



September 7, 2023

Today's Programme

Valle Verde Country Club September 7, 2023, 12:00 Noon Pangkat 2 Leader Dir. Jake Oh

Call to Order	Pres. Adolf Aran
Invocation	Rtn Nilo Ocampo
National Anthem	Dir. Jake Oh
FOUR-WAY TEST	Rtn JS Zamora
Introduction of Visiting Rotarians & Guests	Dir. Jake Oh
Community Singing	Pangkat 2
Wise or Otherwise	
Fining Moments	PP Peter Javier
President's Time	Pres. Adolf Aran

Introduction of Guest Speaker

Pres. Adolf Aran

MR. PATRICK MATEO Topic: Food Photography Made Easy GUEST SPEAKER

Open Forum Adjournment

Pres. Adolf Aran

Dir. Jake Oh Emcee

* SEPTEMBER IS BASIC EDUCATION AND LITERACY MONTH *



September 7, 2023

Invocation



God loving Father, we adore your mighty name. We glorify you for your untiring support and unconditional love for us though we are weak and sinner. Send forth your Divine spirit to inspire and enlighten each of us, so that everything we say and do today may please you through Christ our Lord. **Amen**



THE FOUR-WAY TEST

of the things we think, say or do:

- 1. Is it the TRUTH?
- 2. Is it **FAIR** to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First	:	The development of acquaintance as an opportunity for Service;
Second :		High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
Third :		The application of the ideal of service in each Rotarian's personal, business and community life;
Fourth :		The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Tinig Newsletter Song of the Day



September 7, 2023

Si MARENG SUPLADA (Tune: OB LADI OB LADA by the Beatles)

Raymond has a barrow in the marketplace Johnny is the singer in a band Raymond says to Johnny, "Boy, I like your face" And Johnny says this as he takes him by the hand

> Oh! Mareng Suplada Life goes on, bra La-la, how the life goes on Oh! Mareng Suplada Life goes on, bra La-la, how the life goes on

Raymond takes a trolley to the jeweler's store Buys a twenty carat golden ring [rin-ring] Takes it back to Johnny waiting at the door And as he gives it to him he begins to sing [sing]

> Oh! Mareng Suplada [la-la-la-la la-la-] Life goes on, bra [la-la la-la-la-laaa] La-la, how the life goes on Oh! Mareng Suplada [la-la-la-la la-la-] Life goes on, bra [la-la la-la-la-laaa] La-la, how the life goes on

In a couple of years They have built a home sweet home



September 7, 2023

Song of the Day

Continuation 1.



With a couple of birds flying in the yard Of Raymond and Johnny Jones [ha ha ho ho]

Happy ever after in the market place Raymond lets the chickens lend a hand Johnny stays at home and does his pretty face And in the evening he still sings it with the band

> Oh! Mareng Suplada Life goes on, bra La-la, how the life goes on

> Oh! Mareng Suplada Life goes on, bra La-la, how the life goes on

In a couple of years They have built a home sweet home [home] With a couple of birds flying in the yard Of Raymond and Johnny Jones [ha ha ha ho ho]

(HeeyAh!)

Happy ever after in the market place Johnny lets the chickens lend a hand Johnny stays at home and does his pretty face And in the evening he's a singer with the band

> (Yeah! shout out!) Oh! MARENG SUPLADA Life goes on, bra La-la, how the life goes on



Tinig Newsletter Song of the Day

Continuation 2.



Oh! Mareng Suplada Life goes on, bra La-la, how the life goes on [ha ha ha ha] IF YOU WANT SOME FUN! [ha ha ha ha ha ha ha] SI MA RENG SUP LADA! [ha ha ha ha ha ha ha! [ha ha ha ha]

Hoy! TAPOS NAAhh...!



Tinig Newsletter From the President

Pres. Adolf Aran



September 7, 2023

"The roof of joy is gratefulness." - David Steindl-Rast

I'm grateful to the members of the Rotary Club of Pasig. To those who shared their time, talent and treasure. To those who had the intention to serve and manifested the intent through action.

To those who exhibited volunteerism and gave meaning to #ServiceAboveSelf.

I'm grateful to the Hope Creating board of directors. We may not have agreed on many things; yet we have achieved some of our goals, having set aside our differences, our limitations, and sometimes, even our egos.

I'm grateful to the district officers, led by Governor Ronald Pope Solis. The affirmation that RC Pasig is on the right track, amid the backdrop of irreverence, as Governor Pope declared during his talk last week. And I'm grateful for the offer of support for the rest of the Rotary year.

The next 10 months, ushered in by the first "ber" month, will be something to be grateful for as we serve more, do more, while having more fun and fellowship.

Maraming salamat in advance.

P.S. Thank you in advance in making sure that our September and October events and projects will be successful.



September 7, 2023

From the President

Pres. Adolf Aran

Continuation 1.

Sept 14, Thursday, 12-2pm, Weekly Club meeting, Guest speaker: Ex COA commissioner Heidi Mendoza

Sept 17, Sunday, 8am-12nn, Bata, Bata, Paano Ka Ginawa? Medical mission with The Medical City, Ilugin Community Center

Sept 21, Thursday, 12-2pm, Weekly Club meeting, Guest Speaker: Baguio City Mayor Benjamin Magalong

October 7, Saturday, 5-10pm, District 3800 Oktoberfest Party 2023, The Tent, Metrowalk, Ortigas Center



September 7, 2023

Rotary Notes PP Benny P. De Guzman



Our Rotary District 101 seminar had only two of our club members who registered. They're Rtn Atty Rod and baby Rtn Aris. The others are presumed tutored by their sponsors. The rest are like many oldtimers drifting along.

Ang golf pinagnegosyohan? Why not? For a very good cause. Dapat this was offered to Pres Adolf for a joint project by IPP Bong. IPP Bong's golf tournament on 9th September at Valley Golf Club will have only four of our Rotarians playing. They are recent District Class A Champion Ben, PP Rel, Bernard and Roland. The fees to be collected will be matched by funds coming from Bong to again fund the 2 weeks Computer Technical Training for 3 barangays in Pasig City. These are Pinagbuhatan, Oranbo and Maybunga. The recipients are out of school youths but at least high school graduates. A total of 30 trainees at 10 per barangay will have free lunch and snacks and other training materials. Those who will excel after the training will be hired by AMTI, the outfit of Bong. Those who did not get the bench mark can use their new found skills to land jobs elsewhere. They will be in great demand nowadays. Bong can even pose with Bokap Rtn Richie and assure them of jobs in his outfit. It will be a subtle campaign for the reelection of Richie who will be getting better candidates for Bong.

Gov Pope did a wonderful job of pulling out of our regular Thursday meeting. But he certainly was cautious about the irreverent club that we pictured ourselves to be. It was seemingly an irreverent question when I asked why he was called Pope as there was nothing pious in his looks. Mukhang



Tinig Newsletter Rotary Notes

PP Benny P. De Guzman

September 7, 2023

Continuation 1.

naughty pa nga. The ones pious are his parents pala as they thought the world was ending the year Gov Pope was born kaya he was nicknamed Pope to save the family from harm.

PP Ner has been on a twice a month attendance basis and is quite consistent about it. There are many smaller clubs meeting every other week as well. I am not pushing for such. I met the other night a townmate of Ner who like me are decades old in Rotary. Ner, I and PP Ruben are in our 87th year separated only by days. He told me that his club that meets also every Thursday noon meet only twice month with the approval of the district and of course, RI.

The other Sunday, after the mass that ends at noon at Valle Verde Country Club, I asked the priest to give PP Peter and PPA Celia and I and Pura a special blessing. Peter and Celia celebrated their 56th wedding anniversary the day before while Pura and I were celebrating our 57th that day. From the many who greeted PRID Raffy and Lady Minda on their 5th a few days ago, kami pala were ahead of them by less than two weeks.

We will celebrate on our 60th. Sasabay na lang kami kina Raffy. He will host, I will invite.



Walking the Avenues PP Jun C. Zafra



PRESIDENTIAL MESSAGE



R. Gordon R. McInally President 2023-24 September 2023

The International Day of Peace takes place

Assembly declared this a day devoted to strengthening the ideals of peace through observing 24 hours of non-violence and cease-fire.

It is not enough, as People of Action, to simply avoid making war. If we are to Create Hope in the World, we must aggressively wage peace.

Where can we begin? There are countless armed conflicts around the world, and the global population of displaced people is higher than ever. The opportunities are nearly limitless, but the cycles of violence and hardship seem endless.

My advice is to start small but think big. I look to Rotary members in Pakistan and India for inspiration.

In March 2020, about 50 Rotary members from Pakistan met about 50 Rotary members from India at Kartarpur Sahib, a shrine in Pakistan. The sanctuary honors Guru Nanak, the founder of Sikhism, a religion practiced in both countries. Tensions between the two countries barred many religious pilgrims from India from visiting the shrine. That is, until Pakistan opened a visa-free pathway to them in 2019.



September 7, 2023

Walking the Avenues PP Jun C. Zafra *Continuation 1*.

Earlier this year, Rotary members from opposite sides of the border again met at the shrine, this time with about twice as many participants.

Any work toward building peace needs to be brave and bold. What these Rotary members have done is just that. The Pakistani government took an important step toward peace when it admitted Indian pilgrims to the Kartarpur Sahib shrine, but Pakistani Rotary members took the next step when they welcomed Rotary members from India as friends and family. That is Positive Peace at work.

These peacebuilders did not stop there. Club representatives at this year's meeting signed twin club certificates to recognize their long-term commitment to continue to learn from each other and to work together on more peacebuilding efforts, and they have held joint meetings via video chat.

The importance of communicating with and learning from another culture cannot be overstated, and Rotary is making it even easier to do so. One way of engaging in cross-cultural dialogue and building relationships across borders is through virtual international exchanges that build on our current programs and make them more accessible.

A virtual exchange uses online platforms to connect people from different parts of the world so they can share their traditions, priorities, values, and more. Virtual exchanges can serve as a window to another part of the world through activities such as teaching a digital cooking class, learning a new



September 7, 2023

Walking the Avenues PP Jun C. Zafra *Continuation 2*.

language, or even designing service projects with a global impact.

These online chats have the potential to inspire new connections and more respect between societies. Taking that knowledge and using it to better the lives of our fellow human beings is the next step.

Let's see where it takes us.



Our Guest Speaker

September 7, 2023



MR. PATRICK MATEO

An Industrial Design major turned photographer, Patrick has been shooting for more than 18 years doing commercial, corporate and editorial photography for both local and international clients. During this time, he has photographed many celebrities & personalities (which even included a direct descendant of Christopher Columbus), collaborated with the country's top culinary talents for both corporate (Hotels) & editorial (cookbook projects, some of these books were given international recognition) and numerous ad campaigns. His areas of expertise and interest include portraiture, food & product photography and documentary work. He is also a recipient of the 2003 Portrait Photographer of the Year Award by Kodak Professional Phils. & Association of Portrait Studios of the Philippines and Best Photo Documentary at the Asian Publishing Awards 2014 (a story on Philippine horse racing featured in Vault Magazine). When not busy shooting, he is always looking for some activity to stay active & fit such as surfing, cycling or tennis.



Tinig Newsletter Tinig Tidbits

By: PP Peter M. Javier





SOME MORE SURPRISING FACTS THAT ARE REAL

- There are so many varieties of apples that it would take over 20 years to taste them all if you ate one every day.
- Coconut water can be used as an intravenous drip instead of saline.
- If the earth were the size of a grain of salt, the Sun would be the size of a tennis ball.
- The space suit for the Moon landing were made by a lingerie brand.
- The oldest known customer complaint was written on a clay tablet 4000 years ago in Mesopotamia.
- The very first game of basketball was played with a football.
- Rabbit vision is almost 360 degrees.
- 50% of people admit writing down tasks they have already done on their to-do list before satisfyingly crossing them off.
- An octopus actually has 6 arms and 2 legs, not 8 legs.
- Some ant species developed agriculture millions of years before we did, and live on mushrooms that they cultivate themselves.



Tinig Newsletter Tinig Tidbits

September 7, 2023

By: PP Peter M. Javier

Continuation 1.

- Sea otters have pockets in their skin where they keep food and rocks for crushing seashells.
- A teaspoon of honey is the life work of 12 bees.
- There is a special word for cider made of pears as opposed to apples, and it's called perry.
- Wood frogs can hold their urine for up to 8 months.
- The famous musical "West Side Story" was originally called "East Side Story".
- The most overdue library book was returned 288 years late, imagine the late fee they paid!
- In Japan, Ronald McDonald is called Donald McDonald due to a lack of clear "r" sound in the Japanese pronunciation.
- The official scientific name of the lowland gorilla is Gorilla gorilla gorilla.
- Humans are the only animal in the world to blush or feel embarrassment how embarrassing!

(from BabaMail)



September 7, 2023

Glimpses of Our Last Meeting



HCP Adolf calls meeting to order with PP/Sec John as emcee. Dir Tet leads invocation and...



singing of Pambasang Awit. Dir Roy recites The Four-Way Test.



PP Jun introduces D3800 officers with DG Pope Solis for DG's visit. 17.



September 7, 2023

Glimpses of Our Last Meeting



HCP Adolf's team singing "Pasig Rotarians".



PP Jun on various awards received during TRF Appreciation Dinner.



PP/Sec John on forthcoming Rotary 101 & TRF seminars. A lengthy joke from PP Bert. IPP Bong is finemaster.



September 7, 2023

Glimpses of Our Last Meeting



It's president's time. PP/Sec John introduces Ronald "Pope" Solis, DG of D3800.



"DG Pope compliments club on its worthy projects and talks on RI protocols vis-a-vis club's irreverent posturings".



Explaining to an inquisitive PP Benny and all why his nickname is Pope. **19.**



September 7, 2023

Glimpses of Our Last Meeting



A toast to DG Pope Solis!



A handshake of thanks to DG Pope by HCP Adolf who thereafter adjourns meeting.



Group photo with DG Pope & his team. **20.**



September 7, 2023

RCP Officers and Director Governor's Visit meeting with DG Pope Solis



PP/Sec John reporting on club's programs and projects.



Group photo of HCP Adolf and DG Pope Solis and their respective teams.



September 7, 2023

Luxid Rotary Micro Finance & Credit Coop. Seminar



Luxid-Rotary Credit Cooperative seminar at Bgy Oranbo Hall.



Prospective coop members being briefed by HOF/PP Conrad.



Rtn Kap Richie hosts a lunch after seminar. **22.**



September 7, 2023

The Rotary Foundation Recognition RY 2022-2023



D3800's TRF Appreciation Dinner hosted by IPDG Bobby Tanyag.



PRID & AKS Raffy & Spouse Minda receiving their Plaque of Recognition.



PP Jun receives RC Pasig's Plaque of Recognition. 23.



September 7, 2023

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President Vice President/PE Club Secretary Treasurer Auditor Sgt-at-Arms Adolfo "Adolf" D.J Aran, Jr. Bernard "Bernard" C. Dy PP Peter John "John" U. Javier Rtn. Damito "Demy" Magpantay Rtn. Joaquin "Jake" Oh Rtn. Peter Pancho

DIRECTOR: Club Administration Membership Public Relations Service Community The Rotary Foundation Youth Service Ex-Officio

Rtn. Anson Tan Rtn. Bernard "Bernard" C. Dy Rtn. Peter Pancho Rtn. Saturnino "Tet" G. Mallare III PP Marcelo "Jun" C. Zafra, Jr. Rtn. Roy Marvin Quejada IPP Josefino "Bong" M. Paloma



September 7, 2023

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

- 1. IPP Bong Paloma Leader
- 2. Dir. Demy Magpantay Co-L 2. Dir. Peter Pancho- Co-L
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- 5. PP Conrad Cuesta
- 6. Rtn Roehl Fontanilla
- 7. Rtn. Richie Defensor
- 8. Rtn Noel Go
- 9. PP Dodot Jaworski
- 10. Rtn Sammy Lazo
- 11. PP Esto Lichauco
- 12. Rtn. Gene Menor
- 13. Rtn Albert Mendiola
- 14. Rtn. Richie Pua
- 15. Rtn. Bien Sibug
- 16. Rtn. Aris Marfil

PANGKAT NO. 3

1. Dir. Jake Oh – Leader

- 2. Dir. Tet Mallare Co-L
- 3. PP Garrick Ang
- 4. Rtn Mads Bengua
- 5. Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7. Rtn Flor de Pano
- 8. Rtn . Carlo Doce
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11. PP Peter Javier
- 12. Rtn. Dante Lardizabal
- 13. Rtn Nilo Ocampo

PANGKAT NO. 2

- Leader 1. PE. Bernard Dy - Leader

- 3. Rtn Ato Basco
 - 4. Rtn. Henry Claravall
 - 5. PP Topax Colayco
 - 6. PP Benny de Guzman
 - 7. Rtn Gerard Estrada
 - 8. PRID Raffy Garcia III
 - 9. Rtn. Chony Gimenez
 - 10. Rtn. Edison Go
 - 11 PP Ner Laino
 - 12. Rtn. Rod Moreno
 - 13. Rtn Fr. Kell Ortega
 - 14. Rtn Roman Romulo
 - 15. Rtn Nicky Ty
 - 16. PP Henry Uy
 - 14. PP Arjan Ramnani
 - 15. Rtn. Philip Yoon
 - 16. Rtn. JS Zamora



September 7, 2023

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. PP Jun Zafra Leader
- 2. Rtn. Gary Ona-Co L
- 3. PP Bert Albano
- 4. Rtn Richard Berganos
- 5. Rtn Pal Bolivar
- 6. PP Toti Buhain
- 7. Rtn. Karl Contreras
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. PP Hermie Orbe
- 14. Rtn Dekdek Paloma
- 15. Rtn Rudy Sanguyo
- 16. Rtn Jeffrey Sonora

PANGKAT NO. 6

- 1. Dir. Anson Tan Leader
- 2. Pres. Adolf Aran Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Dickson Berberabe
- 7. Rtn. Chito Bernardo
- 8. PP Nick Guzman
- 9. Rtn. Alex Lacson
- 10. PP Vic Lim
- 11. Rtn. Ike Ona
- 12. PP Ferd Rivera

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Bebert Lacuna
- 12. Rtn Fr. Jojo Opinio
- 13. Rtn Bart Ronquillo
- 14. Rtn Jecko Santos
- 15. Rtn Vico Sotto
- 16. Rtn. Roland Vasquez
 - 13. Rtn. Ping Tan
 - 14. Rtn. Stephen Valera
 - 15. PP Celso Ylagan



Tinig Newsletter From the Secretary's Desk

Sec. PP John Javier

Attondance

September 7, 2023



Attenuance	
Members Present	.34
% of Attendance (09/01/23)	.35.7%

Birthday Celebrants for the Month of September 2023

Wedding Anniversaries for the Month of September 2023

Guest & Visiting Rotarians

- 1. PP Tom Thong, RC Shanghai, China
- 2. DG Pope Solis, RC Marikina West
- 3. Sp Michael Solis
- 4. DS Armi Quibael, RC Pasig East
- 5. Boyet Sacro, RC Marikina West, Chief of Staff
- 6. PP Dhon Palillo, RC Angono
- 7. SAG Arabel Sarabia, RC Pasig Sunrise
- 8. AG Ric Tan, RC Pasig Sunrise
- 9. DRFC/ PDG Nelson Aspe, RC Wack wack



September 7, 2023

Editorial Staff

TINIG STAFF RY 2023-2024

PETER JAVIER Editor in Chief ROEHL FONTANILLA

ANSON TAN

Club Bulletin Admin.

FEATURE WRITERS

ADOLF ARAN From the President

> **BENJAMIN P. DE GUZMAN** Rotary Notes

Rotary Notes

PETER M. JAVIER Tinig Tidbits **JOHN JAVIER** Secretary's Desk

JUN C. ZAFRA, JR. Walking the Avenues

RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____

Date:

