

Rotary
Club of Pasig



IMAGINE
ROTARY

8 SEPTEMBER 2022
Rotary Year 2022-2023

TINIG

The Official Newsletter of the Rotary Club of Pasig



**IMAGINE
ROTARY**

Today's Programme

Valle Verde 1 Clubhouse

June 28, 2023, 5:00 P.M

Pangkat 6 Leader PE Adolf Aran

Call to Order	Pres. Bong Paloma
Invocation	Rtn Peter Pancho
National Anthem	Rtn Peter Pancho
FOUR-WAY TEST	Rtn Alex Lacson
Introduction of Visiting Rotarians & Guests	PP Celso Ylagan
Community Singing	Pangkat 6
Wise or Otherwise	
Fining Moments	PP Vic Lim
President's Time	Pres. Bong Paloma

CLUB AWARDS

Adjournment	Pres. Bong Paloma
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FELLOWSHIP

Rtn Anson Tan
Emcee

*** * June is "Rotary Fellowship Month" ***

Invocation



God loving Father, you are the source of life and love. We call upon you today to send us the Holy Spirit to bless and touch each one of us with your sweet embrace. Make our fellowship meaningful; a venue for genuine brotherhood dedicated to the service for the least brothers and sisters in the community. May we always glorify your mighty name by the way we live through Christ our Lord. **Amen**

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay ***“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT*** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.

Song of the Day



BONG DID IT HIS WAY

{Adapted from My Way}

And now his term will end
And so he's called his final meeting
Another year of hybrid meetings
Still a year with restrictions
But he's led a year that's full
With projects new and timely speakers
And so we all now know
Bong did it his way

Regrets he's had his share
But then again so did the others
He led the club in doing good
In all of RI's areas of focus
He was guided during his term
With RI's theme Imagine Rotary
And so we all now know
Bong did it his way

Yes there were times we're sure he knew
When he bit off much more than he could chew
But through it all when there was doubt
He gave it up and threw it out
He faced it all and he stood tall
Bong did it his way

Song of the Day

Continuation 1.



He's loved, he's laughed and cried
 He's had his fill, his share of winning
 And now as his year ends
 He'll find it all so rewarding
 To think of what he's done
 And as we know but in his own way
 Oh yes, oh yes that's him
 Bong, that is his name

For what is a man what has he done
 If for himself then it is none
 But to do the things that truly serve
 Not just by words but by good deeds
 The record shows what he has done
 And in his own way

Yes...it surely was Bong's way

(Lyrics adaptation by HOF/PP Peter)

From the President

Pres. Bong Paloma



Greetings, RCP!

After 525,600 minutes, my term as President has come to a close. What a journey it has been! Overcoming the challenges brought on by the pandemic and conducting weekly hybrid meetings required logistical and technical expertise. Fortunately, my passion for technology allowed me to rise to the challenge without any external support. Though taxing, I enjoyed it as I have experience setting up and managing video and audio systems for numerous endeavors, including my church community and home hobby projects.

Our club, RC Pasig, delivered 54 service projects this year, 19 of which were solely RCP service projects, and 35 joint District and Zone collaborations - an impressive achievement by any measure. However, some of my classmates undertook over 100 projects, and I deeply admire their dedication and hard work.

Our collective efforts did not go unnoticed, as three of our service projects received recognition during the District Awards ceremony. These projects received honors for the best Peace and Conflict Resolution initiative (Pagpupugay sa Kabayanihan ng Pasig Pulis), the best Club Rotary Markers (RC-Pasig GK Village), and the best Club in Project Implementation (for all our 19 RCP-only service projects). Our club received other accolades, including recognition as a 100% EREY Club, 100% Foundation Giving Club, and for our "End Polio Now Countdown to History Campaign." As club president, I received a leadership award. Unfortunately, I was unable to fulfill all of

From the President

Pres. Bong Paloma

Continuation

the district's requirements, such as submission of monthly and quarterly reports, attendance at various events and seminars, which prevented me from achieving further recognition.

During our club assembly, I will present awards to deserving club members, including the 100% Attendance Award and Special Service Citation Award. The major awards will be given during our Induction and Awarding Ceremonies on July 3. As I end my term, I feel a sense of joy, excitement, and fulfillment for our club's achievements and impact on the community we serve. I am grateful for the trust and confidence placed in me and for the opportunity to share and serve.

Let us enjoy the fellowship and awarding of minor accolades with our partners and spouses. I look forward to seeing you all in your best barong attire on July 3 at Edsa-Sangrila Garden Ballroom.

Maraming Salamat and Mabuhay ang RC Pasig!"

Sincerely,

Josefino "Bong" Paloma
Imaginative Amazing Treasure President

RC Pasig District Award

1. Leadership Award
2. Best Club in Project Implementation (Large Club Category)
3. Best Club Rotary Marker
4. Best Club in Peace and Conflict (Category)
5. 100% EREY CLUB
6. 100% Foundation Giving Club
7. End Polio Countdown to History Campaign Award
8. Best Club in TRF Donation
9. Best Club in Polio Plus Donation

Rotary Notes

PP Benny P. De Guzman



A very good Rotary year for our club will end in our Club Assembly & Fellowship today. I was assured two of our ninetyish members will attend in person and usually, PP Esto attending via zoom making them three. Charter member PP Peping, PP Totoy and charter member PP Esto. Well done Pres Bong and your team.

Another well done affair with our congratulations was the Awards Night hosted by Rotary Club of Ortigas Center. PP Luz Cotoco did very well. However, the District Awards Committee did not fare as well as the host club. Two of our major awards were given to another club claiming the computation was only up to end of May but dapat June. That was a major mistake. It will be corrected on our induction night for both awards.

Last week, a younger looking PP Topax came with easily 20 pounds off his fighting weight before. Lean and mean, panay proteins na kinakain niya. Ibang meat he just licks. Tatanda ka din.

Tinig is proud of our club for the major awards. We had a total of 8 major awards starting from the EREY, 100% Polio Giving, End Polio Countdown, Public Image Award – Best Rotary Marker for a Large Club Category, Leadership Award, Best in TRF Contribution and two more.

Last week's speaker can out talk anybody and still make sense. This Villanueva lady came from San Miguel and is now Marketing and Communications Director of Ateneo De Manila

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

University. Even on major international events, she was attuned to the delight of our very own Rtn Flor. Even the open forum was a delight.

Today's club assembly may be the last time for our club to focus on our attendance in club meetings. Incoming President Adolf can address the issue. This is not only the problem of Pres Bong but it seems every year, attendance was not given the focus it needed every RY. Attendance and non-payment of dues are two of our priorities. Late na now but Adolf and his team can focus on this.

I am glad to see often Cong Roman. But our two city officials are hard to see, VM Dodot attended Chony Gimenez' project for the policemen. Mayor Vico begged off on the same affair. Our regular public official is Rtn Richie, Bokap of Oranbo. He has also sponsored some new Rotarians and is regular in attendance. The club can show appreciation when he runs for reelection later as Bokap.

Siguro sa first quarter of Adolf's term, a good fellowship for members to meet each other is in order. Baka we can get Rtn Chony, PP Hermie, Rtn Nesty and even Rtn Rebo to attend.

Walking the Avenues

PP Jun C. Zafra



PRESERVING PAUL HARRIS MEMENTOS FROM TRIP TO CENTRAL, SOUTH AMERICA

Rotary members past and present hold Paul Harris in high regard for his role as the founder of Rotary and his vision for fostering friendship and international understanding. Rotary's archives include letters and gifts from members to Harris during his lifetime that reflect this admiration.

Rotary International is committed to preserving Rotary's legacy and honoring key figures in our history. We achieve this through building and maintaining an archive that accurately and effectively documents the history of Rotary. As part of this effort, archivists at Rotary's World Headquarters in Evanston, Illinois, USA, worked with a professional paper conservator to treat four hand-crafted gifts to Paul Harris.

All four documents were spot cleaned using a dry process that reduces superficial dirt. Before being placed in custom storage mats as a preservation measure, the three items made of vellum underwent additional conservation work to stretch and flatten them after being rolled for an unknown number of years. Conservation of one document made of paper included mending tears with Japanese tissue paper and wheat starch paste.

Harris' visit to the port city of Guayaquil, Ecuador was commemorated by the Rotary Clubs of Cuenca and Riobamba with beautifully illustrated messages featuring hand-painted national and cultural symbols.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

In January 1936, Harris and his wife Jean embarked on a three-month journey to Panama and several South American countries, where they met with numerous clubs. Several members joined Harris, introducing them to local customs and people, and providing language assistance.

District Governor Cesar Andrade, of the Rotary Club of Guayaquil, Ecuador, joined them in Colombia and again in his home country. Jaime Linares of the Rotary Club of Lima, joined the Harris' as they visited clubs in Peru and Chile, explaining that it would be an opportunity to practice his English. Rotarian Armando Pereira, who would later serve as RI President, accompanied them for most of their time in Brazil.

Three of the items featured here are mementos of that trip. The conservation work was possible because of generous support from the Paul Harris 711 Club.

The vellum documents from Guadalajara, Riobamba, and Rio de Janeiro before conservation. The document from Rio de Janeiro was originally attached to a wooden rod, which needed to be removed (but which we retained, intact) as part of the conservation work.

Tinig Tidbits

By: PP Peter M. Javier



FASCINATING FACTS ABOUT THE HUMAN BODY

Continuation

31. Your eyes are always the same size from birth but your nose and ears never stop growing.
32. By 60 years of age, 80 percent of men and 40 percent of women will snore.
33. Humans can make do longer without food than sleep.
34. Over 90% of diseases are caused or complicated by stress.
35. It takes 17 muscles to smile and 43 to frown.
36. Babies are born with 300 bones, but by adulthood the number is reduced to 206.
37. We are about 1 centimeter taller in the morning than in the evening.
38. The strongest muscle in the human body is the tongue.
39. The hardest bone in the human body is the jawbone.
40. You use 200 muscles to take one step.
41. The tooth is the only part of the human body that can't repair itself.
42. The feet account for one quarter of all the human body's bones.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- 43. Three hundred million cells die in the human body every minute.
- 44. Your body has enough iron it it to make a nail 3 inches long.
- 45. The most common blood type in the world is Type O and rarest is Type A-H or Bombay blood.
- 46. Women burn fat more slowly than men, by a rate of about 50 calories a day.
- 47. It is not possible to tickle yourself.

(from BabaMail)

Glimpses of Our Last Meeting



IATP Bong calls club's 48th meeting to order with PP Vic as emcee. Invocation and...



singing of Pambansang Awit by PP Nick. Rtn Richie recites Apat Na Urian Ng Rotaryo. Introduction of guests by PP Henry.



My Way is sung by Pangkat 6 members.

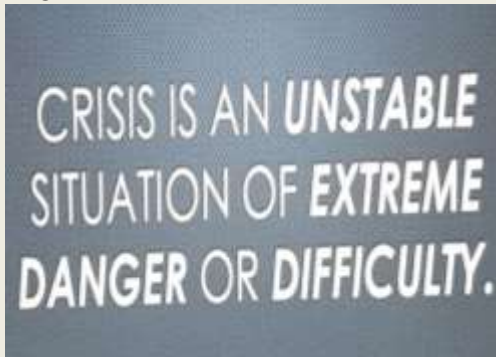
Glimpses of Our Last Meeting



PP Benny appeals for abuloy. A Chinese joke from PP Vic. Fining is done by PP Celso.

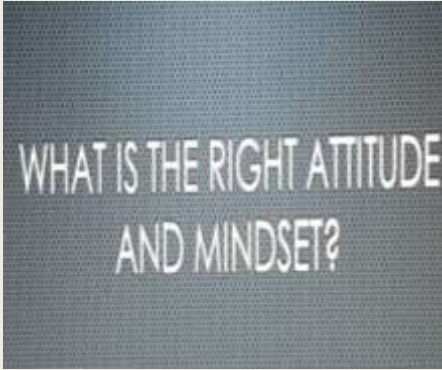


It's IATP Bong's time! PE Adolf introduces Ms Maria Teresa Villanueva, Director for Marketing & Communications of ADMU.

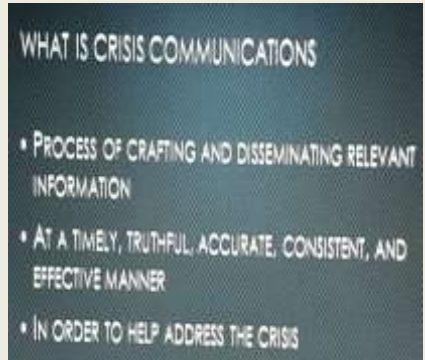
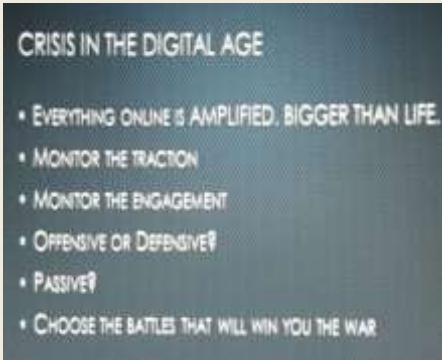


She talks on crisis management

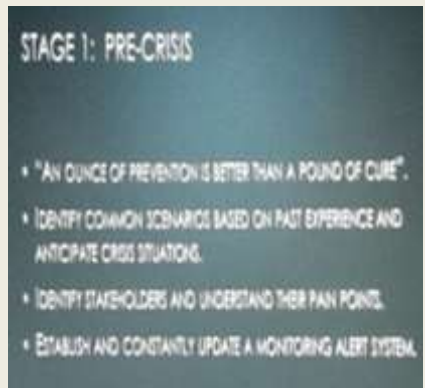
Glimpses of Our Last Meeting



in the digital age,



on right attitude and mindset,



getting ready for a crisis,

Glimpses of Our Last Meeting

STAGE 2: CRISIS RESPONSE (CONTAINMENT)

- STICK TO FACTS
- KEEP THE MESSAGES AND MESSAGING SIMPLE
- ACT DECISIVELY AND SWIFTLY
- PROVIDE INFORMATION TO ONLY THOSE CONCERNED
- DO NOT REPLY TO EVERYTHING AND EVERYONE

STAGE 3: POST-CRISIS (REVIEW & RECOVERY)

- USE THE FOLLOWING GUIDE QUESTIONS WHEN PREPARING THE REPORT:
- HOW WELL WAS THE CRISIS CONTAINED?
- WHAT WORKED EFFECTIVELY? Explain.
- WHAT FELL SHORT? Explain.
- WAS THE INFORMATION PROVIDED RELEVANT, ACCURATE, AND TIMELY?
- WERE THE DIFFERENT STAKEHOLDERS AND PUBLICS UPDATED REGULARLY? Enumerate the HOW THEY ARE UPDATED.
- DID ANY OTHER ISSUE COME ABOUT DUE TO THE CRISIS? WAS IT RESOLVED?

procedures & guidelines

THE SECRET OF CRISIS MANAGEMENT IS NOT GOOD OR BAD, IT'S PREVENTING THE BAD FROM GETTING WORST.

ANDY OLIVALL, JOURNALIST, LAMAR COMMUNICATIONS CONSULTANT

BEING IN CONTROL OF THE NARRATIVE IS CRITICAL IN PREVENTING THE BAD FROM GETTING WORST SPECIALLY IN THE DIGITAL AGE.

DEVELOP AND CONSISTENTLY PROMOTE THE NARRATIVE THAT YOU CAN CONTROL DURING NORMAL TIMES

and crisis communication



KEEP CALM IT'S JUST A CRISIS.

GOOD THING ABOUT A CRISIS IS....



and organizing for it.

Glimpses of Our Last Meeting



Replying to questions from PE Adolf on black out and Dir Jake on opportunities.



Answering questions from FP Noel on out of control crisis and PN Dodie on hiding situations.

Glimpses of Our Last Meeting



Answering Rtn Flor on health crisis containment and PP Garrick on a Biden statement.



Explaining to PP Rj the Cebu Pacific incident.



A bouquet & club's token from IATP Bong & meeting adjournment.

Rotarian's Scholarship Pledges RY 2022-2023

As of June 28, 2023

1. Anonymous	50k Pd
2. Anonymous	50k Pd
3. PP Ner Laino	25k Pd
4. PP Conrad Cuesta	25k Pd
5. Rtn Manfred Guangko	25k Pd
6. PP Ogie Lim	25k Pd
7. PP Jun Zafra	12k Pd
8. PP Peter Javier	12k Pd
9. Rtn Dennis Albano	12k Pd
10. Rtn Henry Claravall	6k Pd
11. Rtn Mads Bengua	6k Pd
12. Rtn Ato Basco	6k Pd
13. Rtn Richard Berganos	6k Pd
14. Rtn Gary Ona	5k Pd
15. PP Celso Ylagan	6k Pd
16. Rtn Nicky Ty	6k
17. Rtn Sammy Lazo	6k Pd
18. PP Vic Lim	6k Pd
19. Rtn Noel Go	6k Pd
20. PP Ferd Rivera	6k Pd
21. Rtn Philip Yoon	6k Pd
22. PP Hermie Orbe	6k
23. PP Tito Henson	6k
24. Rtn Flor de Pano	6k Pd
25. PP Topax Colayco	6k Pd

Pangkat Members RY 2022 - 2023

PANGKAT NO. 1

1. Pres Bong Paloma - Leader

2. PP Jun Zafra - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Nico David
7. Rtn Roehl Fontanilla
8. Rtn. Noel Go
9. Rtn Sammy Lazo
10. PP Esto Lichauco
11. Rtn Demy Magpantay
12. Rtn Gene Menor
13. PP Hermie Orbe
14. Rtn Bart Ronquillo
15. Rtn Vico Sotto
16. Rtn. Richie Defensor
17. Rtn. Karl Contreras

PANGKAT NO. 2

1. Dir. Bernard Dy - Leader

2. Dir. Tet Mallare- Co-L
3. Rtn Henry Claravall
4. PP Topax Colayco
5. PP Benny de Guzman
6. Rtn Flor de Pano
7. Rtn Gerard Estrada
8. Rtn Vince Ermita
9. PRID Raffy Garcia III
10. Rtn. Chony Gimenez
11. Rtn Edison Go
12. PP Ner Laino
13. Rtn. Rod Moreno
14. Rtn Fr. Kell Ortega
15. Rtn Roman Romulo
16. Rtn Nicky Ty
17. Rtn. Rudy Sanguyo

PANGKAT NO. 3

1. Dir. Jake Oh – Leader

2. IPP Garrick Ang – Co-L
3. Rtn Mads Bengua
4. Rtn Dickson Berberabe
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Carlo Doce
8. Rtn Phillip Go
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier

12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Jeffrey Sonora
16. Rtn. Philip Yoon
17. Rtn. Jiniel Zamora

Pangkat Members RY 2022 - 2023***Continuation 1.******PANGKAT NO. 4***

- 1. Dir. Ato Basco – Leader**
2. Dir. Dekdek Paloma-Co L
3. PP Bert Albano
4. Rtn Fr. Vincent Amores
5. Rtn Richard Berganos
6. Rtn Pal Bolivar
7. PP Toti Buhain
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. Rtn Albert Mendiola
14. Rtn Gary Ona
15. Rtn Rebo Saguisag
16. Rtn Ping Tan
17. Rtn. Roland Vasquez

PANGKAT NO. 6

- 1. PE Adolf Aran – Leader**
2. Rtn Anson Tan - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Chito Bernardo
7. PP Nick Guzman
8. Rtn Alex Lacson
9. PP Vic Lim
10. Rtn. Ike Ona

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader**
2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Dodot Jaworski
12. Rtn Bebert Lacuna
13. Rtn Fr. Jojo Opinio
14. Rtn James Porter
15. Rtn Sonny Rivera
16. Rtn Jecko Santos

11. Rtn. Peter Pancho
12. PP Ferd Rivera
13. PP Henry Uy
14. PP Celso Ylagan
15. Rtn. Bien Sibug
16. Richard Pua
17. Stephen Valera

Officers and Directors

ROTARY CLUB OF PASIG (RY 2022-2023)

President	Josefino “Bong” M. Paloma
Vice President/PE	Adolfo “Adolf” de Jesus Aran
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Joaquin “Jake” Oh

DIRECTOR:

Club Administration	Rtn. Roy Marvin “Roy” Quejada
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Marthony “Ato” Basco
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roderick “Dekdek” C. Paloma
Ex-Officio	IPP Garrick “Garrick” L. Ang

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present39

% of Attendance (06/22/23).....40%

Birthday Celebrants for the Month of June 2023

Wedding Anniversaries for the Month of June 2023

Guest and Visiting Rotarians

1. Aris marfil, Host: Rtn. Dante Lardizabal

Editorial Staff

TINIG STAFF RY 2022-2023	FEATURE WRITERS	
PETER JAVIER Editor in Chief ROEHL FONTANILLA	BONG PALOMA From the President	JOHN JAVIER Secretary's Desk
ROY QUEJADA Club Bulletin Admin.	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO RTN. FR. VINCENT AMORES Invocation

Website: www.rcpasig.org

Email : rcpasig@hotmail.com

Secretariat Office: Ylagan Law Office
Unit 809, City & Land Mega Plaza
ADB Avenue Corner Garnet Road
Ortigas Center, Pasig City Tel. No. 635-2234

Edgar Manalang: **0927-9414528; rcpasig@hotmail.com**

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____