Audit state auditor.

Glimpses of Our Last Meeting



Ms Mendoza talks on Confidential and Intelligence Funds,



their uses, accountability and funds' alarming growth and misplaced priorities.



Replying to questions on VP & DECS budgets from PPs Ferd and John.

Glimpses of Our Last Meeting



Also from PP Rene and Rtn Rod on business and government.



And from PP Henry and Dir Jake on auditing intelligence fund and hiding funds.



Rtn Roland & PRID Raffy expressing need to be in government service.

Glimpses of Our Last Meeting

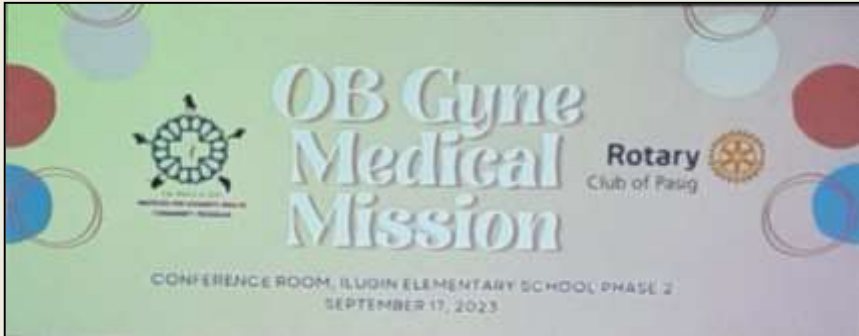


Photo with Pasig Rotarians and guests.



A bouquet of flowers and club's token for speaker before adjourning meeting.

OB-Gyne Medical Mission at Ilugin Elementary School



Waiting mothers. Screening time.



Messages from Dr Corazon Alfiler, Founder & Chair of KnKP, Rtn Cong Roman and HCP Adolf.

OB-Gyne Medical Mission at Ilugin Elementary School



Briefing by Dr Zarinah Gonzaga, Chair of Institute of Women's Care of TMC.



TMC facilities & team all ready.



HOF/PP Jess doing his round.

OB-Gyne Medical Mission at Ilugin Elementary School



Doing a prenatal ultrasound.



PP Rene handing over Pre Eclampsia kit to TMC team.



Dr Alfiler, Rtn Cong Roman. HCP Adolf & Dr Gonzaga with Ilugin Clinic staff.

OB-Gyne Medical Mission at Ilugin Elementary School



Nine Sunday do-gooders & a prospective member.



Pasig Rotarians led by HCP Adolf & TMC team led by Dr Alfiler.



Enjoying arroz caldo & tokwa't baboy after a busy Sunday morning.



Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

- 1. IPP Bong Paloma - Leader**
2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. PP Esto Lichauco
12. Rtn. Gene Menor
13. Rtn Albert Mendiola
14. Rtn. Richie Pua
15. Rtn. Bien Sibug
16. Rtn. Aris Marfil

PANGKAT NO. 2

- 1. PE. Bernard Dy - Leader**
2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn Gerard Estrada
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
- 11 PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

- 1. Dir. Jake Oh – Leader**
2. Dir. Tet Mallare – Co-L
3. PP Garrick Ang
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn . Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal
13. Rtn Nilo Ocampo

14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Rtn Jeffrey Sonora

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Dickson Berberabe
7. Rtn. Chito Bernardo
8. PP Nick Guzman
9. Rtn. Alex Lacson
10. PP Vic Lim
11. Rtn. Ike Ona
12. PP Ferd Rivera

13. Rtn. Ping Tan

14. Rtn. Stephen Valera

15. PP Celso Ylagan

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present40
% of Attendance (09/14/23).....42.1%

Birthday Celebrants for the Month of September 2023

Wedding Anniversaries for the Month of September 2023

Guest & Visiting Rotarians

1. PP Tom Thong, RC Shanghai, China
2. Lorenzo Formilles

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS	
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Website: www.rcpasig.org

Email : rcpasig@hotmail.com

Secretariat Office: Ylagan Law Office
 Unit 809, City & Land Mega Plaza
 ADB Avenue Corner Garnet Road
 Ortigas Center, Pasig City Tel. No. 635-2234
Edgar Manalang: **0927-9414528; rcpasig@hotmail.com**

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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CORPORATION**



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COMPUTER CORPORATION



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MEGA-RMG3 Building
667 Sgt. Bumatay Street, Barangay Plainview
Mandaluyong City, 1550, Metro Manila, Philippines
+63 2 532-3061 to 65 +63 2 532-3070 (fax)
inquire@megagroup.net www.megagroup.net

