

26 OCTOBER 2023 Rotary Year 2023-2024

TING

The Official Newsletter of the Rotary Club of Pasig



MEMORIAL DAY MASS



October 26, 2023

Today's Programme

Valle Verde Country Club October 26, 2023, 12:00 Noon Pangkat 4 Leader Dir. PP Jun Zafra

Call to Order Pres. Adolf Aran

Invocation Rtn Pal Bolivar

National Anthem Rtn Richard Berganos

FOUR-WAY TEST Rtn Dekdek Paloma

Introduction of

Visiting Rotarians & Guests PP Ogie Lim

Community Singing Pangkat 4

Wise or Otherwise

Fining Moments PP Bert Albano

President's Time Pres. Adolf Aran

IPP. FR. RODEL ENRIQUEZ (Rotary Club of Pasig South) MEMORIAL DAY MASS

Open Forum Adjournment

Pres. Adolf Aran

PP RJ Ermita Emcee

* OCTOBER IS ECONOMIC AND COMMUNITY DEVELOPMENT MONTH *

October 26, 2023

Invocation



Heavenly Father, as we remember our fellow members and colleagues who have gone ahead us, we thank you for the grace of their selfless lives they've shown while they were with us. May You bless them as they now enjoy Your Presence, help us keep our memories with them alive always in our hearts, and be always with the families and close friends they have left behind. This we ask through Christ our Lord. **Amen.**

October 26, 2023

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

- 1. Iyon ba ang KATOTOHANAN?
- 2. Iyon ba ay MAKATARUNGAN para sa lahat ng Kina-uukulan?
- 3. Iyon ba ay lilikha ng MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAG-KAIBIGAN?
- **4.** Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kina-uukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay "PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT at lalo't higit pasiglahin at ipunla:

- 1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
- 2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa't Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
- 3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa't Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
- 4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pangdaigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.



October 26, 2023

Song of the Day



NEVER ON MY ROTARY DAY

Oh, you can meet me on a Monday,
A Monday, a Monday is very very good.
Oh, you can meet me on a Tuesday,
A Tuesday, a Tuesday in fact I wish you would.
Or you can meet me on a Wednesday, a Friday,
A Saturday and Sunday is the best
But never, never on a Thursday, a Thursday
A Thursday 'cause that's my Rotary day

Refrain:

Most any day, you can be my guest, Any day you say but my Rotary day. Just name the day that you like the best, Only stay away on my Rotary day.

Oh, you can meet me on a cool day,
A hot day, a wet day, whichever one you choose.
Or try to meet me on a gray day,
A May day, a pay day, and see if I'll refuse.
And if you make it on a bleak day,
A freak day, a week day, then you can be my guest.
But never, never on a Thursday, a Thursday,
A Thursday 'cause that's my Rotary day.

(Repeat Refrain)

(Lyrics adaptation by PP Peter)



October 26, 2023

From the President

Pres. Adolf Aran



"Do not stand at my grave and weep
I am not there. I do not sleep.
I am a thousand winds that blow.
I am the diamond glints on snow.
I am the sunlight on ripened grain.
I am the gentle autumn rain.
When you awaken in the morning's hush
I am the swift uplifting rush
Of quiet birds in circled flight.
I am the soft stars that shine at night.
Do not stand at my grave and cry;
I am not there. I did not die."
by Mary Elizabeth Frye

Today, we remember our loved ones, especially our fellow Rotarians who joined our Creator ahead of us. A special mass, a breaking of bread with spouses and a fellowship gathering among Rotarians. These are some of the things that we can do for them, as our tribute to the lives of 92 Rotarians.

A special thank you to Director Anson Tan and his Admin team for the video, to Fr Rodel Enriquez for celebrating the Memorial Day mass, and to all spouses who are with us on this special day.

Let's continue to bring more hope in the world.



Rotary Notes PP Benny P. De Guzman



The Memorial Day mass is to be revived today with plenty of enthusiasm as we honor 93 Rotarians and at least 35 spouses and 5 children. Last week we named 92 Rotarians but we are adding Joe Castro to make it 93. The 35 spouses or Anns are Delia Raymundo Angeles, Tove Floro Basilio, Zorayda Bustamante, Mely Castillo, Baby Catli, Millete Castro, Patsy Concepcion, Cecile Cruz, Tessie de Guzman, Pacita de Guzman, Pacing de los Reyes, Dolly Francia, Fely Francisco, Chitang Fuentes, Myrna Gamboa, Linda Germar, Belen Guevara, Mila Jose, Emma Jota, Ruby Alberto, Sawtri Sehwani, Tita Kosca, Ditas Lerma, Tessie Limgenco, Conching Maranan, Fe Ona, Leonor Pascual, Dette Paterno, Connie Ramirez, Lita Samson, Helen San Juan, Brenna Bocayo, Lolit Sanchez, Jo Sarmiento and Chary Zarate. I think the spouses of Rading Dumlao, Jo and Emil Herrera, Chabeng should be in the list. The children of Rotarians are Marcos Mabanta, Eppie de los Reyes, Joey Dumlao, Jamito Paterno and Jacqui Portillo.

The oldest amongst us, Totoy who we honored with the First Rotarian Day is with us today.

PRID Raffy was disturbed that our club failed to attend the induction of officers of our daughter club, the Rotary Club of Valenzuela Sunrise. HCP Adolf claimed he was able to express his not coming as it was an RSVP affair. But an induction with a formal invitation needs at least some Board members or PPs to show up especially a daughter club. Only he and PP John were there.



October 26, 2023

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

More than 30 years ago, a Shell dealer in Shaw Blvd., Amang Jose was an active member. I did not see him after his return of classification. He is a text mate of PP Peter. But I decided for old times sake to have coffee with him. He brought a nice small membership album the size of 2 cellphones with pictures of Rotarians and spouses and personal details of each member We went through it page by page of those who have gone and their spouses too. We can revive that project and it will be easy to add every time there is new inductee.

Baby Rotarian Kap Richie is the topnotcher for this RY in sponsoring new members. Not only is he ahead but he is always bringing in prospective members.

Birthday boy last week, ex-DND Usec Nesty Carolina is like our super Rotarian Chony on no shows in our meeting. There are also a handful of others in that list.

Super Rotarian Flor who made ex-Gov Grace Padaca a Paul Harris Fellow was not around at last week's meeting where she was again our guest of honor and speaker to talk about polio and good governance. The club honored her by giving her long overdue PHF pin and by giving her a birthday cake for her forthcoming birthday. She can be an inspiring speaker as she arose from her polio ailment to be one of the best governor of her province and to achieve recognition in many other fields outside of her being a CPA and graduating with magna cum laude honors. HCP Adolf further honored her with an appointment at National University.



Walking the Avenues

PP Jun C. Zafra



ROTARY STATEMENT ON THE CONFLICT IN ISRAEL AND GAZA

Recognizing there has been protracted suffering in the long history of conflict between Israel and Palestinians in Gaza, Rotary International urges all parties to seek avenues to peace.

At the same time, we unequivocally condemn the horrific attack by Hamas on Israeli civilians and are appalled at the number of people who have been injured, killed, and kidnapped.

As the war between Israel and Hamas intensifies, we remain deeply concerned about the potential for further escalation as well as the loss of life and the humanitarian crisis that is occurring in Gaza. We denounce the violence against innocent civilians and support upholding international humanitarian law.

Peacebuilding is both a cornerstone of Rotary's mission and one of our areas of focus. At our core, Rotary is a common ground for people to come together – across nationalities and religions, cultures and histories – and connect around their shared belief in a better tomorrow. That connection is what humanizes us in times of conflict and builds a foundation for lasting peace.

Rotary remains committed to working with our members, partners, and communities to find long-term, sustainable solutions that support peace and development in the region and elsewhere.



October 26, 2023

Tinig Tidbits

By: PP Peter M. Javier



BIOLOGICAL DIFFERENCES BETWEEN MALES & FEMALES

- Most of the babies that are born with defects and disabilities are male. Females with defects have a spare copy of their x chromosome.
- Males usually have larger veins than females.
- Autism is four times more common in males than females.
- Generally speaking, females have vertical foreheads, whereas males have sloped foreheads.
- The fat in males is deposited between their organs. With females, fat forms around the abdomen in a ring shape. Liposuction is therefore easier to perform on females. And you can usually determine gender from an MRI scan.
- Males actually have longer eyelashes than females.
- On average, a man's longest finger is his middle one. Women usually have longer index fingers.
- Mitochondrial disease can only be passed to offspring by the female.
- Males can be anything from three to ten times more likely to stutter and stammer than females
- As they age, men tend to get worse at hearing high-pitched sounds. Women get worse at hearing low-pitched sounds.

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Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- Females do much better at distinguishing between shades of colors than men do.
- In females, blood flow is concentrated around the pelvic region, as well as in vital organs. In males, the blood flow is spread more evenly. That's why women get colder extremities than men.
- Males and females process thinks like alcohol at different rates because our livers differ in about 1,000 genes.

(from BabaMail)



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HCP Adolf starts the meeting with PP Ogie as emcee. Rtn Karl leads invocation.







Pambansang Awit is sung by Rtn Rudy. PP Jun recites Apat Na Urian Ng Rotaryo. PP Toti introduces guests.



Pangkat 4 sings It's The 4-Way Test







PP John on Takbo Kontra Polio. PP Benny on Memorial Day next meeting. Fining is done by PP Ramy.





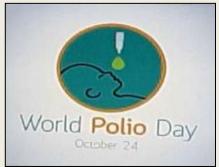
It's HCP Adolf's time. A cake for her forthcoming birthday.





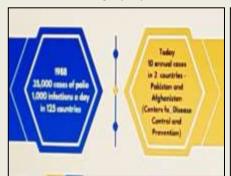


Rtn Gary introduces Ms Maria Gracia Cielo Padaca, polio survivor & advocate of good governance & ethical leadership.





The Ramon Magsaysay awardee talks of fighting for what is right & just,





power as good if used well, good governance and for polio drive,





appeal to go beyond vaccination by helping survivors in livelihood & education.



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Sponsored years ago by Rtn Flor, she finally receives her Paul Harris Fellow pin.







Replying to HCP Adolf on mental health issues & to PP Conrad on reaching out to Pasig PWDs.







Commenting on remarks from Jerry Quibilan & PRID Raffy.



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Replying to Dir Jake on bullying & Rtn Kap Richie on employing PWDs.





A bouquet & club's token from HCP Adolf who then adjourns meeting.



A group photo with Pasig Rotarians & guests.



October 26, 2023

Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Good Investment

Even if we're still recovering economically from the Covid-19 pandemic, the word "investment" is not a bad word or even a bad topic to talk about. In fact, this may be even a catchy word now that we are living in a post-pandemic period. When we talk about investments (or how to make our money grow), we may talk about putting our money in bonds, mutual funds, stock market, cooperatives, and real estate investment funds. It's good to talk about financial investment. But as spiritual creatures, we must also talk about spiritual investment. Mt 22:15-21 speaks about it clearly.

Mt. 22:15-21 is all about the Parable of the Rich Man. In this parable, the rich man thought that by building a large barn to gather and store all his goods would make him remain rich for the rest of his life. But God reproached his foolish worldly pride by declaring that his life will end and he could not take his treasures in the afterlife. Dear folks, it's not a sin to acquire wealth or money as long as we live within our given capacities and means. But more importantly, we must be aware that there's a greater investment we must aim, one that we can gain its bigger dividend. That dividend is none other than our salvation.

As human beings, our lives is finite we will all die soon. But it's not the question of when we will die but how we must live and die? That's where we do our spiritual investment. We invest spiritually whenever we make time to pray and worship

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Wheat not Weeds

By: Rtn. Fr. Kell Ortega

Continuation 1.

God in our respective churches, live out our virtues like humility and compassion when we relate with others, and serve those who are less fortunate than ours. We also invest spiritually whenever we repent our sins and ask God for forgiveness. When we do this, God sees and records them. In this way, Death becomes no longer a lonely place to enter when we die but a door to a new life with God where Eternity or Salvation is our greatest dividend we will earn.

So, let's invest spiritually.



October 26, 2023

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President Adolfo "Adolf" D.J Aran, Jr.
Vice President/PE Bernard "Bernard" C. Dy
PP Peter John "John" U. Javier
Treasurer Rtn. Damito "Demy" Magpantay

AuditorRtn. Joaquin "Jake" OhSgt-at-ArmsRtn. Peter Pancho

DIRECTOR:

Club Administration Rtn. Anson Tan

Membership Rtn. Bernard "Bernard" C. Dy

Public Relations Rtn. Peter Pancho

Service Community Rtn. Saturnino "Tet" G. Mallare III

The Rotary Foundation PP Marcelo "Jun" C. Zafra, Jr. **Youth Service** Rtn. Roy Marvin Quejada

Ex-Officio IPP Josefino "Bong" M. Paloma

October 26, 2023

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

- IPP Bong Paloma Leader 1.
- Dir. Demy Magpantay Co-L 2. Dir. Peter Pancho- Co-L
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- PP Conrad Cuesta
- Rtn Roehl Fontanilla
- 7. Rtn. Richie Defensor
- Rtn Noel Go
- PP Dodot Jaworski
- 10. Rtn Sammy Lazo
- 11 PP Esto Lichauco
- 12. Rtn. Gene Menor
- 13. Rtn Albert Mendiola
- 14. Rtn. Richie Pua
- 15. Rtn. Bien Sibug
- 16. Rtn. Aris Marfil
- 17 Rtn Simon Tantoco

PANGKAT NO. 2

- 1. PE. Bernard Dy Leader
- - 3. Rtn Ato Basco
 - 4. Rtn. Henry Claravall
 - 5. PP Topax Colayco
 - 6. PP Benny de Guzman
 - 7. Rtn Gerard Estrada
 - 8. PRID Raffy Garcia III
 - 9. Rtn. Chony Gimenez
 - 10. Rtn. Edison Go
 - 11 PP Ner Laino
 - 12. Rtn. Rod Moreno
 - 13. Rtn Fr. Kell Ortega
 - 14 Rtn Roman Romulo
 - 15. Rtn Nicky Ty
 - 16. PP Henry Uy

PANGKAT NO. 3

- 1. Dir. Tet Mallare Leader
- 2. PP Garrick Ang Co-L
- 3. Rtn. Jake Oh
- 4. Rtn Mads Bengua
- Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7 Rtn Flor de Pano
- 8. Rtn. Carlo Doce
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11. PP Peter Javier
- 12 Rtn Dante Lardizabal

- 13. Rtn Nilo Ocampo
- 14. PP Arjan Ramnani
- 15. Rtn. Philip Yoon
- 16. Rtn. JS Zamora

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Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. PP Jun Zafra Leader
- 2. Rtn. Gary Ona-Co L
- 3. PP Bert Albano
- 4. Rtn Richard Berganos
- 5. Rtn Pal Bolivar
- 6. PP Toti Buhain
- 7. Rtn. Karl Contreras
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. PP Hermie Orbe
- 14. Rtn Dekdek Paloma
- 15. Rtn Rudy Sanguyo
- 16. Rtn Jeffrey Sonora

PANGKAT NO. 6

- 1. Dir. Anson Tan Leader
- 2. Pres. Adolf Aran Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Dickson Berberabe
- 7. Rtn. Chito Bernardo
- 8. PP Nick Guzman
- 9. Rtn. Alex Lacson
- 10. PP Vic Lim
- 11. Rtn. Ike Ona
- 12. PP Ferd Rivera

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Bebert Lacuna
- 12. Rtn Fr. Jojo Opinio
- 13. Rtn Bart Ronquillo
- 14. Rtn Jecko Santos15. Rtn Vico Sotto
- 16. Rtn. Roland Vasquez
 - 13. Rtn. Ping Tan
 - 14. Rtn. Stephen Valera
 - 15. PP Celso Ylagan
 - 16. Rtn Mike Dolar



DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

- 1. Consider my vocation to be another opportunity to serve;
- 2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- 3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- 4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
- 5. Recognize the honor and respect due to all occupations which are useful to society;
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- 7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
- 8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.



October 26, 2023

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present	31
% of Attendance (10/19/23)	32.6%

Birthday Celebrants for the Month of October 2023

Wedding Anniversaries for the Month of October 2023



October 26, 2023

From the Secretary's Desk

Continuation 1.

Guest & Visiting Rotarians

- 1. Jerry Quibilan, Host: PP Peter Javier
- 2. Marla Padaca, Host: Grace Padaca
- 3. Jaime Gualberto, Host: Rtn Richie Pua
- 4. Anthony Goma, Host: Rtn Richie Pua



Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS		
K1 2023-2024	ADOLF ARAN	JOHN JAVIER	
PETER JAVIER	From the President	Secretary's Desk	
Editor in Chief		·	
ROEHL FONTANILLA	BENJAMIN P.	JUN C. ZAFRA, JR.	
	DE GUZMAN	Walking the Avenues	
ANSON TAN	Rotary Notes	-	
Club Bulletin Admin.	·	RTN. FR. KELL ORTEGA	
	PETER M. JAVIER	RTN. FR. JOJO OPINIO	
	Tinig Tidbits	Invocation	

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian		
Name of Rotary Club		
RC – Pasig Club Secretary:	Date:	