

Rotary
Club of Pasig



12 OCTOBER 2023
Rotary Year: 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



HON. BENJAMIN B. MAGALONG
BAGUIO CITY MAYOR
GUEST SPEAKER

Today's Programme

**Valle Verde Country Club
October 12, 2023, 12:00 Noon
Pangkat 4 Leader Dir. PP Jun Zafra**

Call to Order	Pres. Adolf Aran
Invocation	PP Toti Buhain
National Anthem	Rtn Richard Berganos
FOUR-WAY TEST	Rtn Gary Ona
Introduction of Visiting Rotarians & Guests	PP Jun Zafra
Community Singing	Pangkat 4
Wise or Otherwise	
Fining Moments	PP RJ Ermita
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Rtn. Mayor Vico Sotto

HON. BENJAMIN B. MAGALONG

Baguio City, Mayor

Topic: Good Governance

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

PP Ogie Lim

Emcee

*** OCTOBER IS ECONOMIC AND COMMUNITY
DEVELOPMENT MONTH ***



Invocation



God almighty Father, we glorify your holy name. We thank you for your graciousness to each one of us that despite our shortcomings and failures, you do not abandon us. Bless our fellowship today, bless our thoughts and actions. May all our humble aspirations and plans glorify your mighty name through Jesus Christ our Lord. – **Amen.**

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay ***“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT*** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.

Song of the Day



MY ROTARY DAY

(Adapted from "Beautiful Sunday")

Thursday morning, I'm up and about
I think I'll take a walk in the park
Hey, hey, hey, it's a wonderful day

I've got someone waiting for me
When I see him I know that he'll say
Hey, hey, hey, it's our Rotary day

Hi, hi, hi, wonderful Thursday
This is my, my, my, Rotary day
When you say, say, say, say that you'll meet me
Oh, hey, hey, hey it's our Rotary day

Birds are singing, you by my side
Let's take a car and go for a ride
Hey, hey, hey, it's our Rotary day
We'll drive on and follow the sun
Makin' Thursday go on and on
Hey, hey, hey, it's our Rotary day

Hi, hi, hi, wonderful Thursday
This is my, my, my, Rotary day
When you say, say, say, say that you'll meet me
Oh, hey, hey, hey it's our Rotary day

Hi, hi, hi, wonderful Thursday
This is my, my, my, Rotary day
When you say, say, say, say that you'll meet me
Oh, hey, hey, hey it's our Rotary day

(Lyric adaptation by PP Peter Javier)

From the President

Pres. Adolf Aran



The First 100 Days

1. 98 members, with 3 new Rotarians inducted
2. 13 club meetings, with an average of 42% attendance, with subject matter experts and professionals guest speakers
3. 1 Joint meeting with all Zone 6 clubs represented
4. 1 tribute to a Past President, who celebrated his 98th birthday
5. 8 service projects
6. 100 scholars from Rizal High School and Pamantasan ng Lungsod ng Pasig given stipends and books
7. More than 30 mothers served during the OB Gyne medical mission
8. 1 installed signage at Ilugin community center
9. 2 District fellowship activities
10. Countless and tireless efforts and unwavering and appreciated fund contributions from RCP volunteers

For all of these, maraming salamat po sa lahat ng tulong para sa ating Rotary Club of Pasig. There's still so much work to be done.

Let's create more hope in the world, RC Pasig!

Rotary Notes

PP Benny P. De Guzman



Last week was a study of contrast in the defense of classification of baby Rotarians, Kap Richie and Aris. Both showed their respective capabilities to excel in their respective lines. For Kap Richie being Barrio Captain of Oranbo and the many public services of his family capped with his no opponent for this coming Barangay elections. Ad for Aris, success in the various Ayala Land projects his team has made/ He has given much financial support for Oranbo based on the numerous sales by himself and his override from his team.

Congratulations to our Sec, PP Peter John, who I always refer to as FDG, for his able chairmanship of the most successful in years of our District Oktoberfest. He also stood as emcee and the able support of Pres Adolf showed the tremendous enjoyment of all those in attendance. Food galore also and excellent service of the unlimited beer crew. PRID Raffy was all over with a very nice expensive table with many PDGs and special friends enjoying. Ageless PDGs Lina Aurelio and Marylou Co mixed with the lady PPs.. As usual, Raffy's singing style was a great hit. The attempt of Gov Pope in one song number did not get further clapping endorsements.

Irreverent Pasig Rotarians based on an irreverent situation? When Raffy said the first Oktoberfest he attended was in Marikina, nagtayan ang Governor and some PPs of Marikina. But only to hear Raffy say, never again in a non-airconditioned place like what Marikina offered. Tiklop sila agad.

Did you notice golf champion Rtn Ben is attending very often

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

nowadays? First time he brought his spouse, Maricar. Reminds me now of a former member I sponsored. There was a social in the house of Maur, spouse of PP Esto. This Rotarian, a doctor from The Medical City brought his lady. My spouse Pura called me to tell me ang dala ng doctor ko ay girl friend pala, hindi spouse. Thereafter, the guy returned his classification. He is long dead now in the US kaya no mention of his name na.

It is a pity I cannot join the Sunday celebration of CM/PP Peping's 95th birthday in his farm in Pililla. In fact, two weeks later that day, I had to cancel also my annual retreat in Tagaytay. Three weeks na hindi ma-arrest my rather high blood pressure kaya I don't travel much. To make up, may I use my column to urge the more spiritually inclined members to dole out 1K each to help the seminarian that Peping is assisting? He wants that instead of a birthday gift. What do you give a 95 years old friend? A token for his sponsored seminarian would mean additional prayers for a better us.

SAG Ana Sarabia, the energetic SAG for our zone and who did the charging of our latest two members was lucky since the two earlier called would be winners of the huge TV set were already gone. As the third announced winner, she got the 65 inch Samsung TV. Beauty na, lucky pa!

PP Celso, there is a new Republic Act creating the National Commission of Senior Citizens which will give 2K monthly to seniors properly registered. Please clarify during the Wise part. Sayang din ito.

Walking the Avenues

PP Jun C. Zafra



ROTARY FOUNDATION RECEIVES HIGHEST RATING FROM CHARITY NAVIGATOR FOR 15TH CONSECUTIVE YEAR.

For the 15th consecutive year, The Rotary Foundation has received the highest rating – four stars – from Charity Navigator, an independent evaluator of charities in the U.S.

The Foundation earned the recognition for adhering to sector best practices and executing its mission in a financially efficient way, demonstrating both strong financial health and commitment to accountability and transparency.

“We are delighted to provide the Rotary Foundation with third-party accreditation that validates their operational excellence,” said Michael Thatcher, President and CEO of Charity Navigator. “The Four-Star Rating is the highest possible rating an organization can achieve. We are eager to see the good work that Rotary is able to accomplish in the years ahead.”

Charity Navigator assesses nonprofit performance based on four key indicators, including the impact of the charity’s program relative to cost; the organization’s governance and financial health including its transparency, efficiency, and sustainability; a charity’s leadership capacity, strategic development, and ability to adapt to internal and external changes; and its overall culture and connectedness to its constituents and the communities they serve.

Tinig Tidbits

By: PP Peter M. Javier



THINGS YOU DIDN'T KNOW ABOUT HAIR!

- Each strand of hair can contain up to 14 different elements including traces of gold.
- A cheap Chinese producer of soy sauce was found to use amino acids from human hair.
- Hair absorbs oil from the water working as a natural sponge.
- Human hair is used by groups of eco-friendly volunteers to clean up oil spills.
- 40-150 strands of hair – The number everybody sheds per day unless you're bald.
- Human hair can be used to make an additive that is found in foods such as the dough of pizza crusts and bagels.
- 16 km or 10 miles is the yearly gross product per head of hair.
- Two elephants or 12 tons is the weight a whole head of hair can support.
- Healthy hair when wet can stretch to 30% the original length.
- The anticipation of sex makes the hair grow faster.
- The only part of hair that is not dead is the hair that is inside your scalp.
- 2% - Percentage of world population with blonde hair.
- Black hair is the most common hair color.
- The rarest hair color is red and is only found in 1% of the world's population.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- 13% of the Scottish population has red hair. The highest proportion of redheads in the world.
- In 1950, about 7% of the American women dyed their hair. Today, 75% of American women dye their hair.
- 2-6% of the American population are redheads. USA has the largest population of redheads.
- Blonde hair can fetch up to 3x the price of dark hair.
- 100,000 is the average number of hairs on the head.
- Hair is fastest growing tissue in the body. Only bone marrow is quicker.
- All of the hair follicles in humans are formed when a foetus is five months old.
- Hair is one of the most common types of forensic evidence.
- Gender is one thing that cannot be identified by a hair strand.
- Hair contains information on what has been through your blood stream including minerals and drugs.
- Hair can cover the whole body with the exception of the soles of feet, palms of hands, mucous membranes and lips.
- We get goose bumps when it's cold because our hair follicles contract, causing our skin to bunch up and hairs to stand on end.
- 5 million is the approximate number of hair follicles in the human body.

(from BabaMail)

Our Guest Speaker



HON. BENJAMIN BANEZ MAGALONG
Baguio City, Mayor

Mayor Benjie Magalong, a retired police director general, spent 38 years and 8 months of service in the Philippine National Police. It all started when he entered the Philippine Military Academy in 1978 and graduated magna cum laude four years after. After his retirement from the police force, Mayor Benjie entered into the private sector and took a post in Steel Asia as Senior VP for Operations, Member of the Mother Board of Directors of PNOC, and as an Independent Director for INFRADEV Holdings Inc.

Eventually, he started his political career with the goal to rehabilitate and revive the City of Baguio. He made a commitment to producing a different kind of governance, one that many have long clamored for. His administration's battle cry has always been this: Good Governance Beyond Politics.

Among the mayor's platforms are speeding up government services, responsible tourism, revitalizing the environment, effective traffic management, and expanding health and social services. During his incumbency as Mayor, the Local Government Unit of Baguio received a total of 15 national awards and 6 regional awards, the most notable being: (a) Regional and National Awardee as the People Manager of the

Our Guest Speaker

Continuation 1.

Year Award; (b) 3 rd Place National Level Best in CoVid 19 Response Award; (c) Accredited-ASEAN Clean Tourists City Standard; (d) Digital Governance Awards; and (e) Business Friendly LGU Award.

In July 2020, Mayor Benjie was appointed as the Contact Tracing Lead. His work as the Contact Tracing Czar is a crucial part of the government's response to the CoVid-19 pandemic. His leadership skills were put to the test during the pandemic. He implemented various measures to mitigate the virus. His efforts did not go unnoticed, and he was honored with the Pandemic Hero Award for his exceptional service during these challenging times.

In 2022, he was given the prestigious Cavalier Award for Public Service by the Philippine Military Academy in recognition of his exemplary performance as a public official.

He was selected by the Secretary of Interior and Local Government to serve in the 5-man advisory committee tasked to look into PNP officials' ties to illegal drugs in February 2023.

In October 2023, he was given the Outstanding Public Servant Award by the Volunteer Against Crime and Corruption for embodying the very essence of dedicated and principled leadership.

Moreover, he was selected as a Senior Fellow in the Philippine Public Safety College Council of Fellows.

Mayor Benjie is praised for his uncompromising integrity. He is respected for being an advocate of honesty and truth unmindful of the risks to his career and personal life.

Glimpses of Our Last Meeting



HCP Adolf starts his 13th meeting which PP Jun emcees. Rtn Karl leads the invocation.



Rtn Dekdek leads singing of Pambansang Awit; Rtn Rudy recites Apat Na Urian Ng Rotary and PP Ramy handles introduction of guests.



Beer Barrel Polka is sung by Pangkat 3.

Glimpses of Our Last Meeting



Reminder on Oktoberfest hosting by PP John; HOF/PP Conrad on recruitment by Rtn Kap Richie & Rtn Dekdek thanks members' help.



A reminder from PP Peping on 95th birthday celebration; PP Bert is the day's joker & finemaster; a message from HCP Adolf.



Classification Talks by Rtn Richard "Kap Richie" Pua and Rtn Aristotle "Aris" Marfil.

Glimpses of Our Last Meeting



Questions from IPP Bong and Rtn Edison answered by Kap Richie.



Rtn Aris replies to queries of Rtn Dan & PP Garrick.



More questions from Rtn Bebert & PP Peping for Kap Richie.

Glimpses of Our Last Meeting



PP Benny & Rtn Roland have more questions for Rtn Kap Richie.



HCP Adolf hands over club's token of appreciation.



A pose with their sponsors, PP Jun & Rtn Dante.

The Noble Men of RC Pasig at Oktoberfest 2023



The earlybirds...for the beer!



Other earlybird are PRID Raffy & PP Bert.



HCP Adolf with DG Pope & Lady Sp Vicky.

The Noble Men of RC Pasig at Oktoberfest 2023



Welcoming SAG Ana Sarabia & zone President's.



Program emcees are PP RJ & PP John



PE Dodie leads invocation. A welcome toast by HCF Adolf.

The Noble Men of RC Pasig at Oktoberfest 2023



D3800 Rotarians with PP Jun & our baby Rotarians Kap Richie, Mike, JS & Roland.



Rtn Ben & PP Benny with spouses Maricar & Pura with PP RJ, HCP Adolf, Rtns Albert & Gary.



PRID Raffy, PP Benny & Sp. Pura with Rtns Ping & Noel, PP Celso, Rtn Toti, PPs Conrad & Peter, Rtn Ben, PP Nick & IPP Bong.

The Noble Men of RC Pasig at Oktoberfest 2023



PP Jess, Rtn Ben with Sps Lolly & Maricar & PP Ogie.



12 Noble Men enjoying their unli beer!



Rtn Anson & son Daniel with Rtn Gary, JS, PP John, PE Dodie & PP Garrick.

The Noble Men of RC Pasig at Oktoberfest 2023



DG Pope with Rtn Mike, IPP Bong, PPs John & Rene. HCP Adolf, Rtn Doc Henry & IPP Bong with PPs Jenny Ortega & Glenda Belendres.



Rtn Noel, PPs Conrad & Peter with RC Baras Rotarians.



PDGs Edi Chua, Tony Co, Marylou Co & IPDG Bobby Tanyag with PPs Celso & Peter

The Noble Men of RC Pasig at Oktoberfest 2023



PRID Raffy with his signature song, What A Wonderful World.



A duet by Rtns Ben & Noel. PP Celso & Sps. Enya in dancing mode?



PPs RJ & John with 4 lucky Rotarians with their raffle prizes.

The Noble Men of RC Pasig at Oktoberfest 2023



SAG Ana Sarabia wins the Samsung 65 inch TV & HCP Jakx Mamba the P100K FOLD expandable phone.



The D3800 Oktoberfest 2023 Organizing Committee.



Rotarians of the independent & irreverent RC Pasig with DG Pope & Lady Vicky.

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

1. IPP Bong Paloma - Leader

2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. PP Esto Lichauco
12. Rtn. Gene Menor
13. Rtn Albert Mendiola
14. Rtn. Richie Pua
15. Rtn. Bien Sibug
16. Rtn. Aris Marfil
17. Rtn Simon Tantoco

PANGKAT NO. 2

1. PE. Bernard Dy - Leader

2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn Gerard Estrada
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
- 11 PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

1. Dir. Tet Mallare – Leader

2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn . Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Rtn Jeffrey Sonora

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Dickson Berberabe
7. Rtn. Chito Bernardo
8. PP Nick Guzman
9. Rtn. Alex Lacson
10. PP Vic Lim
11. Rtn. Ike Ona
12. PP Ferd Rivera

13. Rtn. Ping Tan
14. Rtn. Stephen Valera
15. PP Celso Ylagan
16. Rtn Mike Dolar

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present44

% of Attendance (10/05/23).....46.3%

Birthday Celebrants for the Month of October 2023

Wedding Anniversaries for the Month of October 2023

From the Secretary's Desk

Continuation 1.

Guest & Visiting Rotarians

1. PP Rolly Magat, Mutya ng Pasig
2. William Gelca, Host: Rtn Ping Tan

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS	
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	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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