

Rotary
Club of Pasig



23 NOVEMBER 2023
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



MS. PACITA "CHIT" U. JUAN
GUEST SPEAKER

Today's Programme

**Valle Verde Country Club
November 23, 2023, 12:00 Noon
Pangkat 5 Leader Dir. Roy Quejada**

Call to Order	Pres. Adolf Aran
Invocation	Rtn Dennis Albano
National Anthem	Rtn Roland Vasquez
FOUR-WAY TEST	Rtn Raj Cordova
Introduction of Visiting Rotarians & Guests	Dir. Roy Quejada
Community Singing	Pangkat 5
Wise or Otherwise	
Fining Moments	PP John Javier
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Pres. Adolf Aran

MS. PACITA “Chit” U. JUAN

Topic: What's Up, Philippine Coffe?

GUEST SPEAKER

Open Forum Adjournment	Pres. Adolf Aran
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**Dir. Roy Quejada
Emcee**

*** NOVEMBER IS THE ROTARY FOUNDATION MONTH ***



Invocation



Almighty Father, as we gather this afternoon to celebrate and nurture our brotherhood, we pray that you send forth your Divine Spirit to be with us. Fill our hearts with you life giving love. Make us ever mindful of your creation and continue to transform us to be your instruments of renewal and progress. Bless our loved ones and keep them from harm. Through the intercession of our Blessed mother, we offer this prayer in Jesus' name. – **.Amen.**

From: Rtn. Fr. Jojo Opinio

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



LET IT BE

Song by the Beatles

When I find myself in times of trouble,
Mother Mary comes to me
Speaking words of wisdom, let it be
And in my hour of darkness she is standing
right in front of me
Speaking words of wisdom, let it be

Let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be

And when the broken hearted people living
in the world agree
There will be an answer, let it be
For though they may be parted, there is still
a chance that they will see
There will be an answer, let it be

Let it be, let it be, let it be, let it be
There will be an answer, let it be

Let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be

Let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be, be

Song of the Day



Continuation 1.

And when the night is cloudy there is still
a light that shines on me
Shinin' until tomorrow, let it be
I wake up to the sound of music,
Mother Mary comes to me
Speaking words of wisdom, let it be

And let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be

And let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be

From the President

Pres. Adolf Aran



Happy thanksgiving!

As we wrap up the month of November, we thank everyone who has supported our Rotary Year 2023-2024 so far.

Next week, we will celebrate with a fellowship club assembly on November 30 (Andres Bonifacio's 160th birth anniversary).

Today, we are happy to have a coffee discussion, after the wine talk last week, and the dough talk the week before.

So many things to be thankful for. And the best is yet to come. December is almost here. And it's time to serve our constituents in Pasig with our Christmas blessings and festivities. Please watch out for the schedules.

Let's create hope in the world, RC Pasig!

Rotary Notes

PP Benny P. De Guzman



I am glad to note that many including our President Adolf participated in the Takbo Kontra Polio run. And PRID Raffy was breaking bread with officers of our sister club in Hongkong. Truly we are not an irreverent club but a very good club.

Much as we senior citizens would like to be informed of the subsidy or monthly allowance we are to receive by law, the particular Act has been well circulated even in the major papers.

The president of the subdivision where PP Doc Jess has his hospital boasted that the roads there and even the chapel are being improved by Mayor Vico. Many roads in Barrio Kapitolyo are also being improved with well paved asphalt. Again, care of Mayor Vico. Are these public properties already? His dialysis center came in late for many who are already undergoing this costly medical intervention. Even former Pasig City First Lady, PPA Laching Raymundo is undergoing 3 times a week session at Medical City. Due to medical procedures, she cannot transfer to the one of Mayor Vico. Well meaning friends from the old ARAP are getting lumpiang ubod and embotido from Laching as support. They are not only nice but packed for give aways too.

Last week's speaker, Sherwin Lao, a true connoisseur and I missed the spelling dahil I am not one, truly is an expert in all kinds of wine. I am truly impressed for those who can tell the difference on just the first taste.

I requested out Edgar to text all our members that the eldest of

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

the siblings of Rtn Sammy died Monday and the wake at Loyola Marikina is until this 25th when at 11 a.m., the inurnment will take place. The visiting hours are from 10 am to 10 pm The brother, Gen. Danilo, was a UP Vanguard who rose from the ranks till he reached the star rank. All the Lazo siblings excelled in their respective fields but it seems only Sammy, the youngest, had the best credentials among all of them and is left to do more honors.

So, we are 99 members already? How come our Thursday meeting is always less than 40 and if via zoom less than 8. RINO...Rotarians in name only? Pati ba sa dues? Diyos ko po!

Congratulations to Rtn Bokap Richie for running unopposed. And for Rtn Rudy for winning as Kagawad in Bo. Kapitolyo.

Tinig is pleased to note that despite his great pains physically to attend our meetings, PP Peping is so regular in his wheelchair and with a caregiver. But last October, PP Peping had his own big bash at his Pillilia farm. His birthday wish was for members not to give him any token but to help in his lone sponsored seminarian is doing well at San Carlos seminary. Because so feeble, the response was not that great. This is true also for Rtn Dante who made his first about his brother in the Wise section. Not much response. But when he appealed for his brother's dialysis mounting costs. Dante lost count of the legions who volunteered to help. Many pala but not legions but marami pa rin.

As a member of the Board of Trustees of big school in Pampanga, I encountered a youth in Antipolo doing low cost solar lights for farmers without electricity in the farms It could be a nice Rotary project for us.

Walking the Avenues

PP Jun C. Zafra



PENS AGAINST POLIO

A new anthology of crime fiction raises funds for polio eradication

Lorraine Stevens had the motive and the means. All she needed were accomplices in her plot: publishing a collection of original crime fiction to raise money for the fight to end polio.

The idea for the anthology of short stories, published in July 2023 as “An Unnecessary Assassin,” came to Stevens last year at a literary festival in Yorkshire, England. She’d recently learned about the poliovirus reappearing in Great Britain and was talking with friends about how upset she was by the news.

“I happened to mention that polio had been found in the sewers of London,” says Stevens, a member of the Rotary Club of Scunthorpe, Humberside, England. “I found that quite disturbing. I had known polio was still around, but not as much as I went on to find out. One of my author friends said, ‘Well, you know enough authors, Lorraine. Why don’t you do an anthology and sell it for charity?’”

A former librarian who regularly attends crime-writing festivals, Stevens knew her friend was right. This was something she could do. She began asking authors she knew to donate stories for the book. Her first recruit was David Penny, the author of a well-regarded series of historical mysteries. He was eager to fight polio.

“Growing up in Wales in the ’50s, polio was a major issue for

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

us,” Penny says. “This was just prior to the vaccine coming out, and it was pretty much everywhere. As a kid of six or seven, it was always on your mind. I knew people who were in leg braces or iron lungs — or who died from the disease. That stays with you. It becomes almost an embedded fear in you.”

Penny helped Stevens assemble a diverse group of short stories and arranged to self-publish the book using Amazon’s print-on-demand program. The pair were excited to receive two submissions specifically about polio. Gerralyn Ingram, who writes under the name G.L. Waring, used her story to channel her anger at both vaccine deniers and arrogant doctors. A former pediatric nurse, Ingram based the villain of “It Takes Three Drops” on doctors she’d encountered.

“They think they know everything, and their opinion is the only opinion that counts,” she says. “In the story, basically, here’s a doctor who thinks he’s God... [and] who doesn’t think that a woman can be equally as qualified and actually know better.”

Among the book’s highlights are stories by Ann Cleeves and Lee Child. Cleeves’ contribution, “The Habit of Silence,” is a detective story set in a distinguished library. In Child’s “Safe Enough,” a contractor working on a suburban lot begins stalking the lot’s previous owner. Child interweaves his menacing tale with a critique of economic policies that hurt the working class.

Other stories feature a wide range of situations. Chris McGeorge’s “Box” is a locked-room mystery set in a glass box

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

820 feet (250 meters) underwater. Robert Scragg's "Revenge is Best Served Hot" and F.D. Quinn's "Best Served Cold" each give a culinary twist to crime. Judith O'Reilly's "A Face for Murder" combines a whodunit with a satire of YouTube makeup tutorials.

Penny was delighted by the diversity of the stories.

"You don't want all the same thing," he says. "There's some funny stories, and there's some poignant ones in there."

Penny's own contribution, written as DG Penny, was based on an idea he'd been thinking about for several years: What are the consequences of trying to do the right thing? In "Drive By," Penny's protagonist tries to protect a victim of human trafficking and soon comes to regret it.

"An Unnecessary Assassin" also includes two poems. That's unusual for a crime anthology, but one of them further cements the book's link to polio. In "Surviving Relations," Jim Taylor describes a man who had polio as a child and now embraces a succession of dangerous pastimes. "He would never run. It didn't stop him doing what he wanted," Taylor writes. "Look him in the eyes, and he would look straight back, unwavering."

The anthology also references polio in its cover art, which is shaded purple, and in an afterword explaining the significance of the color. It's what is used to tint children's fingers at mass vaccination events to show that they've received the vaccine. The title refers to the fact that polio is preventable with a vaccine.

Walking the Avenues

PP Jun C. Zafra

Continuation 3.

“We came up with all sorts of different ideas. There were probably over a dozen potential titles,” Penny says. “This one won because of the alliteration.”

The book is available in paperback and Kindle formats on Amazon. Stevens has also sold it at Rotary club meetings and crime-writing festivals all over Great Britain. It’s raised more than US\$3,000 so far, and its proceeds will be matched 2-to-1 by the Bill & Melinda Gates Foundation.

“The phrase ‘An Unnecessary Assassin’ kind of sums up the thing,” Penny says. “Polio is totally an avoidable disease, provided there is enough money to immunize each child.”

Tinig Tidbits

By: PP Peter M. Javier



AMAZING FACTS ABOUT THE HUMAN BODY

1. The brain is more active at night than during the day. Scientists don't know yet why this is.
2. The higher your IQ the more you supposedly dream.
3. Facial hair grows faster than any other hair on the body.
4. The nail on the middle finger grows faster than the other fingernails.
5. Fingernails grow faster than toenails.
6. The lifespan of a human hair is 3 to 7 years on average.
7. Women's hearts beat faster than men's.
8. Women blink twice as many times as men do.
9. Women are born better smellers than men and remain better smellers over life.
10. Men burn fat faster than women by a rate of about 50 calories per day.
11. Men get hiccups more often than women.
12. A man has approximately 6.8 liters of blood while women have approximately 5 liters.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

13. The largest cell in the body is the female egg while the smallest is the male sperm.
14. During your lifetime, you will produce enough saliva to fill two swimming pools.
15. Babies are born with blue eyes more than any other color. The melanin in their eyes need time to be fully deposited or to be darkened by ultraviolet light to reveal the baby's true eye color.
16. Men have erections every hour to hour and a half during sleep. This is because the combination of blood circulation and testosterone production can cause erections during sleep and are a necessary part of REM sleep.
17. Your nose shapes the sound of your voice.
18. Your tongue can get fat.
19. Noise causes the pupils of your eyes to dilate. Even very small noises can do this.
20. The acid in your stomach is strong enough to dissolve zinc. It doesn't destroy the stomach because the stomach walls constantly renew themselves.

(from BabaMail)

Our Guest Speaker



MS. PACITA U. JUAN

Pacita “Chit” Juan has been in the coffee industry for over 25 years now, having founded a coffee shop chain in 1993, and moving to become the President of the non-stock, non-profit industry organization The Philippine Coffee Board Inc. (PCBI) in 2002 to present. She has travelled to many coffee origins in the Philippines, Southeast Asia, South and Central America and Africa as part of her advocacy in promoting Philippine coffee.

She is the founding President of the International Women’s Coffee Alliance (www.womenincoffee.org)- Philippine chapter and also sits as Vice President of the ASEAN Coffee Federation.

Glimpses of Our Last Meeting



HCP Adolf starts his 18th meeting with HOF/PP Jess as emcee. Dir Roy leads invocation.



Pambansang Awit singing is led by HOF/PP Jess while Rtn Dennis recites The Four-Way Test.



Pangkat 5 sings John Lennon's "Imagine".

Glimpses of Our Last Meeting



Jokers are Rtn Arjan, PP Bert & PP Garrick.



Rtn Nesty on pending bill on WW2, Rtn Gary thanks donors & PP Bert on his birthday treat.



Thanks from Rtn Dante on help for brother. PP Vic is finemaster. Message from HCP Adolf.

Glimpses of Our Last Meeting



HCP Adolf introduces Mr Sherwin A. Lao, wine expert.



Mr Lao talks on wine countries, wine varietis and vintage years.



Replying to Rtn Rod & PP Peter on Thai wine.

Glimpses of Our Last Meeting



Answering queries of Rtn Noel on GDP & PP Bert on Chinese wine.



Questions by PPs Celso & Henry on how long to keep is explained.



PP Garrick on best wines tasted is commented on.

Glimpses of Our Last Meeting



A handshake & club's token from HCP Adolf who then adjourns meeting.



A photo with the wine drinking Noble Men.



Their 4 surnames joined together is just as long as Acantilado, Fontanilla & Lardizabal!

The Rotary Foundation Recognition Night



Inspirational Message from PRID Raffy & with Lady Minda are acknowledged as Arch Klumph Society Foundation Circle.



IPP Bong receives the awards for End Polio Countdown & 100% Foundation Giving & 100% EREY for RY 2022-2023 from RID Ghim Bok Chew.



PPs Nick & Ramy are acknowledged as Arch Klumph Society Chair's Circle.

The Rotary Foundation Recognition Night



Paul Harris Society members with DG Pope Solis, PDGs Malou Co & Louie Ticman.



4 of 12 RCP Rtms who are members of the Paul Harris Society...IPP Bong, Dir Tet, PPs John & Ramy.



At the dinner...IPP Bong, PP Nick & Nana, PP John, Dir Tet and PP Ramy & DJ.

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

1. IPP Bong Paloma - Leader

2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. PP Esto Lichauco
12. Rtn. Gene Menor
13. Rtn Albert Mendiola
14. Rtn. Richie Pua
15. Rtn. Bien Sibug
16. Rtn. Aris Marfil
17. Rtn Simon Tantoco

PANGKAT NO. 2

1. PE. Bernard Dy - Leader

2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn Gerard Estrada
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
- 11 PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy
17. Rtn. Jimmy Gualberto

PANGKAT NO. 3

1. Dir. Tet Mallare – Leader

2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn. Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Rtn Jeffrey Sonora

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Dickson Berberabe
7. Rtn. Chito Bernardo
8. PP Nick Guzman
9. Rtn. Alex Lacson
10. PP Vic Lim
11. Rtn. Ike Ona
12. PP Ferd Rivera

13. Rtn. Ping Tan
14. Rtn. Stephen Valera
15. PP Celso Ylagan
16. Rtn Mike Dolar

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President	Adolfo “Adolf” D.J Aran, Jr.
Vice President/PE	Bernard “Bernard” C. Dy
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Damito “Demy” Magpantay
Auditor	Rtn. Joaquin “Jake” Oh
Sgt-at-Arms	Rtn. Peter Pancho

DIRECTOR:

Club Administration	Rtn. Anson Tan
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Peter Pancho
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roy Marvin Quejada
Ex-Officio	IPP Josefino “Bong” M. Paloma

DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present38

% of Attendance (11/16/23).....40%

Birthday Celebrants for the Month of November 2023

Wedding Anniversaries for the Month of November 2023

Guest & Visiting Rotarians

1. Jerry Quibilan, Host: PP Peter Javier
2. Jimmy Gualberto, Host: Rtn. Richie Pua

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS	
PETER JAVIER Editor in Chief ROEHL FONTANILLA	ADOLF ARAN From the President	JOHN JAVIER Secretary's Desk
ANSON TAN Club Bulletin Admin.	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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