



Rotary Opens
Opportunities

27 AUGUST 2020
Rotary Year 2020-2021

TINIG

The Official Newsletter of the Rotary Club of Pasig



Dra. Rosemarylin L. Or, MD, FPNA

Today's Programme

**6th Virtual Meeting via Zoom
August 27, 2020 1:00 – 2:00 PM
Pangkat No. 2**

Call to Order	Pres. RJ Ermita
Invocation	PP John Javier
National Anthem	Video Recording
FOUR-WAY TEST	PP Peping Mabanta
Introduction of Visiting Rotarians & Guests	
Community Singing	IPP Nick Guzman
Fining Moments	RID Raffy Garcia III
Wise or Otherwise	
President's Time	Pres. RJ Ermita
Introduction of Guest Speaker	PP Jess Acantilado

Dra. Rosemarylin L. Or, MD, FPNA
Neurologist/Neuro-Oncologist

Topic: 10 Tips to Keep Brain Healthy while at Home

GUEST SPEAKER

Open Forum Adjournment	Pres. RJ Ermita
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PP Ogie Lim
Emcee

AUGUST IS MEMBERSHIP AND EXTENSION MONTH

Invocation



Father, help us to seek the values that will bring us lasting joy in this changing world. In our desire for what you promise make us one in mind and heart.

Grant this through Christ our Lord.

Amen.

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



YESTERDAY

The Silver Beetles

Yesterday

All my troubles seemed so far away
Now it looks as though they're here to stay
Oh, I believe in yesterday

Suddenly

I'm not half the man I used to be
There's a shadow hangin' over me
Oh, yesterday came suddenly

Why she had to go, I don't know, she wouldn't say
I said something wrong, now I long for yesterday

Yesterday

Love was such an easy game to play
Now I need a place to hide away
Oh, I believe in yesterday

Why she had to go, I don't know, she wouldn't say
I said something wrong, now I long for yesterday

Yesterday

Love was such an easy game to play
Now I need a place to hide away
Oh, I believe in yesterday
Mm mm mm mm mm mm mm

From the President

Pres. RJ Ermita



A blessed Rotary Afternoon to everyone!

We had a productive meeting yesterday to discuss the project status and community needs of our Ilugin polyclinic and community center. Present during the meeting were our partners from The Medical City, Homeowner Association leaders, the Ilugin Elementary school principal and the Community Health volunteers.

I am glad to report that the health programs of Ilugin are slowly resuming its operations, though limited due to the pandemic. The Medical City Pediatric Department fully recognize the needs of the Ilugin Community and are committed to resume.

The gist of our meeting was focused on the challenges and urgent needs to get the community programs in Health, Education and Livelihood going.

There are two immediate priorities. These are:

1. Assisting our doctor partners to conduct TELEMEDICINE. I am hoping our Tech experts in the club can help design a cost-effective way to make this happen.
2. The need for 700 rims of A4 paper for the elementary school which the faculty need for modules to be sent to the elementary students. This requirement started out at 3000 rims. Various groups including the barangay officials were able to donate in the past month, leaving 700 rims of paper as the remaining balance of the requirement. The school does not expect us to give all. But imagine if each Pasig Rotarian can provide 10 rims each then we should be able to achieve that.

From the President

Pres. RJ Ermita

Continuation 1.

Lastly, with the remaining global grant for Ilugin, we should be able to resume the physical repair and improvement of our polyclinic and community center. Thank you to Dir. Sonny Rivera for taking the lead on this project.

Most important is the need for volunteers from the club to form the Ilugin management committee. I am calling on the rest of the members to join and share our talents and expertise towards helping the community that we committed to serve.

Thank you and enjoy our Rotary Day!

On the 50th year of the SELFLESS Rotary Club of Pasig, I remain

Truly yours,

RJ Ermita

Rotary Notes

PP Benny P. De Guzman



Our two defenders of classification last week showed how varied our membership now is. It should be the case in Rotary when in the beginning it had that as a main purpose. Secondary then, was to make sure they can endorse one another's business interests. I.T. seems the trend. In the 70's we have had a bunch of very good doctors, then many lawyers. The only group that is big up to now but very bad in attendance is the construction group.

It will be months but hopefully before our anniversary that we can have real even if distanced meetings. We can meet now a new member outside of Rotary without knowing we are of the same club. That used to happen for the Rotary Club of Manila even for those making up members in our club.

As we are tasked to recall earlier days of our club, the number of doctors, mostly from Medical City, must have had the best impact. We have a scattering of others as CM Cering Bustamante was Director of Rizal Medical Center and was president of the Medical Directors' Association but he died early. We have lost 9 doctors and three spouses, perhaps the most in any discipline. Of course their specialties varied. Doy Aldanese was a neurosurgeon. Germie Germar was a noted endocrinologist; PP Bing Basilio was a general surgeon; Aning Vicente was a vascular surgeon; Emil Herrera was a doctor always on call as telephone service was his classification; PP Johnny Fuentes was a surgeon at your cervix; PDG Mike Ampil called his specialty odds and ends; Andot Cruz was a general practitioner and PP Ben Pastoral was a gastro specialist till he had a complete turn around and went to general fashion and for 3 decades he and spouse Linda were handling the latest in shoe fashion. Incidentally Ben's PP came from the Rotary

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Club of Forbes after he transferred while spouse Linda was my counterpart during my term as president of ARAP. We also lost three spouses, two who went away a day before the birthdays of their husband Rotarians while PP Johnny's Chitang died much earlier.

On a text message, spouse of former Director Raj told me Raj is *okay na*. She did not mention about his mother from whom Raj got his Covid-19. On a batting average, we are doing fine so far. And if we maintain safe procedures, we will be all safe as well.

ARAP is requesting prayers for a speedy recovery of PPA Ditas Lerma. PPA Susan is up to date of Ditas' status.

Aside from the Covid-19 which the great US is maintaining the lead with the most number of cases and deaths, the California fire which may turn out to be the deadliest in history and the Louisiana killing of a colored guy is throwing US to its worst. The Jolo bombing, the killing of two prominent pro-left in our country is slowly moving our country in the same cruel direction. Coach of N.U. was terminated and a captain ball of another varsity team was canned. Even in schools, we are losing our values. There is no hope?

Baka the book of Alex Lacson will give us hope. The book that super Rotarian Flor bought a lot for a *barangay* is not good enough. **Ang Pilipino Ay Disiplinado! Palagay ko hindi.**

Walking the Avenues

PP Jun C. Zafra



PEOPLE OF ACTION AROUND THE GLOBE

United States

The Rotary Club of Yakima Sunrise, Washington, has installed nine pianos in public spots where anyone can sit down and tickle the ivories — and the community. Sites include brewpubs, a shopping mall, and a coffee shop, and more installations are planned soon. The Painted Piano Project also provided stipends of \$300 to artists who decorated the donated instruments.

“People stop to listen to the music or take a moment to examine the beautiful artwork,” says Nathan Hull, the club’s immediate past president. “The pianists play everything from Mozart to Van Halen, and that has been a lot of fun.”

United Kingdom

To raise funds for End Polio Now, the Rotary Club of Narberth & Whitland is selling Rotary-themed scarves designed by fashion and textiles student Mia Hewitson-Jones with help from graphics student Sam Stables, both enrolled at Pembrokeshire College. The scarves went on sale in 2019 after the club garnered approval from Rotary International for use of the logo. By April of this year, nearly 100 scarves had been sold and another shipment was on the way, says club member John Hughes. “We have sold a few in America and Canada,” adds Hughes. The idea of selling specially designed scarves was conceived by Mary Adams when she was president-elect of the club in 2016.

Romania



Walking the Avenues

PP Jun C. Zafra

Continuation I.

Faced with the coronavirus pandemic, the Rotaract Club of Cluj-Napoca “SAMVS” adapted an online mental health campaign on the club’s social media accounts, encouraging people to engage in satisfying activities, such as art. The social media campaign focused on “how to make the best of your #stayhome experience,” says club member Loana Vultur. More than 3,000 people have viewed the club’s posts on Facebook and Instagram. “No money was necessary,” Vultur says. “Our resources were our minds, creativity, and the will to help. In Romania we have the expression, ‘Make heaven from what you have.’”

Guatemala

More than 100 Guatemalan women have been helped financially by the Interact Club of Hillsdale High School in San Mateo, California; its sponsoring Rotary Club of San Mateo; and the nonprofit group Namaste Direct. Over the years, about 100 Hillsdale Interactors have joined chaperone Rotarians and teachers on trips to Antigua, a city in Guatemala’s central highlands, to meet the women who have received grants funded through student-led fundraising events including “penny war” collections and taco dinners.

The site visits are eye-openers for the students, who see how microloans, financial literacy workshops, and mentorship have empowered the women, says Namaste Direct’s founder and chief executive, Robert Graham. He cites Namaste’s policy of charging lower interest rates than many other nongovernmental organizations (loans range from a few hundred dollars to \$4,000), its adherence to Western consulting methodologies, and Rotary involvement as major reasons for the program’s success. “Many women have corner convenience stores, while others purchase clothing and household goods in bulk for resale at the local



Rotary

ROTARY CLUB OF PASIG



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Walking the Avenues

PP Jun C. Zafra

Continuation 2.

market,” Graham says. Other beneficiaries include a nut vendor, a chicken butcher, and a chocolatier.

India

In the Rotary Club of Vapi’s first 20 years, club members oversaw the establishment of a school, a hospital, and a college. “Our club created an entire town worth residing in,” says Ketan Patel. In 2011, seeking a way to honor the RI presidency of club member Kalyan Banerjee, the Rotarians embarked on a project to provide free kidney dialysis that continues to this day. Nearly 3,800 patients have received more than 32,000 procedures. “The entire treatment is free of charge,” says Patel. The cost of the dialysis project is covered by Rotarian and community contributions, along with club fundraising.

Meet Our Guest Speaker



Dra. Rosemarylin L. Or, MD, FPNA

Neurologist/Neuro-Oncologist

Topic: 10 Tips to Keep Brain Healthy while at Home

Dr Or is a BS Biology graduate of UP Diliman, with a Doctor of Medicine Degree from University of the East Ramon Magsaysay Memorial Medical Center. She had her Residency Training in Neurology at The Medical City. She Completed her Fellowship Training in Neuro-Oncology at Princess Margaret Cancer Centre in Toronto, Canada. She is a member of the Society of Neuro-Oncology, American Academy of Neurology, American Society of Clinical Oncology, and International Parkinson and Movement Disorder Society.

Currently, she is a staff physician of the Institute of Neurological Sciences at The Medical City Pasig City and Department of Neurosciences at the Asian Hospital and Medical Center Alabang Muntinlupa.

Tinig Tidbits

By: PP Peter M. Javier



A PLETHORA OF PALINDROMES

Madam I'm Adam

Never odd or even

Do geese see God?

Was it Eliot's toilet I saw

Able was I ere I saw Elba

Murder for a jar of red rum

Some men interpret nine memos

Go hang a salami – I'm a lasagna hog

A man, a plan, a canal – Panama

Was it a car or a cat I saw?

Tuna roll or a nut?

(From Book of Absolutely Useless Lists)

PANGKAT MEMBERS FOR RY 2020 – 2021

PANGKAT NO. 1

- 1. Pres. RJ Ermita - Leader**
2. Tony Diaz – Co-Leader
3. Ner Laino
4. Jing Jose
5. Rene Bocaya
6. Celso Ylagan
7. Leo Barbo
8. Philip Yoon
9. Arjan Ramnani
10. Marlo Guillano
11. Manfred Guangko
12. Sonny Samson

PANGKAT NO. 2

- 1. John Javier - Leader**
2. Nicky Ty –Co-Leader
3. Peping Mabanta
4. Ogie Lim
5. Nick de Guzman
6. Vico Sotto
7. Sonny Rivera
8. Ben Baniel
9. Raffy Garcia III
10. Ramy Garcia IV
11. Garrick Ang
12. Ferd Rivera
13. Johan Ramos

PANGKAT NO. 3

- 1. Ed Lucero - Leader**
2. Bong Paloma – Co-Leader
3. Wowie Benitez
4. Noel Go
5. Conrad Cuesta
6. Louie Orosa
7. Nesty Carolina
8. Esto Lichauco
9. Rhett Ermita
10. Peter Javier
11. Sammy Lazo
12. Rtn Gerard Estrada

PANGKAT NO. 4

- 1. Rel Gomez - Leader**
2. Ed Evangelista - Co-Leader
3. Toti Buhain
4. Bert Albano
5. Raj Cordova
6. Vic Aquino
7. James Porter
8. Chito Bernardo
9. Alex Lacson
10. Ping Tan
11. Pal Bolivar
12. Carlo Doce

PANGKAT NO. 5

- 1. Jun Zafra - Leader**
2. Jecko Santos – Co-Leader
3. Ray Armas
4. Bebert Lacuna
5. Dennis Albano
6. Totoy Bartolome
7. Arnel Estaniel
8. Hermie Orbe
9. Vic Lim
10. Nick Guzman
11. Tito Henson
12. Rtn. Johansson de Guzman
13. Rtn. Vince Ermita

PANGKAT NO. 6

- 1. Bart Ronquillo - Leader**
2. Adolf Aran – Co-Leader
3. Ike Ona
4. Kell Ortega
5. Benny de Guzman
6. Albert Mendiola
7. Edison Go
8. Flor de Pano
9. Topax Colayco
10. Roman Romulo
11. Chony Gimenez
12. Jess Acantilado

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



Rotary

ROTARY CLUB OF PASIG



Rotary Opens Opportunities

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Officers and Directors

ROTARY CLUB OF PASIG (RY 2020-2021)

President	Renato Carlos “RJ” H. Ermita, Jr.
Vice President/PE	Roberto “Bart” C. Ronquillo
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. James Philip Roland V. Porter

DIRECTOR:

Club Administration	PP Rogelio “Ogie” S. P. Lim
Membership	PP Aurelio “Rel” L. Gomez
Public Relations	Rtn. Garrick “Garrick” L. Ang
Service Community	Rtn. Francisco “Sonny” D.C. Rivera
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	PP Roy Eduardo “Ed” T. Lucero
Ex-Officio	IPP Nick “Nick” C. Guzman

Advisers:

HOF/PP Rhett Ermita
Rtn. Ike Ona

Editorial Staff

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	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____