





Tinig Newsletter

Today's Programme

Valle Verde Country Club July 28, 2022, 12:30 P.M Pangkat 1 Leader Pres. Bong Paloma

Call to Order

Invocation

National Anthem

FOUR-WAY TEST

Introduction of Visiting Rotarians & Guests

Community Singing

Wise or Otherwise

Fining Moments

Induction of New Member Charging Officer

President's Time

Introduction of Guest Speaker **Pres. Bong Paloma**

Rtn. Sammy Lazo

Rtn. Sammy Lazo

Rtn. Demy Magpantay

PP Jun Zafra

Ms. Jasmine Fitzgerald

Rtn Roehl Fontanilla

Rtn. Bart Ronquillo

PP Peter Javier

Pres. Bong Paloma

PP John Javier

HON. RACHEL ANNE HERRERA Commissioner, Climate Change Commission Topic: Climate Action in the Community GUEST SPEAKER

Open Forum Adjournment

Pres. Bong Paloma

Rtn. Roehl Fontanilla Emcee 1.



To Kint Tak str. But his Star



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Invocation



Heavenly Father, May everything we do begin with your inspiration. No matter how uncertain our future be, may you continue to be with us to inspire and strengthen us to serve our brethren in need. This we ask through Christ our Lord.

Amen.



THE FOUR-WAY TEST

of the things we think, say or do:

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First :	The development of acquaintance as an opportunity for Service;
Second :	High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
Third :	The application of the ideal of service in each Rotarian's personal, business and community life;
Fourth :	The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



O IMAGINE ROTARY

July 28, 2022

Tinig Newsletter

Song of the Day



PASIG ROTARIANS (Tune: Dancing Queen)

ROTARY CLUB OF PASIG

Woo, woo, woo, woo, woo, woo, woo, woo You can see, you can feel Having the time of our life Oh see us now, watch us now Pasig Rotarians

> Thursday noon and we're on the go Meeting in a place you know Breaking bread with one another Getting in the swing We come to meet with friends Pasig Rotarians we all are Young and old, wise and otherwise With a sense of service Everything we do for the community And when we get the chance Pasig Rotarians Young and old, since seventy one Pasig Rotarians serves the need of the community

You can see, you can feel Having the time of our life Oh see us now, watch us now





Song of the Day

Continuation 1



July 28, 2022

Pasig Rotarians We're Rotarians, we're on the go Looking for opportunities Where we can serve our brothers Looking beyond ourselves We're in the search to serve And when we get the chance Pasig Rotarians Young and old, since seventy one Pasig Rotarians serves the need of the community

You can see, you can feel Having the time of our life Oh see us now, watch us now Pasig Rotarians, Pasig Rotarians

(Lyrics adaptation by PP Peter)



Tinig Newsletter

ROTARY CLUB OF PASIG



July 28, 2022

From the President

Pres. Bong Paloma



Good afternoon RCP!

Welcome back to our Hybrid meeting. Amidst the Covid scare that enveloped our club, offices and homes, the Board has decided to do a hybrid meeting in an open-air environment to send a strong message that despite the scare, we are determined not to be defeated. Instead, we must go on with our day-to-day activities with proper healthcare protocols and be constantly mindful that the virus is in our midst, and it would take a long time for it to disappear forever. There are ways to mitigate such risks, and hopefully, we will all learn how to cope with it to continue living, working, and serving.

Last night, I had dinner at the Podium and was pleasantly surprised that most restaurants were packed with customers. Clearly, people are bored and long for personal connections with friends, colleagues and family. And this morning, I met with a customer face-to-face at Quezon City, and their office is full of workers. Yet, despite the danger, people go on with their lives and are learning to cope with it. Hopefully, we can all learn to manage and live with it, lest we decide forever to hide and be defeated. The long-term consequences of such an approach is far more devastating to our health and sanity. That is why despite the rising cases of Covid infection, we don't see any lockdown or strict restrictions on movements. But to our senior members, I would highly advise you to take extra precautionary measures because of your comorbidities and you are much more vulnerable than the younger ones.

Today we have a speaker from the Climate Change Commission.



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From the President

Pres. Bong Paloma

Continuatin 1.

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Commissioner Atty Rachel Anne Herrera is my niece; her mother is my first cousin. She will talk about Climate Action in the Community and how we can achieve zero plastic use and promote a circular economy. Caring for the environment is one of seven areas of focus of Rotary. Like our previous speaker before her (Hon. Teddy Baguilat), we also look forward to forging a partnership with the Climate Change Commission to help preserve our environment.

Lastly, our Induction and Handover ceremonies are now set for Aug. 24 (Wednesday), same time and venue. Let us prepare for it by eating healthy food, getting good sleep and exercising so we can all safely and confidently see and enjoy each other's company. It's been almost three years since we did a great fellowship. This one is something that we all deserve to witness, savor and enjoy. Have a great day and stay safe and healthy.

Bong







The induction of our officers last Thursday evening was postponed due to the many members of our club that Covid 19 did not spare. As of this writing, all have passed the critical stage and two are near full recovery.

On the other hand, with the scheduled major operation of his arm, PP Topax is just building up his physical condition to be able to pull through this one. With the build up of his physical resources, Topax is just biding his time. First well wisher is our very own Rtn Chony, one of our ablest supporter for any major award.

PP Peping, after he slipped three weeks ago already looked like he had a session with Manny Pacquiao. Five major stitches over his left eye looked like he got it real bad. The Taong Bakal seems to be a trade mark of many of our members. If there is anybody glad that the induction was postponed, it is PP Peping. He was not going to display his face last week. Today, pwedeng pwede na.

Two of our prominent Rotarians had their spouses joining them. HOF/PP Conrad's spouse Leni also had a mild cardiac problem that required hospitalization. Leni is now at home with complete recovery a matter of time. IPP Garrick and brod, Rtn Bernard must have gotten Covid together. Both are well now. Super Rotarian Flor got his as a birthday gift and was lucky he was in his wellequipped farm house in Bataan. He had three days head start when spouse Baby got hers also. He was a lot better already that Flor was literally the Baby sitter. I am glad to note that PP Vic Lim and PP Jun are fully recovered too. Rtn Dennis who was our first Covid patient the other year and PP Tito who both were near Rtns Flor and Bernard were spared.

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Rotary Notes PP Benny P. De Guzman

Continuation 1.

PRID Raffy was cautious that for any mild symptoms, he had a thorough check up at St. Luke Global where last year Lady Minda took time to recover from Covid. It pays to be cautious as this vicious virus is deadlier now and the manifestations are less severe till it hits you.

The switch to purely viral meeting had fewinteresting happenings. No, it was not boring but had less sensational matters. Even the Wise or Otherwise, I forgot na.

If there is a sole unifying event that brings our club together, it is golf. And gulfing after. We are hosting the 2nd Leg of this RY's District Golf Tournament on 26 August.

I am not in the know how PE Adolf has prepared for the cancelled induction but it seems golf prizes and the many pledges are overwhelming, from ordinary lechon to a huge lechon baka and more than 2 dozens of high end prizes. The target of raising a million for our club is easy. The list of donors are building up and wala pa the heavy weights like PRID Raffy and super Rotarian Flor. They have yet to call Rtn Chony. Overall Golf Tournament Chair Rtn Bart is noted in UP circles for soliciting good prizes. His talent will be shown here now. Especially at his request, he had his name removed from possible president of the club. He joins the ranks of Rtn Noel and Rtn Ike.

Pres Bong must sustain his raffle program now as he announced another major raffle after the meeting. Sana, we have good rainy weather as Tanay Deck does not have any aircon.

PP Nick asked the six Binibining Pilipinas candidates why they looked down on our Rtn Ben. They all replied, "to show respect by looking at him because he is too petite".



Tinig Newsletter

Walking the Avenues



ROTARY RESPONDS: SUPPORT FOR UKRAINE

The Rotary Foundation and Rotary clubs around the world have hurried to provide funds, supplies, and services to Ukrainians displaced by the war.

The Rotary Foundation has raised more than \$15 million in contributions that are already helping provide people in Ukraine with essential items such as water, food, shelter, medicine, and clothing. Donations made to the Disaster Response Fund after 30 April will be available to all communities around the world that need assistance recovering from disasters.



Rotary members and other volunteers pack donated supplies at a rented warehouse in Zamosc, Poland, a major hub for refugees and a centralized coordination location for aid from clubs in Europe.

A family that stands by you

Soon after Russia invaded Ukraine, Iryna Bushmina fled her home



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Walking the Avenues

PP Jun C. Zafra

Continuation 1.

in Kyiv and journeyed to Vienna, Austria, staying with Rotary members along the way. Their generosity inspired Bushmina, a member of the Rotaract Club of Kyiv-City, to organize a larger-scale relief effort — and now, she works with Rotaract Europe to find shelter for thousands of refugees through a website called United for Peace.

"I used to just say that Rotary International is a big family. Now I really believe it," Bushmina says. "And I am convinced that this is a family that will stand by you."

Music for peace

Olena Bondarenko Hiraishi grew up in the city of Dnipro in eastern Ukraine. Her father is Ukrainian, and her mother is Russian. At the age of 21, she moved to Hiroshima, Japan, where she met her husband, Masashi, a member of the Rotary Club of Hiroshima Southwest. When the war against Ukraine broke out, Satoshi Saginaw, then governor of District 2710, invited her to talk with the Hiroshima Southwest club. Bondarenko Hiraishi connected the Japanese club with Rotary leaders in Ukraine to assist in the relief work.

Her youngest son, who studies the violin, also joined the effort — through music. He and a pianist friend performed at a series of chamber music concerts in the spring, and the proceeds have gone to support Ukrainians.

"I think music is a universal language that can be understood by people from any country," she says. "My son says he will play it with the utmost prayer for peace."





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Walking the Avenues

PP Jun C. Zafra

Continuation 2.

Lessons from a hurricane hot spot

"Maria, Dorian, Michael..." Padraic E. "Pat" Mulvihill is rattling off a list of the hurricanes he's responded to as a disaster relief coordinator for his Rotary district (6970) in northeast Florida. The storm-tested logistics networks he has helped set up are what have made Rotary members in the Jacksonville, Florida, area so effective at responding to the war against Ukraine, including helping find housing for around 140 refugees.

"We have the institutional knowledge already in place and the infrastructure," explains Mulvihill, a semiretired business executive who has served as an infantry officer, paratrooper, and Green Beret in the U.S. Army Reserve.

His district's Rotary clubs have raised more than \$95,000 for Ukraine relief efforts. They have channeled food, protective protective equipment, and EMT supplies to Ukraine. They even organized a day at the Jacksonville Zoo for the children of refugee families.





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Tinig Newsletter Our Guest Speaker

HON. RACHEL ANNE HERRERA Commissioner Climate Change Commission

Rachel Anne Herrera is a Commissioner in the Philippine Climate Change Commission.

She spearheads the Commission's Single-Use Plastics Phase-out and Responsible Transition Campaign, working with stakeholders towards the regulation and phase out of single-use plastics nationwide and development and implementation of alternative systems, packaging, and products to minimize or avoid plastic waste.

Previously, Commissioner Herrera advised the Senate of the Philippines committees on climate change, finance, foreign affairs, and environment and worked for the passage of a number of landmark climate and environmental laws and international treaties, such as the country's accession to the Paris Agreement. She served as court attorney for the office of Supreme Court Senior Associate Justice Antonio T. Carpio, and legal officer in the International Committee of the Red Cross-Philippine delegation. She also served as member of the Philippine Delegation to the 23rd Conference of Parties to the United Nations





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Tinig Newsletter Our Guest Speaker

Continuation 1.

Framework Convention on Climate Change, the 2016 High-Level Signing Ceremony of the Paris Agreement on Climate Change, and the 3rd UN World Conference on Disaster Risk Reduction.

Commissioner Herrera obtained her degrees in law from the University of the Philippines and in environmental science from Ateneo de Manila University.



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Tinig Tidbits

By: PP Peter M. Javier



15 NTRIGUING FACTS ABOUT THE WORLD AROUND US

- 1. There used to be a male engagement ring.
- 2. Disneyland has an underground tunnel system.
- 3. Some common hand gestures are offensive in other countries.
- 4. Your body loses up to 8 per cent per flight.
- 5. Willow bark works as well as aspirin for pain relief.
- 6. The first ever documentary was staged.
- 7. Queen Elizabeth II keeps track of when she wore each outfit,
- 8. Lions are identifiable through their whisker patterns.
- 9. You can tell if an egg is old based on whether or not it floats in water.
- 10. You can survive up to 15 seconds in space without a suit.
- 11. There's a secret vault that holds nearly every type of crop seed.
- 12. Stuntwomen get injured more often than stuntmen.
- 13. Goats have emotional intelligence.
- 14. Go is the oldest game in the world.
- 15. The words algebra, alcohol and magazine come from Arabic.

(from BabaMail)





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Glimpses of Our Last Meeting



IATP Bong starts his virtual meeting with Rtn Roehl as emcee.



Rtn Gene leads invocation. Rtn Bart recites The 4-Way Test.



IATP Bong introduces guests. Guest singer is Jasmine Fitzgerald





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Glimpses of Our Last Meeting



Emcee Roehl handles fining. It's president's time.



PP John on signage issue with Bgy Oranbo. Rtn Bart on golf tournament hosting in August.



A closing prayer by Rtn Fr. Kell. IATP Bong adjourns meeting.



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Pangkat Members RY 2022 - 2023

PANGKAT NO. 1

- 1. Pres Bong Paloma Leader
- 2. PP Jun Zafra Co-L
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- 5. PP Conrad Cuesta
- 6. Rtn Nico David
- 7. Rtn Rovic De Jesus
- 8. Rtn. Rtn Tony Diaz
- 9. Rtn Roehl Fontanilla
- 10. Rtn. Noel Go
- 11. Rtn Sammy Lazo
- 12. PP Esto Lichauco
- 13. Rtn Demy Magpantay
- 14. Rtn Gene Menor
- 15. PP Hermie Orbe
- 16. Rtn Bart Ronquillo
- 17. Rtn Vico Sotto

PANGKAT NO. 3

- 1. Dir. Jake Oh Leader
- 2. IPP Garrick Ang Co-L
- 3. Rtn Mads Bengua
- 4. Rtn Dickson Berberabe
- 5. Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7. Rtn Carlo Doce
- 8. Rtn Phillip Go
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11. PP Peter Javier

PANGKAT NO. 2

- 1. Dir. Bernard Dy Leader
- 2. Dir. Tet Mallare- Co-L
- 3. Rtn Henry Claravall
- 4. PP Topax Colayco
- 5. PP Benny de Guzman
- 6. Rtn Flor de Pano
- 7. Rtn Gerard Estrada
- 8. Rtn Vince Ermita
- 9. PRID Raffy Garcia III
- 10. Rtn. Chony Gimenez
- 11. Rtn Edison Go
- 12. PP Ner Laino
- 13. Rtn Ferdie Legaspi
- 14. Rtn. Rod Moreno
- 15. Rtn Fr. Kell Ortega
- 16. Rtn Roman Romulo
- 17. Rtn Nicky Ty
 - 12. Rtn Nilo Ocampo
 - 13. PP Arjan Raqmnani
 - 14. PP Sonny Samson
 - 15. Rtn. Jeffrey Sonora
 - 16. Rtn. Philip Yoon





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Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. Dir. Ato basco Leader
- 2. Dir. Dekdek Paloma-Co L
- 3. PP Bert Albano
- 4. Rtn Fr. Vincent Amores
- 5. Rtn Richard Berganos
- 6. Rtn Pal Bolivar
- 7. PP Toti Buhain
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. Rtn Albert Mendiola
- 14. Rtn Gary Ona
- 15. Rtn Rebo Saguisag
- 16. Rtn Ping Tan
- 17. Rtn Roland Vasquez

PANGKAT NO. 6

- 1. PE Adolf Aran Leader
- 2. Rtn Anson Tan Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Chito Bernardo
- 7. Rtn Johan De Guzman
- 8. PP Nick Guzman
- 9. Rtn Charlie Jaramillo
- 10. Rtn Alex Lacson
- 11. PP Vic Lim

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Dodot Jaworski
- 12. Rtn Bebert Lacuna
- 13. Rtn Ike Ona
- 14. Rtn Fr. Jojo Opinio
- 15. Rtn James Porter
- 16. Rtn Sonny Rivera
- 17. Rtn Jecko Santos
 - 12. Rtn Charles Reyes
 - 13. PP Ferd Rivera
 - 14. PP Henry Uy
 - 15. Rtn Stephen Valera
 - 16. PP Celso Ylagan



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Officers and Directors

ROTARY CLUB OF PASIG (RY 2022-2023)

President Vice President/PE Club Secretary Treasurer Josefino "Bong" M. Paloma Adolfo "Adolf" de Jesus Aran PP Peter John "John" U. Javier Rtn. Joaquin "Jake" Oh

DIRECTOR: Club Administration Membership Public Relations Service Community The Rotary Foundation Youth Service Ex-Officio

Rtn. Roy Marvin "Roy" Quejada Rtn. Bernard "Bernard" C. Dy Rtn. Marthony "Ato" Basco Rtn. Saturnino "Tet" G. Mallare III PP Marcelo "Jun" C. Zafra, Jr. Rtn. Roderick "Dekdek" C. Paloma IPP Garrick "Garrick" L. Ang



ROTARY CODE OF CONDUCT

As a Rotarian, I will

- 1. Exemplify the core value of integrity in all behaviors and activities
- 2. Use my vocational experience and talents to serve in Rotary
- 3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- 4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
- 5. Promote recognition and respect for all occupations which are useful to society
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
- 7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
- 8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



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DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

- 1. Consider my vocation to be another opportunity to serve;
- 2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- 3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- 4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
- 5. Recognize the honor and respect due to all occupations which are useful to society;
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
- 8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.





Tinig Newsletter

July 28, 2022

Editorial Staff

TINIG STAFF RY 2022-2023

BONG PALOMA From the President **JOHN JAVIER** Secretary's Desk

PETER JAVIER Editor in Chief ROEHL FONTANILLA

ROY QUEJADA Club Bulletin Admin. **BENJAMIN P. DE GUZMAN** Rotary Notes JUN C. ZAFRA, JR. Walking the Avenues

RTN. FR. KELL ORTEGA PETER M. JAVIER RTN. FR. JOJO OPINIO Tinig Tidbits RTN. FR. VINCENT AMORES Invocation

Website:	www.rcpasig.org
Email :	rcpasig@hotmail.com

Secretariat Office:	Ylagan Law Office
	Unit 809, City & Land Mega Plaza
	ADB Avenue Corner Garnet Road
	Ortigas Center, Pasig City Tel. No. 635-2234
Edgar Manalang:	0927-9414528; rcpasig@hotmail.com

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary:

Date:





Tinig Newsletter

From the Secretary's Desk

Sec. PP John Javier





Attendance

Members Present	31
% of Attendance (07/21/22)	31%

Birthdav Celebrants for the Month of July 2022

Wedding Anniversaries for the Month of July 2022

Guest and Visiting Rotairans

1. Dante Lardizabal, Host: Rtn. Anson Tan

